

Birmingham Rowheath AC Midsummer 5km Series  
09 July 2009 (RACE 2 of 3)  
Incorporating the Warwickshire County AA 5km Champs and Warwickshire Road Race League

Pos.	No.	Name	Cat.	Club	13 Aug	WCAA Champs	09 Jul	11 Jun
1	219	Ian Williams	SM	Tipton H			15:27	15:29
2	86	Mike Buntin	SM	Tipton H			15:42	15:55
3	83	Matt Granger	SM	Kidderminster + Stourport AC			15:56	
4	315	Scott Hazell	SM	Coventry G		1st SM	16:08	
5	218	Dean Parker	M35	Bournville H		2nd SM, 1st M35	16:21	
6	359	Chris Penn	SM	Halesowen			16:28	16:15
7	216	Kevin Woodward	SM	Bournville H		3rd SM	16:57	17:19
8	33	Mark Ince	SM	Birmingham Rowheath			16:59	17:21
9	75	Richard White	SM	Centurion RC			17:07	17:18
10	220	Nicola Sykes	SF	Bedford & County			17:07	17:02
11	25	Steve Edmunds	M40	Birchfield			17:09	17:00
12	318	Michael Morley	M40	Birchfield			17:09	
13	99	Ed Banks	SM	Birmingham Rowheath			17:15	
14	326	Joshua Fullard	M17	Lyndon Sch. (Olton)		1st MU20	17:15	
15	29	Richard Hunter	M45	Tipton H			17:20	17:43
16	172	Thomas Carroll	SM	Birchfield			17:32	17:58
17	88	Jonny Vennables	M17	Birmingham Rowheath			17:34	
18	60	Ian Satterthwaite	SM	Centurion RC			17:35	17:30
19	314	Peter Dimpleby	M35	Birchfield			17:37	
20	68	Marcus Tillotson	SM	Bournville H			17:43	18:01
21	84	Kevin Fisher	SM	Solihull & SH			17:47	
22	41	Chris Lindesay	SM	Birmingham Rowheath			17:50	17:38
23	364	Sean Rose	M35	Bournville H			17:53	17:50
24	345	Emma Langdell	SF	Royal Sutton Coldfield AC			17:58	18:05
25	321	Ryan Cox	SM	Birchfield			17:59	
26	89	Derek Donaghy	M50	N. Belfsat H.			18:01	
27	12	Steve Cumley	SM	Bournville H			18:04	18:15
28	19	Paul Davies	M45	Centurion RC		1st M45	18:09	17:49
29	97	Mel James	F40	Bournville H		1st SF, 1st F35	18:13	18:26
30	358	Sophie Williams	SF	Birchfield		2nd SF	18:16	
31	78	Windel Simpson	M45	Birchfield H			18:26	
32	171	Jake Sorrell	M17	Centurion RC			18:26	
33	325	Lee Taylor	M20	Centurion RC			18:33	
34	5	Trevor Bacciochi	SM	Centurion RC			18:37	19:48
35	74	Andy Wheeler	M40	Bournville H			18:46	19:04
36	174	Thomas Healey	M45	Centurion RC			18:46	
37	93	Lindsay Doyle	SF	Uni. Of Birmingham			18:47	
38	392	David Edwards	M50	Saracens RC			18:48	
39	439	Stuart Underwood	M40	Bournville H			18:51	18:43
40	177	Catherine Veysey	SF	Tipton			18:54	
41	65	Rebecca Smith	SF	Northbrook AC		3rd SF	18:59	18:59
42	80	Callum McGarrie	M20	Birchfield			19:02	19:08
43	140	David Harte	M40	Bournville H			19:02	
44	356	Craig Hinks	M45	Sparkhill H			19:03	19:08
45	342	Harry Lalli	SM	Birchfield			19:04	
46	310	Tim Hazelwood	SM	Halesowen			19:06	
47	4	Chris Aston	SM	Birchfield			19:09	19:34
48	90	Tony Hayden	M40	Centurion RC			19:12	
49	312	Preston Ecliff	M45	Centurion RC			19:20	
50	418	Mark Grace	SM	Birmingham Rowheath			19:21	19:53
51	48	Simon McNamee	SM	U/A			19:23	19:52
52	137	Peter Fellows	M50	Northbrook AC			19:28	
53	323	Dave Smith	M45	U/A			19:30	
54	2	Abayomi Adedimiji	SM	Birmingham Rowheath			19:31	
55	22	Paul D'Urso	M40	BRAT			19:32	19:51
56	417	Gary Mason	M40	Bournville H			19:34	19:26
57	28	Ian Gower	M40	Sphinx AC			19:35	
58	13	Marc Curtis	M40	Centurion RC			19:38	19:35
59	1	Nigel Abraham	M35	Bournville H			19:40	19:38
60	179	Edward O'Neill	M40	Sparkhill H			19:43	
61	61	Mike Scotney	M35	Bournville H			19:53	19:35
62	17	Roy Dale	M45	Solihull & SH			19:54	20:17
63	26	Ian Emery	SM	Birmingham Rowheath			19:55	19:49
64	176	Leigh Church	M35	Bournville H			19:58	
65	343	Christophe Johnson	M40	Bournville H			19:59	20:06
66	92	Mark Baker	M40	Northbrook AC			20:02	
67	62	John Seegobin	M45	U/A			20:03	20:01
68	66	Tommy Sweeney	M45	Centurion RC			20:05	20:02
69	188	Robert Mills	M50	Sparkhill H			20:06	
70	346	Gavin Davies	M45	Centurion RC			20:08	
71	52	Andy Rea	M45	Centurion RC			20:09	20:07
72	139	Will Howard	M17	Birmingham Rowheath			20:17	19:36
73	416	Helen Finch	SF	Solihull & SH			20:18	
74	222	Martin Wilkinson	M50	Birchfield			20:22	
75	76	Theresa Woolley	F45	Centurion RC		1st F45	20:22	20:54
76	64	Rob Shipp	M40	Birmingham Rowheath			20:24	21:02
77	21	Paul Dugmore	M45	Bournville H			20:29	20:48
78	136	Gary Turner	M50	Centurion RC			20:34	
79	421	Paul Foot	SM	Bournville H			20:43	
80	49	David O'Keeffe	SM	Centurion RC			20:45	20:34
81	87	Andy Matthews	M40	Centurion RC			20:48	
82	182	John Turner	M65	Stratford Upon Avon		1st M65	20:50	
83	79	Christophe McCann	M40	Centurion RC			20:55	20:56

84	193 James	Taylor	SM	Bournville H		20:56	20:34
85	37 Dave	Johnson	M45	Sparkhill H		20:56	20:26
86	63 Jim	Shanahan	M50	Solihull & SH		20:59	21:45
87	394 David	Fiddes	M40	Reading RR		21:00	
88	350 Shaun	Davey	M40	U/A		21:07	21:07
89	304 Poh	Hian-Chan	M35	Birchfield		21:11	
90	198 Daniel	Martin	M20	Saracens RC		21:12	
91	173 Ian	Voaden	M50	Solihull & SH		21:12	
92	200 Anthony	O'Brien	M45	Saracens RC		21:23	
93	6 Claire	Beaumont	SF	Birchfield		21:25	21:48
94	395 Neil	Prentice	M45	Centurion RC		21:26	
95	393 Bill	O'Sullivan	M55	U/A		21:29	20:31
96	7 Keith	Best	M55	Tipton H		21:34	21:20
97	353 Emily	Ford	SF	Birchfield		21:39	
98	170 Wayne	Muddiman	M35	Centurion RC		21:43	
99	96 Ian	Williams	M40	U/A		21:47	
100	82 Denise	Fitzgerald	F45	Centurion RC		21:48	
101	355 Andy	Owen	SM	U/A		21:50	22:57
102	221 Becky	Hampson	SF	U/A		21:50	
103	195 Nicola	Woods	SF	Birchfield		21:54	
104	419 Anthony	Conniff	SM	U/A		21:54	
105	94 Neil	Wilkes	M40	Centurion RC		21:54	
106	72 Luke	Watkins	SM	Stratford Upon Avon		21:55	24:25
107	190 Heather	Fooks	F45	Solihull & SH		21:57	22:17
108	175 Grace	Healey	F20	Centurion RC	1st FU20	21:59	
109	69 Sharon	Townley	M35	Centurion RC		21:59	22:11
110	191 Jean	Flemming	F45	Solihull & SH		22:05	22:28
111	423 Chris	Harlan-Marks	SM	Bournville H		22:07	
112	396 Paul	Archer	M55	Birmingham Rowheath	1st M55	22:08	
113	40 Laura	Leslie	SF	Bournville H		22:09	22:13
114	184 Alan	Britton	M55	Birchfield		22:15	
115	422 Caroline	Harlan-Marks	SF	Bournville H		22:28	
116	138 Roshan	Lal-Banga	M45	Birchfield		22:34	
117	98 Andrew	Balderson	SM	Bournville H		22:38	
118	424 Megan	Harris	SF	Sparkhill H		22:38	
119	45 Marilyn	Maidment	F55	Centurion RC	1st F55	22:43	
120	354 Jess	Saunders	F17	Birmingham Rowheath		22:45	22:33
121	180 David	Haynes	SM	Centurion RC		22:47	
122	192 Karl	Roberts	M40	Bournville H		22:53	
123	187 Rachael	Campbell	SF	Birchfield		22:57	22:31
124	194 Terry	Doherty	M50	Bournville H		23:00	
125	347 Michale	Oliver	M45	Stratford Upon Avon		23:01	
126	59 David	Sansom	M50	BRAT		23:06	24:28
127	351 David	Herbert	SM	Birmingham Rowheath		23:13	22:52
128	35 Darren	Ingley	M40	Centurion RC		23:21	23:44
129	189 Graeme	Beavers	M45	Bournville H		23:27	
130	183 Andrew	Turner	SM	Stratford Upon Avon		23:28	
131	216 Emma	Brady	F35	BRAT		23:29	24:18
132	9 Paul	Cornock	M45	Centurion RC		23:37	23:55
133	53 Barrie	Roberts	M65	Bournville H		23:51	25:07
134	178 Joseph	Stone	SM	U/A		23:51	
135	71 Graham	Watkins	M65	Stratford Upon Avon		24:01	24:31
136	420 Maggie	Curtis	F40	Bournville H		24:01	
137	301 Tony	Molloy	M50	Birchfield		24:28	
138	341 Margaret	Ehrenberg	F55	Sparkhill H		24:39	
139	85 Kevin	Morris	M40	Centurion RC		24:39	24:55
140	352 Rachel	Morris	SF	Birchfield		24:50	
141	77 Chris	Harrison	M55	U/A		25:02	
142	81 Manisha	Parmar	F35	Sparkhill H		25:05	
143	409 Lauren	Jones	SF	Bournville H		25:08	
144	181 Lynton	Bradley	M60	Centurion RC		25:10	25:30
145	8 Graham	Cooper	M75	Sparkhill H		25:12	25:39
146	186 Mark	Cooper	M50	Amazing Feet		25:14	
147	196 Joanne	Ribchester	F35	Bournville H		25:22	
148	100 Jane	Plant	SF	Centurion RC		25:27	
149	348 Bea	Pavlovic	F45	Birmingham Rowheath		25:29	
150	95 Barry	Roberts	M65	Birchfield		25:42	
151	199 Vicki	Timms	SF	Saracens RC		25:46	
152	357 Julie	Delehatye-Sla	SF	Bournville H		25:48	
153	73 Sharon	Weldon	F45	Bournville H		26:03	26:55
154	349 Kate	Brooks	F35	Bournville H		26:10	27:00
155	223 Lesley	Proctor	F45	Bournville H		26:34	
156	344 Philomena	Williamson	F50	Bournville H		26:42	27:07
157	340 Lizi	Snushall	F45	BRAT		27:28	
158	54 Hilary	Roberts	SF	Bournville H		27:31	28:18
159	197 Zoe	Hodge	SF	Saracens RC		27:43	
160	224 Maria	Wilkes	F40	U/A		28:09	
161	320 S	Singh	M65	Birchfield		28:28	
162	38 Trudy	Leach	F45	Centurion RC		28:32	28:50
163	23 Bob	Eaton	M50	Centurion RC		28:32	28:50
164	51 Lesley	Pymm	F55	Bournville H		29:58	29:47
165	300 Andrea	Black	F40	Birchfield		31:00	
166	185 Carol	Frain	F60	Birchfield		31:05	
167	91 John	Summerston	M70	Birchfield H		36:42	
	10 Andy	Crawford	M45	Bournville H		dnf	dnf
	11 Nicola	Cumley	SF	Bournville H		dns	21:26
	27 Tarlochan	Gill	M35	Centurion RC		dns	21:22
	3 Tracy	Alderson	F35	Halesowen		dns	20:58
	32 Paul	Hurcombe	M50	Birmingham Rowheath		dns	22:07
	42 Kathy	Ling	F65	Wrekin RR		dns	39:53
	47 Martin	Matthews	SM	Birmingham Rowheath		dns	16:04

50 Sarah	Price	SF	Birmingham Rowheath	dns	24:32
55 Sarah	Rock	SF	Bournville H	dns	21:32
57 Vince	Rollason	M55	Bromsgrove & Redditch	dns	20:32
67 Ian	Thomas	M45	UKNetRunner	dns	19:52
70 Edmund	Wallace	SM	Centurion RC	dns	21:21
	Jon	Pepper	SM	Uni. Of Birmingham	14:55
	Paul	Thompson	M20	Birmingham Rowheath	15:14
	James	Trollope	SM	Birchfield	15:22
	Ryan	Kenny	SM	Coventry G	15:35
	Matt	Grainger	SM	Uni. Of Birmingham	15:43
	Mike	Cadman	M50	Bournville H	15:46
	Nathan	Elliott	SM	Uni. Of Birmingham	15:48
	Adam	Watt	SM	Birchfield	15:50
	Greg	Divall	M20	Birchfield	15:57
	Peter	Whitehouse	M20	Birchfield	15:58
	Damian	Carr	SM	Coventry G	16:05
	Matt	Baylis	M20	Birmingham Rowheath	16:39
	Robin	Biles	SM	Birmingham Rowheath	16:59
	Dean	Hill	SM	Tipton	17:13
	Nick	Hardy	M20	Birchfield	17:37
	Frank	Handy	SM	Birchfield	17:44
	Mark	Pearce	SM	Sparkhill H	17:53
	Steven	Lidgate-Taylor	SM	Solihull & SH	18:03
	Andrew	Saker	M45	Bournville H	18:24
	Jamie	Cozens	M17	Sphinx AC	18:28
	Asker	Jeukendrup	SM	BRAT	18:43
	Edward	Milbourn	SM	Coventry G	18:46
	Harry	Trollope	M20	Birchfield	19:08
	Andrew	Dippie	M45	Telford H	19:11
	Adam	Money	M40	Centurion RC	19:13
	Andy	Edgar	SM	Bournville H	19:16
	Linda	Howell	SF	Bournville H	19:20
	Wendy	Daniels	F35	U/A	19:31
	Paul	Froggatt	M40	Solihull & SH	19:34
	Adam	Lightfoot	SM	U/A	19:49
	Lindsey	Baker	F20	Birchfield	19:50
	Marianne	Hensman	SF	Bournville H	19:56
	Nick	Bent	M45	U/A	20:05
	Rebecca	Freeman	SF	Solihull & SH	20:07
	Naomi	Eaton	SF	Birchfield	20:12
	David	Jones	M55	W. Bromwich H	20:19
	David	Hewett	SM	Birmingham Rowheath	20:21
	Dan	O'Mara	SM	Bournville H	20:30
	David	Pearson	M45	Centurion RC	21:01
	Sian	Harrison	SF	Birmingham Rowheath	21:11
	Stephen	Thompson	M45	U/A	21:11
	Steve	Bach	M60	MMAC	21:12
	Rob	Dowse	SM	U/A	21:31
	Stella	Denniss	SF	Bournville H	21:44
	Paul	Meigh	SM	U/A	21:46
	Gareth	Maguire	M17	Tipton H	22:18
	Mark	Lynock	M40	Bournville H	22:19
	Louise	Harman	SF	Birchfield	22:33
	Charlie	Hanson	M45	Greens RC	22:47
	Paul	Edwards	M50	Birmingham Rowheath	22:55
	Steve	Meigh	SM	U/A	23:08
	Peter	Barton	M50	Bournville H	23:09
	James	Gittins	M40	Bournville H	23:09
	Jennifer	Foster	SF	Solihull & SH	23:22
	Krissie	Newton	SF	Sparkhill H	24:02
	Georgina	Meigh	SF	U/A	24:03
	Jen	Aston	F40	Tipton	24:35
	Rachel	Denham	SF	Birchfield	24:41
	Emily	Holden	SF	Bournville H	24:47
	Daniel	Murphy	SM	U/A	25:23
	Geoff	Wheeler	M65	Centurion RC	25:35
	Ajmer	Kang	SM	Sparkhill H	25:41
	Steve	Tinklin	M50	Centurion RC	25:55
	Asa	Slatford	SM	U/A	26:28
	Sarah	Howell	SF	Bournville H	26:33
	Lisa	Beard	F35	U/A	26:50
	Adrian	Howell	SM	U/A	27:38
	Dylan	Caroll	SM	U/A	27:46
	Duncan	Paxman	SM	U/A	27:59
	John	Butler	M60	Stratford Upon Avon	28:28
	Karen	Millington	F35	Halesowen	30:07
	Declan	Coyle	SM	U/A	dnf
	Jo	Marsh	SF	BRAT	dnf