

Birmingham Rowheath Athletics Club & University of Birmingham AC
Open Track & Field Series Birmingham University 1 / 5 / 06

Girls 75m U11 Triathlon

1 Nikita Campbell	Birchfield H	11.5
2 Chloe Gayle	Birchfield H	12.0
3 Nikki Mulholland	Birchfield H	12.2
4 Charis Maguire	Tipton H	13.3
5 Lydia Sergiew	Royal Sutton Coldfield	13.7

Boys 75m U13 / U11 Triathlon

1 Rydell Day	Birchfield H	11.6 U11B
2 Ashley Hector	Birmingham Rowheath	12.6 U11B
3 Kiefer Bissell	Birchfield H	12.7 U11B
4 Gareth Hanson	Birmingham Rowheath	12.8 U11B
5 Callum Lee	Birmingham Rowheath	12.9 U13B
6 Keegan Bissell	Birchfield H	14.1 U11B

Girls 75m U13 Triathlon

1 Elise Austin	Birchfield H	10.9
2 Charlotte Davis	Rugby & North	11.4
3 Tamara Johnson-Jones	Birmingham Rowheath	11.5
4 Kathryn Smith	Royal Sutton Coldfield	11.7
5 Gabriel Kinney	Royal Sutton Coldfield	12.3
6 Carly Sergiew	Royal Sutton Coldfield	12.4
7 Sophie Hazelwood	Rugby & North	12.6

Sen Women & U17 & U15 Girls 100m

1 Kaniesha Hector	Birmingham Rowheath	13.2 U15G
2 Lillie Gregg	Birmingham Rowheath	13.3 U17W
3 Shelley Hazelwood	Rugby & North	13.6 U15G
4 Sophie Wright	Rugby & North	13.6 U15G
5 Tayo Akindeinde	Birmingham Rowheath	14.8 U15G
6 Belinda White	U/A	16.2 SW

Senior & U20 / U17 Women

1 Charmaine Riley	Royal Sutton Coldfield	12.6 SW
2 Victoria Barr	Rugby & North	12.6 SW
3 Helen Watkinson	Birmingham Rowheath	13.3 U17W
4 Donna Shorthouse	Notts AC	13.4 SW
5 Louise Feeney	Amber Valley	13.7 U20W

Mens 100m U17 / U15

1 Ben Newman	Birchfield H	12.4 U17M
2 Shane Henry	Birchfield H	13.4 U15B
3 Chris Prince	Birchfield H	14.7 U17M
4 Adam White	Nuneaton H	15.6 U17M

Mens 100m

1 Matt Dewsbury	Birchfield H	11.7 SM
2 Shem Nelson	Birchfield H	11.7 U20M
3 Dalton Powell	Notts AC	12.0 M40
4 Jason Woodley	Birchfield H	12.0 U20M
5 Dave Pope	DASH	12.8 SM
6 Tando Bala	Birmingham Rowheath	15.3 SM-CP

Girls 150m U13 & U11

1 Rebecca Davies	Rugby & North	21.7 U13G
2 Elise Austin	Birchfield H	21.8 U13G
3 Tamara Johnson-Jones	Birmingham Rowheath	22.7 U13G
4 Kathryn Smith	Royal Sutton Coldfield	24.0 U13G
5 Kayley White	Nuneaton H	24.1 U13G
6 Chloe Gayle	Birchfield H	24.1 U11G
7 Carly Sergiew	Royal Sutton Coldfield	25.4 U13G

Boys 150m U13 / U11

1 Myles Morris	Birchfield H	21.8 U13B
2 Cameron Moore	Birmingham Rowheath	22.6 U13B
3 Kiefer Bissell	Birchfield H	25.5 U11B
4 Gareth Hanson	Birmingham Rowheath	25.9 U11B
5 Callum Lee	Birmingham Rowheath	27.4 U13B

Girls 200m U15

1 Kaniesha Hector	Birmingham Rowheath	26.8 U15G
2 Jenny White	Worcester	27.4 U15G
3 Shelley Hazelwood	Rugby & North	28.2 U15G
4 Tayo Akindeinde	Birmingham Rowheath	29.7 U15G

Womens 200m

1 Charmaine Riley	Royal Sutton Coldfield	25.6 SW
2 Victoria Barr	Rugby & North	25.6 SW
3 Liz Checkley	Tamworth AC	27.4 U20W
4 Donna Shorthouse	Notts AC	27.5 SW
5 Melanie Gregg	U/A	29.5 SW

Mens U17 / U15 200m

1 Matt Timothy	Coventry Godiva	25.5 U17W
2 Shane Henry	Birchfield H	27.6 U15B
3 Chris Prince	Birchfield H	30.4 U17M
4 Adam White	Nuneaton H	32.0 U17M

Mens 200m A

1 Aaron Aplin	Notts AC	22.9 SM
2 Matt Dewsbury	Birchfield H	23.0 SM
3 Shem Nelson	Birchfield H	23.4 U20M
4 Dalton Powell	Notts AC	24.2 M40
5 Pardeep Bains	Leamington C&AC	24.4 SM

Mens 200m B

1 Richard Scott	Banbury H	24.6 U20M
2 Jason Woodley	Birchfield H	24.7 U20M
3 Dave Pope	DASH	25.0 SM
4 Russell Betts	Mansfield	25.1 SM
5 Andrew Beeston	Shrewsbury AC	25.4 SM
6 Chris Hymkow	Bedford	28.2 SM

Mens 200m C

1 Tony O'Brien	Saracen R	29.4 M45
2 Mick George	Saracen R	32.7 M40

Womens 300m Mixed

1 Charlotte Barrington	Kidderminster & Stour	48.9 U17W
2 Kerry Murray	Nuneaton H	50.3 U15G
3 Zoe Ash	Nuneaton H	50.8 U17W

Mens 300m Hurdles

1 Pardeep Bains	Leamington C&AC	40.8 SM
2 Andrew Beeston	Shrewsbury AC	42.9 SM
3 Ian Emery	Birmingham Rowheath	43.7 SM
4 Richard Scott	Banbury H	45.0 U20M
5 Louise Feeney	Amber Valley	50.6 U20W

Senior Women 400m		
1 Laura Cox	Tipton H	60.2 U20W
2 Liz Tipler	Bristol & West	64.5 SW
3 Rosie Hatton	Tipton H	65.9 U20W
4 Louise Feeney	Amber Valley	67.6 U20W
5 Laura Clarke	Birmingham Rowheath	75.1 SW
Senior Mens 400m		
1 James Colclough	Kidderminster & Stour	52.0 SM
2 David Feeney	Amber Valley	53.6 U20M
3 Nick Spargo	Tamworth AC	54.0 SM
4 Richard Henry	Birchfield H	55.2 SM
5 Chris Hymnkow	Bedford	55.6 SM
6 Ian Emery	Birmingham Rowheath	56.4 SM
Mens 400m U17 & U15		
1 Jason Wood	Birmingham Rowheath	60.1 U17M
2 Robert White	Nuneaton H	67.5 U15B
3 Adam White	Nuneaton H	67.6 U17M
Girls & Boys 600m U13 / U11 Triathlon		
1 James Wright	Rugby & North	1.48.8 U13B
2 Myles Morris	Birchfield H	1.50.9 U13B
3 Paul Scott	Birmingham Rowheath	1.52.9 U13B
4 Nathan Gray	Nuneaton H	1.53.5 U13B
5 Ben Jennings	Rugby & North	1.54.7 U13B
6 Katie Mulholland	Birchfield H	2.08.4 U13G
7 Adam Wright	Rugby & North	2.08.4 U11B
8 Elena Howard	Tamworth AC	2.13.3 U11G
9 Stacie Mulholland	Birchfield H	2.33.7 U11G
BMC 800m		
1 Neil Hawkins	Stratford AC	1.56.1 SM
2 Anthony Gray	Birmingham Rowheath	1.58.0 U20M
3 Thomas Meakin	OWLS	1.58.3 SM-U23
4 James Trollope	Birchfield H	1.58.5 U20M
5 Alex Bostock	Notts AC	1.59.3 SM
6 Andrew Renfree	Shaftesbury + Barnet	1.59.3 SM
7 Fred Tremblay	Royal Sutton Coldfield	1.59.5 SM
8 Phil Clamp	Royal Sutton Coldfield	2.06.0 SM
9 Aaron Aplin	Notts AC	2.11.6 SM
Mens / Womens Mixed 800m		
1 Mark Oldham	Southend	2.03.7 M40
2 Adrian Iszatt	Birmingham Rowheath	2.09.4 M40
3 Rob Vaughan	Birmingham Rowheath	2.13.7 SM
4 Jim Feeney	Amber Valley	2.19.6 M45
5 Alex Hunter	Amber Valley	2.20.5 U15G
6 Joel Hatton	Tipton H	2.24.7 U15B
7 Jack Gray	Birmingham Rowheath	2.28.0 U15B
8 Alex Kavanagh	Charnwood	2.28.5 U15B
9 Daniel Hughes	Birmingham Rowheath	2.43.0 SM
Mens / Womens Mixed 800m		
1 Andrew Timothy	Saracen R	2.32.9 U15B
2 Lee Taylor	Cent R	2.33.2 U17M
3 Robert White	Nuneaton H	2.37.5 U15B
4 Sam Prosser	Saracen R	2.44.1 U15B
5 Katie Paston	Nuneaton H	2.46.8 U15G
6 Lucy Jennings	Royal Sutton Coldfield	2.47.7 U15G
7 Jack Edwards	Saracen R	2.50.9 U15B
8 Emily Waugh	Rugby & North	2.51.9 U15G
9 Emily Evans	Birchfield H	3.09.5 SW
Boys & Girls 1200m U13 / U11		
1 Sadia Hambley	Solihull & Small Heath	4.11.5 U13G
2 Laura Muth	Birchfield H	4.23.0 U13G
3 Abbe Mernagh	Saracen R	4.29.5 U13G
4 Gabriel Kinney	Royal Sutton Coldfield	4.30.5 U13G
5 Ben Prosser	Saracen R	4.32.0 U13B
6 Lydia Sergiew	Royal Sutton Coldfield	5.02.4 U11G
7 Thomas Eustace	Royal Sutton Coldfield	5.04.1 U11B
Mixed 1500m		
1 Russell Betts	Mansfield	4.07.9 SM
2 Carl Dunn	West Midland Police	4.24.8 SM
3 Matt Timothy	Coventry Godiva	4.37.8 U17M
4 Harvey Maguire	Tipton H	4.39.4 U17M
5 Luke Cleaver	Coventry Godiva	4.45.4 U15B
6 Jon Hunt	Birmingham Rowheath	5.06.3 U15B
7 Ian Gower	Saracen R	5.07.9 M40
8 Tony O'Brien	Saracen R	5.17.4 M45
9 Tania White	Nuneaton H	5.22.8 U15G
Mens / Womens 3000m		
1 Steven Hepples	Newham & Essex	8.27.2 SM
2 Mike Cadman	Tipton H	9.15.8 M45
3 Malcolm Eustace	Tipton H	9.38.8 M45
4 Joanne Davis	Deeside	11.22.1 SW
5 Vince Rollason	Bromsgrove & Redditch	11.36.3 M50
6 Louise Harman	Birchfield H	12.44.8 SW
7 Claire Beaumont	Birchfield H	13.06.3 SW
High Jump		
1 Charlotte Barrington	Kidderminster & Stour	1.40 U17W
1 Andrew Beeston	Shrewsbury AC	1.80 SM
1 Colin Bailey	Bolton	1.80 SM
1 Rebecca Davies	Rugby & North	1.30 U13G
1 Katie Mulholland	Birchfield H	1.30 U13G
1 Ben Jennings	Rugby & North	1.25 U13B
2 Paul Scott	Birmingham Rowheath	1.20 U13B

Long Jump

1 Nikita Campbell	Birchfield H	4.00 U11G
2 Chloe Gayle	Birchfield H	3.26 U11G
3 Stacie Mulholland	Birchfield H	3.11 U11G
4 Nikki Mulholland	Birchfield H	3.07 U11G
1 Charlotte Davies	Rugby & North	3.87 U13G
2 Katie Mulholland	Birchfield H	3.83 U13G
3 Rebecca Davies	Rugby & North	3.67 U13G
4 Tamara Johnson-Jones	Birmingham Rowheath	3.43 U13G
5 Sophie Hazelwood	Rugby & North	2.48 U13G
1 Rydell Day	Birchfield H	4.03 U11B
2 Adam Wright	Rugby & North	3.07 U11B
3 Kiefer Bissell	Birchfield H	3.06 U11B
4 Keegan Bissell	Birchfield H	2.32 U11B
1 James Wright	Rugby & North	4.34 U13B
1 Vilda Hirth	Birmingham Rowheath	4.35 U15G
2 Tania White	Nuneaton H	3.68 U15G
1 Lillie Gregg	Birmingham Rowheath	4.68 U17W
1 Melanie Gregg	UJA	4.89 SW
1 Andrew Timothy	Saracen R	4.03 U15B
2 Jack Edwards	Saracen R	3.10 U15B
1 Chris Prince	Birchfield H	3.77 U17M
1 Ioan Hughes	Deeside	6.25 SM
2 Colin Bailey	Bolton	6.21 SM
1 Tando Bala	Birmingham Rowheath	3.26 SM-CP
1 Neil Skelding	DASH	6.03 M35

Discus Competition

1 Shelley Hazelwood	Rugby & North	22.38 U15G
2 Sophie Wright	Rugby & North	19.73 U15G
1 Zoe Ash	Rugby & North	26.58 U17W
2 Hayley Murray	Nuneaton H	22.44 U17W
1 Jenny Scott	Birmingham Rowheath	38.41 U20W
1 Navdeep Dhaliwal	Shaftesbury + Barnet	43.56 SW
1 Joel Capper	Enfield & Harringay	39.56 U20M
2 Simon Whitelock	Birchfield H	36.19 U20M
3 David Feeney	Amber Valley	34.23 U20M
1 Steven Hale	Birchfield H	43.70 SM
1 Kevin Brown	Birchfield H	55.42 M40
1 Tando Bala	Birmingham Rowheath	23.71 SM-CP

Shot Put- Triathlon

1 Nikki Mulholland	Birchfield H	5.00 U11G
2 Nikita Campbell	Birchfield H	4.39 U11G
3 Stacie Mulholland	Birchfield H	3.28 U11G
1 Elsie Austin	Birchfield H	7.25 U13G
2 Carly Sergiew	Royal Sutton Coldfield	7.07 U13G
3 Charlotte Davies	Rugby & North	6.84 U13G
4 Kathryn Smith	Royal Sutton Coldfield	6.47 U13G
5 Jade Bissel	Birchfield H	5.26 U13G
6 Katie Mulholland	Birchfield H	4.30 U13G
7 Sophie Hazelwood	Rugby & North	4.18 U13G
1 Rydell Day	Birchfield H	4.54 U11B
2 Gareth Hanson	Birmingham Rowheath	3.65 U11B
3 Adam Wright	Rugby & North	3.07 U11B
1 Myles Morris	Birchfield H	6.26 U13B
2 Paul Scott	Birmingham Rowheath	6.12 U13B
3 James Wright	Rugby & North	5.93 U13B
4 Ben Jennings	Rugby & North	5.08 U13B
5 Nathan Gray	Nuneaton H	4.08 U13B
6 Callum Lee	Birmingham Rowheath	3.84 U13B

Pole Vault

1 Sophie Gibson	Rugby & North	2.20 U20W
1 Kirsty Bale	Rugby & North	2.40 SW

Hammer

1 Joel Hatton	Tipton H	15.16 U15B
1 Hayley Murray	Nuneaton H	46.10 U17W
2 Zoe Ash	Rugby & North	35.20 U17W
3 Laura McKenna	Nuneaton H	18.08 U17W
1 Jenny Scott	Birmingham Rowheath	33.72 U20W
1 Rachel Gallant	Nuneaton H	35.28 SW
2 Louise Brewster	Birmingham Rowheath	34.07 SW
1 Fiona Smith	Royal Sutton Coldfield	21.05 W35
1 Christine Smith	Nuneaton H	31.09 W50