

<u>Pos</u>	<u>Name</u>	<u>Cat</u>	<u>Club</u>	<u>Time</u>
1	Sarah Maude		Loughborough University	28:35
2	Jessica Collison	JL	Loughborough University	28:42
3	Sue Harrison	V	Leamington C & AC	28:43
4	Kim Fawke		Telford AC	28:47
5	Hannah Brooks		Birmingham University	29:12
6	Delyth James		Birmingham University	29:29
7	Sian Davies		Telford AC	29:36
8	Jo Callaway	JL	Royal Sutton Coldfield	29:38
9	Rachel Stringer	JL	Loughborough University	29:48
10	Non Stanford		Birmingham University	29:55
11	Vicky Fouhy	JL	Birmingham University	30:11
12	Jodie Stimpson		Birmingham Rowheath	30:11
13	Abby McGee		Loughborough University	30:16
14	Lucy Flanner		Solihull & Small Heath	30:18
15	Lynne Cox		Tipton Harriers	30:19
16	Frances Briscoe		Coventry Godiva	30:21
17	Audrey Wilson	V	Wolverhampton & Bilston	30:22
18	Cath Veysey		Tipton Harriers	30:33
19	Rebekah Gardner	JL	Birmingham University	30:36
20	Phillippa Auckett		Birmingham University	30:52
21	Robyn Matson		Birmingham University	30:56
22	Kate Williams		Tipton Harriers	31:00
23	Emma Langdell	JL	Royal Sutton Coldfield	31:07
24	Myshola Kirkham		Coventry Godiva	31:12
25	Gemma Hillier		Loughborough University	31:17
26	Becky Sanders		Birchfield Harriers	31:18
27	Melanie James	V	Bournville	31:26
28	Rachel Buxton		Coventry Godiva	31:22
29	Joanna Emery		Coventry Godiva	31:38
30	Helen Finch		Solihull & Small Heath	31:47
31	Katie Lomas		Loughborough University	31:49
32	Lucy Aphramor	V	Kenilworth RR	32:10
33	Dawn Davis		Stratford On Avon AC	32:14
34	Clare Mensley		Birmingham University	32:15
35	Vicky Smith		Birmingham University	32:23
36	Rebecca Milne (guest)	IND	Birmingham Rowheath	32:30
37	Joanne Finch		Solihull & Small Heath	32:44
38	Aimee Fithern		Tipton Harriers	33:05
39	Rebecca Smith		Northbrook AC	33:07
40	Marianne Hensman		Bournville	33:12
41	Sarah Hudak	JL	Loughborough University	33:14
42	Carley Davies		Birmingham University	33:21
43	Linz Smith		Birmingham Rowheath	33:23
44	Sarah Bland	V	Stratford On Avon AC	33:24
45	Catherine O'Carroll		Leamington C & AC	33:32
46	Emma Hornby		Amazing Feet	33:35
47	Angela Copston	V	Rugby & Northampton	33:40
48	Jodie Clarke		Birmingham University	33:45
49	Rebecca Freeman		Solihull & Small Heath	33:48
50	Helen Taranowski	V	Coventry Godiva	33:52
51	Alison Cooper	V	Rugby & Northampton	33:55
52	Beth Young	JL	Halesowen AC	34:06
53	Lucy Otto		Birmingham Rowheath	34:08
54	Kathryn Stuart		Sphinx	34:20
55	Austy Harman		Birmingham University	34:26
56	Sarah Armstrong	V	Amazing Feet	34:30
57	Alison Bagnall	V	Stratford On Avon AC	34:32
58	Sue Currie	V	Royal Sutton Coldfield	34:38
59	Kim Braznell	V	Halesowen AC	34:40
60	Charlotte Whorton	JL	Kidderminster & Stourport	34:53
61	Bex Townsend		Birmingham University	35:03
62	Joan Clarke	V	Stourbridge RC	35:11
63	Sally Spencer	V	Halesowen AC	35:20
64	Zara Blower		Leamington C & AC	35:32
65	Mary Hall	V	Nuneaton Harriers	35:34

66	Alix Critchley		Northbrook AC	35:39
67	Sian Evans	V	Sparkhill Harriers	35:41
68	Sue Weatherburn	V	Wolverhampton & Bilston	35:46
69	Tina Clemerson	V	Leamington C & AC	35:51
70	Emma Day		Leamington C & AC	35:58
71	Juliet Hoad	V	Telford AC	36:00
72	Christa James		Coventry Godiva	36:03
73	Nikki Davies		Stourbridge RC	36:04
74	Annette Carlin	V	Rugby & Northampton	36:08
75	Helen Parish		Amazing Feet	36:11
76	Roxanne Blackwell	JL	Birmingham University	36:13
77	Jayne Mumford	V	Coventry Godiva	36:16
78	Catherine Fenn	V	Northbrook AC	36:21
79	Nicola Attwood		Bournville	36:36
80	Michelle Stark	V	Gloucester AC	36:38
81	Mel Hepke	V	Bromsgrove & Redditch	36:49
82	Louise Massey	V	Amazing Feet	36:57
83	Jackie Bradshaw	V	Halesowen AC	36:58
84	Georgie Fleming		Bromsgrove & Redditch	37:05
85	Kate Ward		Wolverhampton & Bilston	37:10
86	Deb Southwood	B	Birmingham Rowheath	37:15
87	Lynn Sherren	V	Stratford On Avon AC	37:18
88	Tamara Ball		Bromsgrove & Redditch	37:25
89	Lesley Kirk	V	Stratford On Avon AC	37:31
90	Debbie Lee	V	Tewkesbury AC	37:43
91	Kate Lundy	V	Rugby & Northampton	37:46
92	Anne Marie Bathmaker	V	Bromsgrove & Redditch	37:48
93	Louise Littlewood		Cobra RC	37:57
94	Charlotte Ball	V	Bromsgrove & Redditch	38:14
95	Heather Waller	V	Solihull & Small Heath	38:17
96	Helen Foot	V	Bournville	38:20
97	Laura McGrath		Peel R R	38:25
98	Helen Rea	V	Cobra RC	38:29
99	R Moss	V	Amazing Feet	38:29
100	Sarah Rock		Bournville	38:44
101	Tracy Alderson	V	Halesowen AC	39:09
102	Kate Williams	V	Rugby & Northampton	39:20
103	Sam Morton	V	Halesowen AC	40:00
104	Jess Carroll	JL	Wolverhampton & Bilston	40:01
105	Kristine Newton	V	Cobra RC	40:01
106	Heather F.-Harris	V	Rugby & Northampton	40:03
107	Manisha Parmar		Sparkhill Harriers	40:04
108	Ann Law	V	Dudley Kingswinford	40:10
109	Dawn Bishop		Stourbridge RC	40:18
110	Margaret Ehrenberg	V	Sparkhill Harriers	40:19
111	Carol Fisher	V	Dudley Kingswinford	40:27
112	Liz Hadley		Dudley Kingswinford	40:30
113	Sandra Brain	V	Dudley Kingswinford	40:39
114	Ann Rollings	V	Rugby & Northampton	40:51
115	Chris Lloyd	V	Halesowen AC	41:02
116	Tracy Abrahart		Peel R R	41:24
117	Liz Lander		Bournville	41:26
118	Krissie Newton		Sparkhill Harriers	41:27
119	Geraldeen Lynch	V	Amazing Feet	41:28
120	Pam McEntee	V	Wolverhampton & Bilston	41:55
121	Carol Woodfield	V	Royal Sutton Coldfield	41:59
122	Laura Cox		Dudley Kingswinford	42:23
123	Vicky Richardson		Peel R R	42:35
124	Anna Garrett	V	Stourbridge RC	42:37
125	Rae Moorhouse	V	Dudley Kingswinford	42:42
126	Carol Blower	V	Leamington C & AC	43:06
127	Marg Thomas	V	Sneyd Striders	43:16
128	Dilys Stockton	V	Wolverhampton & Bilston	43:58
129	Helen Manton	V	Peel R R	44:32
130	Ros Mathews		Kenilworth RR	44:34
131	Anna Cosimetti	V	Halesowen AC	44:36
132	Victoria Timms		Saracens	44:42

133	Maxine Horsman	V	Stratford On Avon AC	44:44
134	Judith Bazeley		Cobra RC	45:03
135	Chris Brockhurst	V	Sneyd Striders	45:17
136	Ros Elcock	V	Stourbridge RC	45:31
137	Pauline Dable	V	Kenilworth RR	45:54
138	Leslie Byrne	V	Bournville	47:09
139	Zoe Hodge		Saracens	47:11
140	Jackie Stuart	V	Sphinx	48:32
141	Vicky Edmonds	V	Sneyd Striders	49:03
142	Sonia Michael	V	Halesowen AC	50:42
143	Heather Waller	V	Leamington C & AC	52:25
144	Jayne Randall	V	Wrekin RR	71:56
145	Kathy Ling	V	Wrekin RR	71:56
146	Sarah Aston	V	Wrekin RR	71:56

Senior Ladies Teams**Points**

1	Loughborough U	12	1	2	9
2	Birm University	21	5	6	10
3	Tipton Harriers	55	15	18	22
4	Coventry Godiva	68	16	24	28
5	Solihull & Small H	81	14	30	37
6	Telford AC	82	4	7	71
7	Royal Sutton Coldfield	89	8	23	58
8	Birmingham Rowheath	108	12	43	53
9	Leamington C & AC	112	3	45	64
10	Stratford on Avon	134	33	44	57
11	Bournville H	146	27	40	79
12	Wolves & Bilston	170	17	68	85
13	Rugby & Northampton	172	47	51	74
14	Halesowen C & AC	174	52	59	63
15	Amazing Feet	177	46	56	75
16	Northbrook AC	183	39	66	78
17	Stourbridge RC	244	62	73	109
18	Bromsgrove & Redd.	253	81	84	88
19	Sparkhill Harriers	284	67	107	110
20	Cobra RC	296	93	98	105
21	Kenilworth R	299	32	130	137
22	Dudley Kingswinford	331	108	111	112
23	Peel Road Runners	336	97	116	123

Masters Ladies Teams**Points**

1	Rugby & Northampton	172	47	51	74
2	Stratford on Avon	188	44	57	87
3	Leamington C & AC	198	3	69	126
4	Halesowen C & AC	205	59	63	83
5	Wolves & Bilston	205	17	68	120
6	Amazing Feet	237	56	82	99
7	Bournville H	261	27	96	138
8	Stourbridge RC	322	62	124	136
9	Dudley Kingswinford	332	108	111	113
10	Sneyd Striders	403	127	135	141
11	Wrekin RR	435	144	145	146