

Birmingham Running Athletics and Triathlon Club
Rowheath Midsummer 5km Series
12 August 2010 (RACE 3 of 3)
Incorporating the Warwickshire County AA 5km Champs and Warwickshire Road Race League (July Race)

Pos.	No.	Name	Cat.	Club	12 Aug	WCAA		
						Champs	08 Jul	10 Jun
1	105	Josh Lilley	SM	Tipton H	14.50			
2	271	Biniam Ande	SM	Birchfield H	14.51			
3	107	Martin Williams	SM	Tipton H	15.18			
4	268	Ross Jones	SM	Tipton H	15.28			
5	270	Adam Watt	SM	Birchfield H	15.47			
6	55	Scott Hazell	SM	Coventry G.	15.50	1st SM	15.47	15.46
7	10	Andy Renfree	M35	Gloucester AC	16.10			16.19
8	41	Martin Matthews	SM	BRAT	16.13	2nd SM	16.18	
9	102	Peter Whitehouse	SM	Birchfield H	16.21			15.38
10	267	Matt Bayliss	SM	BRAT	16.23			16.44
11	108	Mark Hobbs	SM	Bournville H	16.26			
12	255	Marc Turner	M35	Halesowen C&AC	17.00		17.00	16.59
13	286	Chris Collins	SM	Bournville H	17.06		17.15	17.29
14	106	Paul Froggatt	M40	U/A	17.06			
15	25	Peter Dimpleby	M35	Birchfield H	17.12		17.45	
16	282	Gareth Cadd	SM	Bournville H	17.14		17.30	17.18
17	224	Mick Hill	SM	Tipton H	17.30		DNS	16.57
18	77	Jon Tune	SM	BRAT	17.33			18.01
19	62	Stephen McGlen	SM	Bournville H	17.35		17.13	17.40
20	263	Debbie Walters	F40	Birchfield H	17.39			17.03
21	119	Mark Ince	M35	BRAT	17.48		17.16	16.58
22	289	Ian Lahart	SM	BRAT	17.51			
23	242	Sean Rose	M35	Bournville H	17.52		17.23	17.34
24	215	Paul Davies	M45	Centurion RC	17.54		17.57	18.15
25	109	Thomas Carroll	SM	Birchfield H	17.58			17.23
26	76	David Wodds	SM	Birchfield H	18.01			
27	206	Simon Bentley	SM	U/A	18.02		18.17	17.58
28	48	Simon King	SM	Tamworth AC	18.03			
29	214	Steve Cumley	SM	Bournville H	18.05		18.09	18.16
30	229	Simon McNamee	M35	Birchfield H	18.11		18.45	DNS
31	249	Jake Sorrell	M17	Centurion RC	18.12		17.48	17.47
32	266	Aaron Keene	M45	Tipton H	18.19			
33	272	Genet Meassu	SF	Birchfield H	18.24			
34	70	Paul Shipway	M40	Sparkhill H	18.24			18.46
35	110	Linda Howell	SF	Bournville H	18.33	1st SF	19.10	
36	253	Steven Thompson	M35	U/A	18.33		19.10	19.40
37	227	Myshola Kirkham	SF	Coventry G.	18.34		DNS	18.39
38	204	Chris Aston	SM	Birchfield H	18.36		18.48	18.45
39	283	Mick Williamson	SM	BRAT	18.37			
40	281	Andrew Saker	M45	Bournville H	18.39			19.12
41	58	Steve Lydgate-Taylor	M35	Solihull &SH	18.48			
42	216	Andrew Dippie	M50	Telford H	18.51		19.17	19.12
43	42	Mark Pearce	SM	Sparkhill H	18.53		18.12	18.01
44	202	William Aldridge	M35	U/A	18.55			
45	250	Sue Street	SF	Tipton H	18.58		18.47	18.43
46	293	Andy Wheeler	M45	Bournville H	19.05		18.42	
47	269	Peter Thwaite	SM	U/A	19.07			
48	28	Clare Hodgson	SF	Royal Sutton C. AC	19.08			
49	72	Steve Clarke	M40	Amzing Feet	19.08			
50	288	Rebecca Smith	F35	Northbrook	19.19			19.25
51	61	Ian Thomas	M50	UKNetRunner	19.20			
52	17	Richard Welburn	M35	U/A	19.23		19.07	19.37
53	999	Becket Bedford	M45	BRAT	19.40		20.02	
54	219	Caroline Harlan-Marks	SF	Bournville H	19.45		DNS	20.19
55	220	Chris Harlan-Marks	SM	Bournville H	19.45		DNS	20.32
56	273	Abayomi Adedimeji	SM	BRAT	19.51			
57	116	Charlotte Benning	SF	Bournville H	19.53			
58	112	Sian Harrison	SF	BRAT	19.54			
59	120	Zammie Cotterill	SF	BRAT	20.09			
60	277	Rob Shipp	M45	BRAT	20.14		20.42	
61	276	Kate Wiltshire	SF	BRAT	20.22	2nd SF	20.06	
62	294	Kevin Dawes	SM	Bournville H	20.35			
63	217	Mark Edwards	M50	BRAT	20.36		20.34	21.02
64	201	Greg Aagaard	SM	Sparkhill H	20.39		DNS	20.26
65	63	Graham Lawrence	M60	Solihull & SH	20.45		20.19	

66	113	Bill	O'Sullivan	M55	U/A	20.54		21.19
67	264	Les	Rosthill	M55	U/A	20.55	20.51	
68	248	James	Shanahan	M55	Solihul & SH	20.59	20.31	21.06
69	262	Nicola	Woods	SF	Birchfield H	21.05	21.14	21.37
70	69	John	Turner	M65	Stratford-U-Avon AC	21.06	1st M65 21.14	
71	40	Edmund	Wallace	SM	Centurion RC	21.14	21.39	
72	64	Andy	Hoole	SM	Bournville H	21.15	22.43	
73	254	Sharon	Townley	F35	Centurion RC	21.16	21.18	21.40
74	23	Steve	Adams	M35	Ripley RRC	21.18	22.00	
75	104	David	Jones	M55	W. Bromwich H	21.24	21.46	22.18
76	122	Martin	Ludford	M50	BRAT	21.25	21.33	21.58
77	6	Peter	Lawton	M50	Birchfield H	21.32	21.25	
78	115	Rachael	Campbell	SF	Birchfield H	21.51		21.35
79	125	David	O'Keefe	M40	Centurion RC	21.55		
80	213	Nicola	Cumley	SF	Bournville H	21.58	22.34	22.32
81	207	Keith	Best	M60	Tipton H	22.00	21.38	22.28
82	118	Martin	Foster	M55	Bournville H	22.00	21.47	21.36
83	126	Cat	Ricketts	SF	Bournville H	22.01	22.37	23.06
84	278	James	O'Driscoll	SM	Sparkhill H	22.03		
85	238	Sarah	Price	SF	BRAT	22.14	22.33	22.16
86	241	Sarah	Rock	SF	Bournville H	22.24	22.41	23.32
87	71	Tom	Joyce	SM	U/A	22.28		
88	274	Steve	Bach	M60	U/A	22.30	22.58	
89	258	Luke	Watkins	SM	Stratford-U-Avon AC	22.39	23.49	DNS
90	287	Donna	Haskayne	SF	Bournville H	22.55	23.31	
91	75	Emily	Ford	SF	Birchfield H	22.58	23.26	
92	101	Elizabeth	Blake	F40	Sparkhill H	23.01	22.50	22.30
93	265	Leonard	Wallace	SM	Centurion RC	23.10		
94	285	Mark	Burke	SM	U/A	23.15		
95	226	Tamara	Kennedy	SF	Bournville H	23.21	24.10	23.13
96	284	Joseph	Walshe	SM	U/A	23.25	24.58	
97	114	Mick	Edwards	M60	U/A	23.26		
98	205	Richard	Baker	M55	Amazing Feet	23.34	24.14	24.11
99	230	Kevin	Morris	SM	Centurion RC	23.44	23.00	24.00
100	291	Andy	Owen	SM	U/A	23.48	23.21	
101	111	Andrew	Turner	SM	Stratford-U-Avon AC	23.53	24.34	
102	65	Kathryn	Abbott	SF	Bournville H	23.59	24.59	
103	261	Maria	Wilkes	F40	Bournville H	24.15	24.58	
104	280	David	Price	SM	U/A	24.18	23.29	25.15
105	257	Graham	Watkins	M65	Stratford-U-Avon AC	24.20	24.47	25.01
106	292	Sam	Pretlove	F35	Bournville H	24.25	24.48	24.56
107	232	Kevin	O'Malley	M65	Centurion RC	24.28	24.44	24.09
108	275	Michael	Oliver	M45	Stratford-U-Avon AC	24.39		
109	295	Noelle	Cullimore	SF	Bournville H	25.20	25.27	25.34
110	74	Paul	Fulda	SM	U/A	25.24		
111	212	Paul	Cornock	M45	Centurion RC	25.31	25.18	24.43
112	235	Manisha	Parmar	F35	Sparkhill H	25.35	25.48	26.13
113	121	Lesley	Proctor	F45	Bournville H	25.41	25.39	25.24
114	73	Philomena	Williamson	F50	Bournville H	26.05	26.16	25.46
115	57	Margaret	Ehrenberg	F55	Sparkhill H	26.19	28.37	
116	279	Esme	White	SF	Bournville H	26.34		
117	236	Bea	Pavlovic	F45	BRAT	26.40	DNS	27.00
118	103	Chris	Harrison	M55	U/A	26.55		
119	123	John	Butler	M65	Stratford-U-Avon AC	29.26	30.30	
120	239	Lesley	Pymm	F55	Bournville H	30.09	30.26	DNS
121	290	Jasvinder	Rao	SM	U/A	30.29		
122	117	Carol	Frain	F60	Birchfield H	31.38		
123	5	S.	Singh	M65	Birchfield H	32.49		
124	124	Susan	Young	F45	U/A	33.34	31.24	33.15
	67	Sophie	Lynch	F20	Tipton H	DNF	18.43	
	203	Rob	Andrew	M45	Bournville H	DNS	1st M45 16.30	16.36
	208	Emma	Brady	F35	BRAT	DNS	24.57	24.22
	209	Steve	Brookes	SM	Tipton H	DNS	DNS	15.54
	210	Leigh	Church	M35	Bournville H	DNS	DNS	DNS
	211	Grahame	Cooper	M75	Sparkhill H	DNS	25.29	26.10
	218	Mark	Grace	SM	BRAT	DNS	19.08	19.10
	221	Megan	Harris	F35	Sparkhill H	DNS	DNS	21.39
	222	Marianne	Hensman	SF	Bournville H	DNS	DNS	20.19
	223	Benny	Hill	SM	Aldridge RC	DNS	DNS	22.20
	225	Stephen	Hopkins	M45	Bournville H	DNS	22.52	22.58
	231	Andrea	Muirhead	SF	Wigan P.	DNS	DNS	21.23
	233	Edward	O'Neill	M40	Sparkhill H	DNS	20.04	20.39
	234	Simeon	Paine	M35	Bournville H	DNS	17.58	18.10

237	Ian	Phillips	M35	W. Bromwich H	DNS	19.16	19.02
240	Joanne	Ribchester	F35	Bournville H	DNS	26.25	26.14
243	Ewan	Ross	M35	Bournville H	DNS	21.08	DNS
244	Matthew	Ryan	SM	BRAT	DNS	DNS	24.07
245	David	Sansom	M50	BRAT	DNS	23.30	23.26
247	Mike	Scotney	M35	Bournville H	DNS	19.56	20.28
252	Jaspa	Tergat	M40	Centurion RC	DNS	DNS	19.03
256	Angela	Vince	F50	Bournville H	DNS	DNS	26.00
	Hugh	Adlington	M40	U/A			21.12
	Rob	Andrew	SM	BRAT			20.21
	Lucy	Archbold	F20	Birchfield H		22.04	
	Paul	Archer	M60	BRAT		22.23	
	Seth	Atkin	M40	Centurion RC			21.29
	Trevor	Bacciochi	SM	Centurion RC		19.31	
	Richard	Ballard	SM	Joshua Tree Joggers			31.02
	Ed	Banks	SM	BRAT		16.49	16.43
	Peter	Banks	M60	Coventry G		19.34	
	Nick	Bent	M45	U/A		20.25	
	Samara	Booth	SF	Birchfield H			25.44
	Germaine	Bretel	F40	Bournville H		36.15	
	Alan	Britton	M60	Birchfield H		22.48	
	Phil	Brown	SM	U/A			24.30
	Elizabeth	Bryans	SF	Bournville H		26.07	
	John	Buckby	M65	W. Bromwich H		29.41	
	Simon	Bullock	M45	Joshua Tree Joggers			31.02
	Cass	Chisholm	SF	BRAT		22.08	
	Phil	Clamp	M35	Tipton H		16.45	
	Andrew	Clayton	M35	Bournville H			17.59
	Stephen	Cleary	M35	Cobra		19.26	
	Anthony	Conniff	M35	Joshua Tree Joggers		21.55	22.51
	Ryan	Cox	SM	Birchfield H			17.00
	Maggie	Curtis	F40	Bournville H			23.44
	Marc	Curtis	M40	Centurion RC		19.04	
	Craig	Dale	SM	Solihul & SH			17.19
	Roy	Dale	M45	Solihull & SH		19.22	
	David	Daniels	M50	Cobra		18.55	
	Peter	Davies	M60	Birchfield H		23.09	
	Peter	Delaney	M45	Sphinx AC		24.47	
	Tom	Delaney	M20	Sphinx AC		17.53	
	Lindsay	Doyle	SF	Liverpool P.			19.15
	Naomi	Eaton	SF	Birchfield H			20.18
	Stephen	Edmunds	M40	Birchfield H		17.42	
	David	Edward	M55	Saracens RC	1st M55	18.44	
	Mike	Ellis	M35	Spa Striders		16.53	
	Claire	Evans	SF	Birchfield H		20.54	21.14
	Emily	Evans	SF	Birchfield H		25.24	
	David	Fiddes	M40	Reading RR			20.42
	Joan	Flemming	F45	Solihull & SH			22.30
	Heather	Fookes	F50	Solihull &SH		22.55	22.55
	Jennifer	Foster	SF	Solihull &SH		23.08	23.10
	Rebecca	Freeman	SF	Solihull & SH	3rd SF	20.33	
	Vivienne	Gorman	SF	U/A		23.27	
	Matt	Granger	SM	Kidderminster & S'Port		15.45	
	Bill	Green	M50	U/A		30.10	
	Delisse	Green	F45	U/A		35.15	
	Tim	Griffith	M17	BRAT	1st M20	16.42	
	Yves	Guillaume	M35	U/A		19.27	
	Tony	Haden	M40	Centurion RC		19.13	
	Becky	Hampson	SF	Bournville H			21.42
	Nick	Hardy	M20	Birchfield H		16.59	
	Sian	Harison	SF	BRAT			20.17
	Louise	Harman	SF	Birchfield H		20.55	22.48
	Stephanie	Harrigen	F40	Bournville H		34.10	
	Megan	Harris	F35	Sparkhill H	1st F35	21.05	
	Ed	Hartley	M55	Bournville H		20.18	
	Brian	Haycock	M50	U/A		20.53	
	Grace	Healy	F20	Centurion RC		21.57	
	Tom	Healy	M50	Centurion RC		19.01	
	Dean	Hill	M35	Tipton H		16.50	
	Craig	Hinks	M45	Sparkhill H		19.28	19.30
	Mark	Hobbs	SM	Bournville H		16.26	16.45
	Emily	Holden	SF	Bournville H		22.56	23.10

Anne	Hughes	F55	Northbrook AC		25.31	
Tony	Hughes	M55	Northbrook AC		21.07	
Darren	Ingley	M40	Centurion RC		23.21	
Mel	James	F45	Bournville H			18.18
Tom	Keenan	SM	BRAT			23.47
Gemma	Knowles	SF	U/A		23.30	
David	Lea	M65	Birchfield H		29.10	
Richard	Leake	M40	BRAT		22.18	
Eloise	Lee	SF	BRAT		20.42	20.38
Laura	Leslie	SF	Bournville H		21.09	
Steven	Lidgate-Taylor	SM	Solihull & SH		18.08	17.44
Chris	Lindesay	SM	BRAT		DNS	18.34
Andrene	Line	SF	Birchfield H		29.01	
Sean	Lonergan	M50	Spa Striders		26.09	
Steve	Lumley	M45	BRAT			20.20
Dale	Lyons	M20	Sphinx			29.17
Marilyn	Maidment	F55	Centurion RC		24.57	
Jonathan	Male	SM	U/A		20.10	20.58
Andy	Matthews	M40	Centurion RC		21.38	
Craig	McNaney	M50	Northbrook AC		22.13	
John	McNaney	M55	Spa Striders		20.23	
Sarah	McNaney	F50	Northbrook AC	1st F45	22.05	
Stuart	Mead	M40	Spa Striders		18.29	
Mike	Morley	M45	Birchfield H		17.18	
Jon	Mouat	SM	BRAT			19.57
Wayne	Muddiman	M35	Centurion RC		19.33	
Neil	Munroe	M55	W. Bromwich H			23.13
Sean	O'Conner	M40	Northbrook AC		26.48	
Corrina	O'Connor	F35	Northbrook AC		23.33	
Dean	Parker	M35	Bournville H	3rd SM / 1st M35	16.21	
Rachel	Partridge	F35	Bournville H			26.42
Manisha	Patel	SF	Birchfield H		29.46	
Tim	Price	SM	Solihull & SH		17.41	17.48
Andy	Rea	M45	Centurion RC		21.01	20.36
Simon	Richards	M50	Barnt Green Chuggers			27.24
Jack	Roberts	SM	Bournville H		19.26	19.14
Sarah	Roberts	SF	Bournville H			21.08
Ian	Satterthwaite	M40	Centurion RC		17.27	
Jess	Saunders	F20	BRAT	1st F20	21.36	21.25
Claire	Scanlon	SF	U/A		22.02	
Paul	Shackleton	M45	Clayton-Le-Moors			17.56
Hannah	Sheridan	F20	Univ. of Birmingham			19.59
Ann-Marie	Smith	SF	Coventry G			DNF
Dave	Smith	M45	U/A			19.34
Lizi	Snushall	F54	BRAT			27.40
Chris	Somerfield	M35	U/A		21.30	
William	Spanfelner	M40	Bournville H			30.36
Non	Stanford	SF	Univ. of Birmingham			17.25
Tim	Stephenson	M45	BRAT			22.10
Kris	Stirk	SM	BRAT		18.38	
Nicola	Sundereland	SF	BRAT		26.08	25.42
Paul	Thompson	M20	BRAT			14.58
Stephen	Thompson	M45	U/A			20.55
Victoria	Timms	SF	Saracens RC		27.20	
James	Tully	SM	U/A		22.44	
Michael	Ungurs	SM	Bournville H		17.58	
Lucy	Walters	F17	Aldridge RC			25.41
Lucy	Whalley	SF	U/A		25.13	
Richard	White	SM	BRAT		16.36	16.48
Gary	Whitehouse	SM	W. Bromwich H		19.59	
Maria	Wilkes	F40	Bournville H			23.50
Ian	Williams	SM	Tipton H			15.28
Mary	Williams	F55	Centurion RC	1st F55	23.49	
Martin	Williamson	M50	Birchfield H		20.10	
Daniel	Wilson	M45	Bournville H			19.33
John	Wilson	M35	Northbrook AC		19.16	
Maragert	Woods	F50	U/A		31.37	