

**Birmingham Rowheath AC Midsummer 5km Series**  
**13 July 2006 (RACE 2 of 3)**  
**Incorporating Warwickshire County AA 5km Road Champs**  
**and Fourth Race of Warwickshire Road Race League**

| Pos. | No.  | Name                  | Cat. | Club                      | 10 Aug WCAA Champs | 13 Jul | 08 Jun |
|------|------|-----------------------|------|---------------------------|--------------------|--------|--------|
| 1    | 135  | John Ndayisenga       | SM   | Birchfield H              |                    | 14:30  | CR     |
| 2    | 171  | Daniel Dalmedo        | SM   | Bedford & County          | <b>1st SM</b>      | 14:39  |        |
| 3    | 1915 | Matt Almond           | SM   | Rugby and Northampton AC  | <b>2nd SM</b>      | 14:55  |        |
| 4    | 24   | Patrick Kavanagh      | SM   | Tipton H                  |                    | 15:25  | 15:21  |
| 5    | 173  | Nathan Holmes         | SM   | Northbrook AC             |                    | 15:32  |        |
| 6    | 177  | Alistair Smith        | M20  | Coventry Godiva           | <b>3rd SM</b>      | 15:41  |        |
| 7    | 23   | Adrian Iszatt         | M40  | Birm. Rowheath AC         | <b>1st M40</b>     | 15:41  | 16:14  |
| 8    | 153  | Mark Hall             | M45  | Northern Vets.            |                    | 15:44  |        |
| 9    | 133  | Martin Matthews       | SM   | Birm. Rowheath AC         |                    | 15:47  | 16:00  |
| 10   | 87   | Lenny Shail           | M17  | Coventry Godiva           |                    | 15:52  |        |
| 11   | 8    | Phil Clamp            | SM   | Tipton H                  |                    | 15:54  | 16:06  |
| 12   | 91   | Mike Hagar            | M55  | Tipton H                  | <b>1st M50</b>     | 15:55  |        |
| 13   | 6    | Chris Bull            | M17  | Leamington C&AC           |                    | 15:55  |        |
| 14   | 194  | Mike Cadman           | M45  | Tipton H                  |                    | 16:01  |        |
| 15   | 1912 | Damion Littlewood     | SM   | BRAT                      |                    | 16:19  |        |
| 16   | 121  | Dave Kesterton        | M40  | U/A                       |                    | 16:22  |        |
| 17   | 36   | Rob Vaughan           | SM   | Birm. Rowheath AC         |                    | 16:24  | 16:41  |
| 18   | 123  | Tim Price             | SM   | Solihull & SH AC          |                    | 16:33  | 17:31  |
| 19   | 88   | Chris Bannon          | M17  | Coventry Godiva           |                    | 16:35  |        |
| 20   | 35   | Stuart Underwood      | M40  | Birm. Rowheath AC         |                    | 16:40  | 16:47  |
| 21   | 86   | James Parrott         | SM   | Coventry Godiva           |                    | 16:42  |        |
| 22   | 33   | Peter Thwaite         | SM   | Tipton H                  |                    | 16:44  | 17:45  |
| 23   | 84   | Peter Whitehouse      | M17  | Birchfield H              |                    | 16:44  |        |
| 24   | 134  | Craig Sabin           | M40  | Huncote                   |                    | 16:45  |        |
| 25   | 85   | Simon O'Meara         | M20  | Birchfield H              |                    | 16:46  |        |
| 26   | 147  | Steven Lidgate-Taylor | SM   | Solihull & SH AC          |                    | 16:47  |        |
| 27   | 1959 | Chris Penn            | SM   | Univ. of Birmingham       |                    | 16:50  |        |
| 28   | 94   | John Hosie            | SM   | Northbrook AC             |                    | 16:53  |        |
| 29   | 62   | Glyn Lawson           | SM   | Saracens RC               |                    | 16:56  |        |
| 30   | 124  | Kevin Fisher          | SM   | Telford AC                |                    | 16:57  |        |
| 31   | 155  | Rene Vergo            | SM   | Solihull & SH AC          |                    | 17:04  |        |
| 32   | 99   | Debbie Walters        | F35  | Aldridge RC               |                    | 17:04  |        |
| 33   | 83   | Matthew Timothy       | M17  | Coventry Godiva           |                    | 17:05  |        |
| 34   | 95   | Ryan Kenny            | M20  | Leamington C&AC           |                    | 17:07  |        |
| 35   | 18   | Daniel Hughes         | SM   | Birm. Rowheath AC         |                    | 17:19  | 17:47  |
| 36   | 22   | Mark Ince             | SM   | Birm. Rowheath AC         |                    | 17:20  | 17:37  |
| 37   | 190  | Stuart Keen           | SM   | Northbrook AC             |                    | 17:21  |        |
| 38   | 167  | Tom Grimley           | M17  | Coventry Godiva           |                    | 17:29  |        |
| 39   | 128  | Carol Adams           | F40  | Coventry Godiva           | <b>1st SF/F35</b>  | 17:39  |        |
| 40   | 193  | Graham Lawrence       | M55  | Solihull & SH AC          |                    | 17:44  |        |
| 41   | 1906 | Jack Gray             | M15  | Birm. Rowheath AC         |                    | 17:45  |        |
| 42   | 120  | Serbhiv Schouten      | SM   | Solihull & SH AC          |                    | 17:46  |        |
| 43   | 186  | Owen Fairclough       | SM   | Sparkhill H               |                    | 17:53  |        |
| 44   | 2    | Howard Andersen       | M45  | Northbrook AC             |                    | 17:55  |        |
| 45   | 179  | Roger Homes           | M40  | Kenilworth RC             |                    | 17:59  |        |
| 46   | 141  | Paul Bach             | M17  | N. Worc. Coll.            |                    | 18:05  |        |
| 47   | 181  | Richard Steel         | M40  | Kenilworth RC             |                    | 18:07  |        |
| 48   | 1911 | John Dalzell          | SM   | Royal Sutton Coldfield AC |                    | 18:12  |        |
| 49   | 172  | Keith Hawkes          | M40  | Stratford AC              |                    | 18:13  |        |
| 50   | 90   | Paul Baker            | M50  | U/A                       |                    | 18:18  |        |
| 51   | 1914 | Andy Wheeler          | M40  | Bournville H.             |                    | 18:21  | 19:07  |
| 52   | 110  | Myshola Kirkham       | SF   | Coventry Godiva           | <b>2nd SF</b>      | 18:21  |        |
| 53   | 1    | Andy Adkin            | SM   | Saracens RC               |                    | 18:24  |        |
| 54   | 1910 | Keith Hobden          | SM   | Solihull & SH AC          |                    | 18:25  |        |
| 55   | 109  | David Bird            | SM   | U/A                       |                    | 18:26  | 19:38  |
| 56   | 1954 | Wayne Taylor          | SM   | Nuneaton HAC              |                    | 18:29  |        |
| 57   | 162  | Donals Field          | M50  | Aldridge RC               |                    | 18:32  |        |
| 58   | 176  | Aaron Lincoln         | SM   | Solihull & SH AC          |                    | 18:36  |        |
| 59   | 1956 | Alistair MacDonald    | SM   | Birm. Rowheath AC         |                    | 18:44  | 18:45  |
| 60   | 1940 | Elanor Greenfield     | SF   | Nuneaton HAC              | <b>3rd SF</b>      | 18:50  |        |
| 61   | 72   | Daniel Rye            | M17  | Saracens RC               |                    | 18:52  |        |
| 62   | 157  | Si Larbi              | SM   | U/A                       |                    | 18:56  |        |

|     |      |            |                  |     |                         |       |                |
|-----|------|------------|------------------|-----|-------------------------|-------|----------------|
| 63  | 136  | Helen      | Finch            | SF  | Solihull & SH AC        | 18:57 |                |
| 64  | 196  | Dean       | Parker           | SM  | Bournville H.           | 18:58 |                |
| 65  | 15   | Rebecca    | Freeman          | SF  | Solihull & SH AC        | 19:03 | 19:44          |
| 66  | 13   | Paul       | Foot             | SM  | Bournville H.           | 19:04 | 19:05          |
| 67  | 1905 | Shaun      | Davey            | SM  | U/A                     | 19:07 |                |
| 68  | 137  | Roy        | Dale             | M40 | Solihull & SH AC        | 19:09 |                |
| 69  | 1903 | Simon      | Varcoe           | SM  | Bournville H.           | 19:11 |                |
| 70  | 1920 | Paul       | Allan            | M55 | Halesowen AC            | 19:12 |                |
| 71  | 49   | Gordon     | Orme             | M60 | Birchfield H            | 19:13 | <b>1st M60</b> |
| 72  | 12   | Peter      | Fellows          | M50 | Northbrook AC           | 19:16 |                |
| 73  | 27   | Gary       | Mason            | SM  | Bournville H.           | 19:18 | 20:04          |
| 74  | 11   | Mark       | Edwards          | M45 | Birm. Rowheath AC       | 19:20 | 19:57          |
| 75  | 1919 | John       | Seegobin         | M40 | U/A                     | 19:22 | 20:00          |
| 76  | 132  | Lee        | Taylor           | M17 | Centurion RC            | 19:23 | 20:42          |
| 77  | 184  | Neil       | Prentice         | M40 | Centurion RC            | 19:24 |                |
| 78  | 2000 | Stuart     | Page             | SM  | Bournville H.           | 19:26 |                |
| 79  | 1918 | Theresa    | Woolley          | F40 | Centurion RC            | 19:28 |                |
| 80  | 156  | Rebecca    | Smith            | SF  | Northbrook AC           | 19:36 |                |
| 81  | 118  | Mark       | Francis          | M45 | Stratford AC            | 19:40 |                |
| 82  | 1953 | Peter      | Greenfield       | M55 | Nuneaton HAC            | 19:44 |                |
| 83  | 29   | Vince      | Rollason         | M50 | Bromsgrove + Redditch   | 19:46 | 19:59          |
| 84  | 143  | Steven     | Bach             | M55 | Bromsgrove + Redditch   | 19:50 | 19:55          |
| 85  | 25   | David      | Lloyd            | M55 | Halesowen AC            | 19:52 | 20:01          |
| 86  | 66   | Anthony    | O'Brien          | M45 | Saracens RC             | 19:55 |                |
| 87  | 1909 | Mike       | Scotney          | SM  | Bournville H.           | 20:02 |                |
| 88  | 182  | Helen      | O'Donnel         | SF  | Halesowen AC            | 20:03 |                |
| 89  | 4    | Keith      | Best             | M55 | Tipton H                | 20:10 | 20:39          |
| 90  | 159  | Stephen    | Price            | M55 | U/A                     | 20:11 | 20:14          |
| 91  | 1955 | Nat        | Peers            | SM  | U/A                     | 20:11 | 20:10          |
| 92  | 1960 | Andy       | Matthews         | M40 | Centurion RC            | 20:13 |                |
| 93  | 1907 | Terry      | Doherty          | M50 | Bournville H.           | 20:15 |                |
| 94  | 1917 | Bob        | Hockenhull       | M40 | Bournville H.           | 20:18 |                |
| 95  | 46   | Alex       | Davidson-Elliott | M65 | Birchfield H            | 20:19 |                |
| 96  | 17   | Linda      | Hewell           | SF  | Bournville H.           | 20:24 | 19:30          |
| 97  | 183  | Charlie    | Jones            | M50 | Northbrook AC           | 20:25 |                |
| 98  | 1908 | Paul       | Edwards          | M45 | Birm. Rowheath AC       | 20:36 | 21:00          |
| 99  | 48   | Peter      | Lawton           | M45 | Birchfield H            | 20:48 |                |
| 100 | 9    | Alec       | Croke            | M45 | Bournville H.           | 20:54 | 21:11          |
| 101 | 80   | Anthony    | Timms            | SM  | Saracens RC             | 21:00 |                |
| 102 | 192  | Michael    | Oliver           | M40 | Stratford AC            | 21:03 |                |
| 103 | 92   | Gail       | Mayer            | F35 | Birchfield H            | 21:04 |                |
| 104 | 178  | Kevin      | Gallimore        | M45 | Dudley and Kingswinford | 21:04 |                |
| 105 | 140  | Robert     | Chilcott         | SM  | U/A                     | 21:20 |                |
| 106 | 131  | Allan      | Coldicott        | M45 | Stratford AC            | 21:23 |                |
| 107 | 53   | Jack       | Edwards          | M17 | Saracens RC             | 21:29 |                |
| 108 | 158  | Heather    | Fooks            | F45 | Solihull & SH AC        | 21:36 | 21:33          |
| 109 | 39   | Mary       | Williams         | F50 | Centurion RC            | 21:38 | 21:44          |
| 110 | 1692 | Lindsey    | Baker            | F17 | Birchfield H            | 21:42 |                |
| 111 | 7    | David      | Calder           | M50 | MVAC                    | 21:47 | 22:32          |
| 112 | 93   | Louise     | Harman           | SF  | Birchfield H            | 21:51 | 22:36          |
| 113 | 65   | Tony       | McCarroll        | M40 | Saracens RC             | 21:53 |                |
| 114 | 41   | John       | Adams            | M55 | Birchfield H            | 21:57 |                |
| 115 | 1693 | Stella     | Dennis           | SF  | Bournville H.           | 22:00 |                |
| 116 | 89   | Sarah      | McNaney          | F45 | Northbrook AC           | 22:02 |                |
| 117 | 37   | Luke       | Watkins          | M20 | Stratford AC            | 22:09 | dns            |
| 118 | 126  | Lou        | Satterthwaite    | M65 | Centurion RC            | 22:11 | 22:16          |
| 119 | 125  | Christophe | Seeney           | M55 | Stratford AC            | 22:14 |                |
| 120 | 130  | Colin      | Kirkham          | M60 | Coventry Godiva         | 22:16 |                |
| 121 | 185  | Tania      | Ugwu             | SF  | Bournville H.           | 22:19 |                |
| 122 | 127  | Penny      | Rose             | F40 | Solihull & SH AC        | 22:21 | 22:37          |
| 123 | 98   | Mike       | Wild             | M55 | U/A                     | 22:36 |                |
| 124 | 40   | Chris      | Wood             | SM  | U/A                     | 22:52 | 23:44          |
| 125 | 55   | Wayne      | Edwards          | M45 | Saracens RC             | 22:58 |                |
| 126 | 1689 | Kevin      | O'Mally          | M60 | Centurion RC            | 22:58 | 23:20          |
| 127 | 1763 | Sarah      | Rock             | SF  | Bournville H.           | 23:07 |                |
| 128 | 1904 | Kathryn    | Abbott           | SF  | Bournville H.           | 23:09 | 24:12          |
| 129 | 82   | Karen      | Timothy          | F40 | Saracens RC             | 23:13 |                |
| 130 | 97   | Peter      | Nash             | M40 | Saracens RC             | 23:14 |                |
| 131 | 1902 | Paul       | Robertshaw       | M45 | BRAT                    | 23:15 |                |
| 132 | 138  | Natalie    | Mudd             | SF  | BRAT                    | 23:16 | 25:19          |

|     |                |            |     |                     |       |                |
|-----|----------------|------------|-----|---------------------|-------|----------------|
| 133 | 43 Barry       | Roberts    | M65 | Birchfield H        | 23:21 |                |
| 134 | 1913 Julien    | Barnett    | M40 | Bournville H.       | 23:21 |                |
| 135 | 54 Jane        | Edwards    | F40 | Saracens RC         | 23:27 |                |
| 136 | 78 Sean        | Rye        | M20 | Saracens RC         | 23:28 |                |
| 137 | 129 Ann        | Kirkham    | F55 | Coventry Godiva     | 23:37 | <b>1st F55</b> |
| 138 | 197 Andrew     | Daley      | M40 | U/A                 | 23:45 |                |
| 139 | 187 Loretto    | Denley     | F60 | Northbrook AC       | 23:49 |                |
| 140 | 67 Caroline    | O'Brien    | M40 | Saracens RC         | 23:53 |                |
| 141 | 198 Martin     | Walters    | SM  | U/A                 | 23:58 |                |
| 142 | 47 Tony        | Frain      | M60 | Birchfield H        | 24:04 |                |
| 143 | 1957 Chris     | Harrison   | M50 | U/A                 | 24:05 |                |
| 144 | 150 Rachel     | Denham     | SF  | Birchfield H        | 24:16 | 24:39          |
| 145 | 146 Steven     | Tinklin    | M45 | Centurion RC        | 24:18 |                |
| 146 | 1690 Judith    | Lopes      | F40 | U/A                 | 24:22 |                |
| 147 | 1916 Vanessa   | Horton     | F40 | U/A                 | 24:22 |                |
| 148 | 191 Jim        | Price      | M50 | Bournville H.       | 24:44 |                |
| 149 | 81 Victoria    | Tims       | SF  | Saracens RC         | 24:58 |                |
| 150 | 1691 Tracy     | Metcalf    | SF  | Bournville H.       | 25:00 | 26:28          |
| 151 | 19 Glyn        | Hughes     | M45 | Bournville H.       | 25:16 | 26:00          |
| 152 | 188 Tony       | French     | M60 | Northbrook AC       | 25:20 |                |
| 153 | 1958 Katherine | Vaughan    | SF  | Bournville H.       | 25:38 |                |
| 154 | 1965 Philomena | Williams   | F50 | Bournville H.       | 26:03 | 27:01          |
| 155 | 77 Kim         | Rye        | M50 | Saracens RC         | 26:26 |                |
| 156 | 28 Lesley      | Pymm       | F50 | Centurion RC        | 26:57 | 26:54          |
| 157 | 61 Kathryn     | Houliston  | SF  | Saracens RC         | 27:19 |                |
| 158 | 96 Lynette     | Millard    | F35 | Birchfield H        | 27:23 |                |
| 159 | 139 Trudy      | Leach      | F40 | U/A                 | 28:09 |                |
| 160 | 122 Sue        | Wallace    | F50 | Centurion RC        | 28:19 |                |
| 161 | 189 Steven     | Atkinson   | M50 | Birm. Rowheath AC   | 28:30 |                |
| 162 | 38 Natasha     | Watkins    | SF  | Stratford AC        | 28:39 | 30:51          |
| 163 | 1939 Margaret  | Smith      | F60 | Centurion RC        | 29:20 |                |
| 164 | 44 Ken         | Parry      | M75 | Birchfield H        | 29:39 |                |
| 165 | 68 Christine   | Rye        | F20 | Saracens RC         | 30:28 |                |
| 166 | 108 Soozy      | Smith      | F45 | Coventry Godiva     | 31:13 |                |
|     | 45 John        | Matthews   | M55 | Birchfield H        | dns   |                |
|     | 42 Tony        | Molloy     | M50 | Birchfield H        | dns   |                |
|     | 32 Patrick     | Stephenson | SM  | Birchfield H        | dns   | 19:14          |
|     | 34 Marc        | Turner     | SM  | Birchfield H        | dns   | 16:01          |
|     | 14 Harry       | Fowler     | M50 | Birm. Rowheath AC   | dns   | 18:07          |
|     | 20 Mike        | Hughes     | M45 | Birm. Rowheath AC   | dns   | 23:04          |
|     | 3 Anthony      | Ariss      | M40 | Bournville H.       | dns   | 25:32          |
|     | 10 Andrew      | Dell       | SM  | Bournville H.       | dns   | 19:04          |
|     | 31 Alison      | Smith      | F35 | Bournville H.       | dns   | 23:20          |
|     | 21 Shirley     | Hughes     | F40 | Solihull & SH AC    | dns   | dns            |
|     | 30 Jim         | Shanahan   | M50 | Solihull & SH AC    | dns   | 19:35          |
|     | 26 Matt        | Lockett    | SM  | Tipton H            | dns   | 16:36          |
|     | 16 Sian        | Harrison   | SF  | Univ. of Birmingham | dns   | 20:27          |
|     | 5 Kim          | Braznell   | F50 | W. Bromwich H.      | dns   | 21:43          |