

**COACH EDUCATION PROGRAMME – West Midlands – 2005/06**

| Course Date                                  | Code                     | Venue   | Time        | Availability |
|--|--------------------------|---|-------------|--------------|
| <b>Level 1 – Assistant Coach</b>             |                          |   |             |              |
| 16 Sept '06                                  | WM1088                   | Alexander Stadium, Birmingham                               | 0900-1700   | Yes          |
| 14 Oct '06                                   | WM1089                   | Priory School, Shrewsbury                                   | 0900-1700   | Yes          |
| 4 Nov '06                                    | WM1090                   | Warwick University, Coventry                                | 0900-1700   | Yes          |
| 11 Nov '06                                   | WM 1093                  | Alexander Stadium, B'Ham                                    | 0900-1700   | Yes          |
| 7 Jan '07                                    | WM 1095                  | Warwick University, Coventry                                | 0900-1700   | Yes          |
| 27 Jan '07                                   | WM1091                   | Tamworth A.C.   | 0900-1700   | Yes          |
| 3 Feb '07                                    | WM 1094                  | Alexander Stadium, B'Ham                                    | 0900-1700   | Yes          |
| 28 April '07                                 | WM1096                   | Warwick University, Coventry                                | 0900-1700   | Yes          |
| <b>Level 2 Core Modules</b>                  |                          |   |             |              |
| 9/10 Sept '06                                | WM228                    | Alexander Stadium, Birmingham                               | 0900-1700   | Yes          |
| 21/22 October '06                            | WM229                    | Warwick University, Coventry                                | 0900-1700   | Yes          |
| 28/29 October '06                            | WM230                    | Northwood Stadium, Stoke on Trent                           | 0900-1700   | Yes          |
| 11/12 November                               | WM 232                   | Droitwich H.S. Worcs.                                       | 0900-1700   | Yes          |
| 13/14 Jan '07                                | WM 233                   | Alexander Stadium, B'Ham                                    | 0900-1700   | Yes          |
| 24/25 Feb '07                                | WM231                    | Tamworth A.C.   | 0900-1700   | Yes          |
| 17/18 March '07                              | WM234                    | Warwick University, Coventry                                | 0900-1700   | Yes          |
| <b>Level 2 Event Modules and Assessments</b> |                          |   |             |              |
| 9 September '06                              | WM/2/S226 & WM/2/E226    | Level 2 Speed & Endurance<br>Alexander Stadium, Birmingham. | 0900-1700   | Yes          |
| 2 December '06                               | WM/2/T/229<br>WM/2/J/229 | Alexander Stadium, Birmingham                               | 0900-1700   | Yes          |
| 17 Feb '07                                   | EM/2/S232<br>&EM/2/E232  | Level 2 Speed & Endurance<br>Loughborough University        | 0900 - 1700 | Yes          |
| <b>Level 3 &amp; 4 Core Modules</b>          |                          |   |             |              |
| 14/15 Oct '06                                | WM/3/1/003               | Level 3 phase 1, Tamworth Athletics Club, Staffs            | 0900-1700   | YES          |
| 21 Oct '06                                   | WM/4/1/003               | Solihull School   | 0900-1700   | YES          |
| 24/25 March '07                              | WM/3/2/004               | Level 3 phase 2, Loughborough University                    | 0900-1700   | YES          |

**Stand Alone Modules**

| Course Date       | Module                         | Code       | Venue                         | Availability  |
|-------------------|--------------------------------|------------|-------------------------------|---------------|
| 3 September '06   | Children in Athletics          | WM/CIA/21  | Rowley Park Stadium, Stafford | Yes           |
| 7 October '06     | Fitness in Running & Walking   | WM/FIRW/04 | Alexander Stadium, Birmingham | Yes           |
| 14/15 October '06 | Strength & Conditioning Course | WM/SC/02   | Alexander Stadium, B'Ham      | Limited to 12 |
| 28 October '06    | Eating Disorders               | EM/ED/01   | Loughborough University       | Yes           |

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**COACH EDUCATION PROGRAMME – West Midlands – 2005/6**

**COST OF COURSES**

(non refundable – unless cancelled by UK Athletics but can be transferred)

**Level 1** - £50 per person - 1 day no assessment

**Level 2** - £120 per person – 3 days including assessment

**Level 2 Additional Event Modules**-£30 per person no assessment

**Level 3 – Phase 1/2** - £80 per person – 2 days no assessment

**Level 4 – Phase 1** - £80 per person – 1 day (scUK Group Excel)

**Children in Athletics** - £50 per person – 1 day including assessment

**Fitness in Running & Walking** - £50 per person - 1 day no assessment

**Strength & Conditioning** - £100 per person – 2 day no assessment

**Mentoring** - £80 per person – 2 day no assessment

**HOW TO BOOK ON A COURSE**

**New Coaches** – must complete a Coach Application/Data Form and return it with passport photograph and payment PRIOR to the course. Forms can be downloaded from [www.ukathletics.net](http://www.ukathletics.net) or by contacting your Regional Education & Training Administrator, details below.

Places are allocated on a first paid first served basis and will proceed provided minimum numbers are met.

**FOR FURTHER INFORMATION & AN APPLICATION FORM CONTACT**

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30 August 2006