

BIRMINGHAM ROWHEATH A.C. CLUB RECORDS

TO : 31-08-2008

(INCORPORATING BOROUGH OF SANDWELL A.C., HARBORNE H., WARLEY A.C. and ROWHEATH H.)

EVENT	SENIOR MEN	U-20 MEN	U-17 MEN	U-15 BOYS	U-13 BOYS	VETERAN MEN	SENIOR LADIES	U-20 LADIES	U-17 LADIES	U-15 GIRLS	U-13 GIRLS	VETERAN LADIES
100m	Karl FORDE 10.6 29-06-2002	Karl FORDE 10.6 29-06-2002	Karl FORDE 10.65 15-08-99	Jermaine FRANCIS 11.3 03-05-89	Martin BENNETT 13.5 xx-xx-84	Joe LEWIS/ Gareth DALEY 12.1s xx-06-84/08.06.2007	Kanisha HECTOR 12.15s 12-07-2008	Kanisha HECTOR 12.15s 12-07-2008	Kanisha HECTOR 12.15s 12-07-2008	Deborah PIPER 12.6s 13-06-82/08-07-2007	Lorraine HOSKINS 13.1 (100m) 11-07-01 Lorraine HOSKINS 10.1 (75m) 22-07-01	Mel JAMES 13.9s 08-07-2007
200m	Karl FORDE 21.72s 11-08-02	Karl FORDE 21.72s 11-08-02	Karl FORDE 21.92s 30-05-99	John LUTWYCHE 23.00s 14-06-2008	Kane HUSBANDS 28.0 02-07-00	Joe LEWIS 24.6 03-07-83	Kanisha HECTOR 24.85s 25-05-2008	Kanisha HECTOR 24.85s 25-05-2008	Kanisha HECTOR 24.85s 25-05-2008	Kanisha HECTOR 25.6s 08-07-2006	Debra DOWNIE 28.2 (200m) 24-06-01 Lorraine HOSKINS 19.6 (150m)01/07/01	Mel JAMES 27.6s 08-07-2007
400m	George FRASER 47.63 22-06-88	Andrew MYATT 47.9 1982	Paul LUDLOW 50.3 1983	Chris EDGINGTON 55.1 19-07-98	Mark LEWIS 68.9 17-04-89	Mike PLUMMER 52.8 16-06-99	Julie SWANN 56.6 16-07-85	Leanne ALLEN 57.7 14-06-98	Anna STANTON 59.1(400m) 1986 Leanne ALLEN 41.23 (300m) 24-05-97	300m Claire BALLYN 43.4s 16-07-98	300m Tessa LOFTUS 46.5s 26-07-00	Mel JAMES 61.16s 29-07-2007
800m	Andrew MYATT 1.47.53 26-07-89	Andrew MYATT 1.48.5 1982	Andrew MYATT 1.56.0 1979	Daniel WITHERWICK 2.06.81 23-08-97	Andrew MYATT 2.10.5 1976	Adrian ISZATT 2m.04.5s 01-07-06	Julie SWANN 2.14.8 06-86	Tessa Loftus 2m 17.95s 7-2-2004	Tessa Loftus 2m 17.9s 16.05.2004	Anna STANTON 2.25.3 1983	Tessa LOFTUS 2.29.3(800m)23-07-00 Tessa LOFTUS 1.51.6 (600m) 16-04-00	Maura QUILL 2.28.2 13-06-96
1500m	Andrew MYATT 3.45.22 02-09-89	Andrew MYATT 3.56.5 09-82	Paul Thompson 4m 01.2s 003-08-2008	Daniel WITHERWICK 4m 15.06s 12-07-97	Mark MILES 4.51.5 04-06-89	Adrian ISZATT 4m 10.0s 04-08-06	Tessa Loftus 4m 47.1s 14-07-04	Tessa Loftus 4m 47.1s 14-07-04	Tessa Loftus 4m 47.1s 14-07-04	Davinia DOVE 5.07.3 18-05-97	Davinia DOVE 5.21.1(1500m)15-09-96 Ellen TOAL 3m23.1(1000m)18-05-97	Maura QUILL 61.16s 15-05-97
3000m	Matthew CLARKSON 8.04.01 28-07-90	Paul THOMPSON 8m 39.32s. 31-08-2008	Paul THOMPSON 8m 39.32s. 31-08-2008	Adrian SMITH 9.30.5 09-09-90		Steve HEWETT 8.42 xx-xx-xx	Anita GITTINGS 10.24.0 08-86	Natalie EDWARDS 11.21.9 15-06-97	Natalie EDWARDS 11.21.9 15-06-97			Sibel MURRAY 11.03.0 24-04-88
5000m	Matthew CLARKSON 14.37.6 09-09-89	James WALSH 15.44.2 08-05-99	Steve WILKES 17.00.0 xx-xx-84			Keith STEBBINGS 16.00.5 07-09-89	Karen GURNEY 19.08.0 1987					
10000m	Henryk PIOTROWSKI 31.28.2 24-06-90					John LLEWELLYN 34.02.0 07-07-91						
SPRINT HURDLES	Michael LOIZIAS 14.50 27-05-90 (110mH)	Michael LOIZIAS 14.2 11-07-87 (110mH@99cm)	James PEET 13.61 11-07-98 (100mH)	James PEET 11.8 29-06-97 (80mH)	Steven MORAN 16.41 23-04-94 (75mH)	Mike PLUMMER 19.1s 07-08-99	Sara STANLEY 15.4 24-04-94 (100mH)	Liz WHALLEY 15.3 16-05-81 (100mH)	Christine WALKER 12.9 16-06-81 (80mH)	Jane STEVENS 12.6 10-05-83 (75mH)	Elizabeth JONES 15.3(75mH) 26-04-92 Emily Mousley 14.3s(70mH) 10-04-05	
400mH	Martin MAYNARD 53.52 13-07-91	Martin MAYNARD 54.55 26-05-90	Martin MAYNARD 58.0 26-06-88			Mike PLUMMER 60.2s 13-06-99	E WHALLEY/E YOUNG 68.2 17-05-81/25-08-2002	WHALLEY/E YOUNG 68.2 17-05-81/25-08-2002	Elizabeth WHALLEY 68.2(400mH)17-05-81 Sandra PLUMMER 51.5 (300mH)22-07-92			
3000m S/C	Narczy PIOTROWSKI 9.22.2 1983	Henryk PIOTROWSKI 5.57.0 07-84	Steve WILKES 4.40.0 15-06-85			Richard GRAY 6.52.7 10.40.8 20-07-01 05-06-99 2000m 3000m						
POLE VAULT	Brett ARMSTRONG 4.60m 03-06-95	Brett ARMSTRONG 4.60m 03-06-95	Alex THOMAS 4.20m 12-07-96	Alex THOMAS 3.15m 18-06-94			Hilary SMITH 2.90m 03-08-97		Shelley BARNES 2.20m 24-08-96	Fiona LOFTUS 1.79m 14-03-99		
HIGH JUMP	Denham WILLIAMS 2.06m 11-08-90	Kenneth LITTLE 1.95m 1979	Alan ROSE 1.90m 1977	D Drummond A Thomas R Sullivan T Hawkins T Peet,D Loud 1.60m 24-06-90 1994 27-06-93	Edward HARDMAN Scott COLLETT 1.25m 17-04-89	Mike BILSON 1.45m 14-05-98	Elizabeth WHALLEY 1.61m 12-04-81	Elizabeth WHALLEY 1.61m 12-04-81	Elizabeth WHALLEY 1.61m 12-04-81	Sandra PLUMMER 1.45m 04-06-89	Emily MOUSLEY 1.25m 22-06-05	Pam McIVOR Julia TYLER 1.10m 17-04-88 05-05-94
LONG JUMP	Marlon LEWIS 7.55m 13.06.2004	Marlon LEWIS 7.47m 30-06-02	Marlon LEWIS 7.02m 15-07-00	Marlon LEWIS 6.06m 31-08-98	Robbie Dale 4.41m 13-07-05	Mike PLUMMER 5.25m 19-08-1999	Claire BALLYN 5.17m 30-05-99	Claire BALLYN 5.17m 30-05-99	Claire BALLYN 5.17m 30-05-99	Claire BALLYN 5.12m 16-08-98	Debra DOWNIE 4.41m 20-06-2001	Sue SHORT 3.47m 04-06-89
TRIPLE JUMP	Darren PARKE 15.11m 17-08-91	John TILT 14.33m 15-07-89	James GRIFFITHS 13.03m 14-06-2008	John LUTWYCHE 12.00m 14-06-2008		Mike PLUMMER 10.75m 26-06-2000	Patrice HENRY 10.16m 03-08-2008	Patrice HENRY 10.16m 03-08-2008	Patrice HENRY 10.16m 03-08-2008			Sue SHORT 6.25m 20-06-91

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JAVELIN	David WILSON 64.86m 04-09-88	David WILSON 64.86m 04-09-88	Ashley CAUSER 52.94m 21-07-96	Matthew WHEELER 48.64m 17-06-89	Nolan THOMPSON 22.60m 22-07-88	Roy WINDMILL 41.10m 17-07-99	Karen ADDIS 39.04m 19-03-89	Karen ADDIS 39.04m 19-03-89	Karen ADDIS 35.14m 30-08-87	Caroline MONK 33.66m 08-09-90	Emily MOUSLEY 26.87m 29-09-05	Angela HALE 25.20m 12-06-97	
DISCUS	Andrew BRITTAIN 48.96m 19-05-90	Steven HALE 47.72m(1.75K)/42.76m(2K) 10-08-96/17-07-96	Steven HALE 45.70m 11-09-93	Matthew WHEELER 30.50m 04-06-89	Ben JONES 17.07m 11-07-99	David WILLIAMS 35.61m 06-08-2005	Jenny SCOTT 45.07m 15-04-07	Jenny SCOTT 49.27m 01-07-07	Alex HAJIPAVLIS 39.38m 13-08-95	Alex HAJIPAVLIS 39.38m 13-08-95	Alex HAJIPAVLIS 25.90m 19-09-93	Jean WALSH 17.08m 23-04-89	
SHOT PUTT	Steven HALE 13.20m 26-07-00	Steven HALE 3.87m(6.25K)/13.09m(7.26) 11-05-96/06-07-96	Duncan BROWN 12.74m 17-07-94	Duncan BROWN 11.94m 12-09-92	Paul EVANS 8.22m 08-07-90	David WILLIAMS 12.79m 14-05-2005	Jenny SCOTT 11.99m 19-02-2007	Jenny SCOTT 11.99m 19-02-2007	Jenny SCOTT 10.27m 25-07-04	Alex HAJIPAVLIS 11.99m 30-04-95	Alex HAJIPAVLIS 8.96m 11-07-93	Jean WALSH 7.09m 20-06-91	
HAMMER	Kenneth SMITH 52.02m 15-07-89		Carl OSBORNE 35.58m 19-05-90	Carl OSBORNE 36.50m 14-05-89		David WILLIAMS 33.60m 07-05-2005	Karen BAILEY 41.97m 04-07-2004	Jenny SCOTT 40.62m 18-04-05	Jenny SCOTT 34.78m 16-06-04			Dawn GALLAGHER(Snr) 16.78m 21-06-98	
4*100m RELAY	BOOTON/FRASER WILLIAMS/RUSSELL 42.6 08-09-91		C BANNER/J PEET M LEWIS/ K FORDE 45.5s 12-09-99	J WALTERS/J HAMMOND C BARBER/M LEWIS 48.6 28-6-98	WHITTEN/REYNOLDS CALDICOTT/COX 56.4 26-06-89		G PERRY/D ALLEN B DOSANJH/C BALLYN 50.3 02-05-99		G PERRY/D ALLEN S WINDMILL/C BALLYN 50.4 18-07-99	C BALLYN/S SMITH D DOVE/S WINDMILL 53.1 28-06-98	S-M LONG/D DOWNIE H WARD/L HOSKINS 55.4s 01-07-01		65.9 1989
4*400m RELAY	ALVES/FRASER MYATT/SMITH 3.16.53 04-03-89	STOCKTON/MAYNARD RUSSELL/COCKERILL 3-28.45 04-03-89	COCKERILL/MAYNARD GLADWIN/ROCK 3.35.3 29-08-88	STATEN/EDGINGTON LEWIS/WALTERS 3m51.6 19-07-98		TREVOR/HILL McQUADE/McIVOR 4-07.1 02-07-92	P Robson/N Edwards L Allen/D Gallagher 4m20.5 17-05-1998						Kim Fowler/Julia Rolfe Maura Quill/Carol Cartlan 5.11.0 07-08-97
MULTI EVENTS	Decathlon Kenneth LITTLE 5538 1989	Decathlon Gerard CHIARIELLO 5582 1989 Indoor Heptathlon Sam Hart 4036pts 11/12.02.2006	Octathlon Matthew WHEELER 4126 16/17-09-90						Heptathlon Ann-M NARANJAN 3493 07-90	Pentathlon Emily Mousley 2286 25-06-2006	Quadathlon Emily MOUSLEY 1610pts 19-06-05		
ROAD 1 MILE	Nigel DAVEY 4m10.0 xx-07-92											VET WOMEN O/40	Sally JOHNSON 5m.12 xx-06-93
ROAD 5 KM	Nick PRICE 14.50 xx-xx-xx	Jack GRAY 15m40s 18-07-2008	Jack GRAY 15m40s 18-07-2008	John VENABLES 17m 00s 10-07-2008 VET MEN O/60&O/70 Clive WESTON/Denis KEOGH 21.45.0/ 22m35 11-06-98/05-04-99	VET MEN O/50 Steve HEWETT 15m50s 14-08-2003	Steve HEWETT 15.16.0 13-06-93	Lesley TURNER 17.48.0 09-07-98	Fiona MELLOR 20m 22s 10.07.2008	Jess Saunders 20m23s 12.06.2008	Jess Saunders 20m46s 12.07.2007			Sally JOHNSON 18m.14 xx-10-91
ROAD 5 MILES	Nigel DAVEY 24.39 xx-05-93			Clive WESTON 37m.59 19-08-98	Steve HEWETT 27m 39s 26-06-2002	Steve HEWETT 24.52.0 14-04-91	Lesley TURNER 28m.46 07-02-93						Sally JOHNSON 29m.58 29-12-92
ROAD 10 KM	Brian McEVOY 30.3 xx-xx-90	Daniel Hughes 34m 42s 22-08-2004		Clive WESTON 44.39.0 14-06-98	J LLEWELLYN 35m.12 28-09-96	Colin CARTLAND 31.10.0 xx-09-92	Lesley TURNER 36m.23 06-08-97		Fiona MELLOR 43m03s 01-10-2006		Mary JAMES 42m.56 24-02-91		Sally JOHNSON 36m.44 23-02-92
ROAD 10 MILES	Brian McEVOY 49.46 xx-xx-90			Arthur CROSSLAND/Denis KEOGH 1hr.17.42/1h28m32s 10-09-89/02-05-99	John TYLER 1hr 02.22 xx-xx-89	Colin CARTLAND 51m.03 17-11-93	Lesley TURNER 58m.19 04-12-93				Magdalene SLOAN 1hr 21m 02s 10-11-91		Sally JOHNSON 1hr 04.xx xx-09-93
HALF MARATHON	Brian McEVOY 1hr06.04 xx-xx-89			Denis KEOGH(0-70) 1hr.36m 08s 27-09-98	Henry SOUTHWORTH 1hr 27.35 28-07-96	Colin CARTLAND 1hr.08.00 xx-08-92	Lesley TURNER 1hr 15.48 25-09-93	Fiona MELLOR 1h 36m28s 16-3-2008			Beverley HART 1hr 48m43s 19-09-99		Sally JOHNSON 1hr 23.40 xx-03-93
ROAD 20 MILES	Andy KENCHINGTON 1hr54.30s 09-03-2003			Arthur CROSSLAND 3hrs 25.56 23-03-91	Henry SOUTHWORTH 2hrs 26.10 05-03-95	John WARD 2hrs 07.24 xx-xx-90	Lesley TURNER 1hr 59.29 20-03-94						
MARATHON	Nick PRICE 2hr19.42 xx-04-90			Denis KEOGH(0-70) 3hrs 29m04s 26-10-98	Terry BEVAN 3hrs 05.32 27-10-92	Colin CARTLAND 2hrs 29.xx 12-04-92	Lesley TURNER 2hr.41.09						

AMENDMENTS OR ADDITIONS TO GORDON AINSLEY