

**Birmingham Rowheath Athletics Club & University of Birmingham AC**  
**Open Track & Field Series Birmingham University 27 / 6 / 07**

**Boys & Girls 75M U11**

1 Kane Densley	Tamworth	11.2 U11B
2 David Trenkel	Birmingham Rowheath	12.6 U11B
3 Anne Kenchington	Birmingham Rowheath	12.9 U11G
4 Sam Croft	Birmingham Rowheath	13.1 U11B
5 Alice Collier	Birmingham Rowheath	13.8 U11G
6 Ida Willock-Crese	Birmingham Rowheath	19.9 U11G

**Boys & Girls 75M U13**

1 Kerry Murch	Rugby & North	10.8 U13G
2 Elliott Jones	Tamworth	11.4 U13B
3 Sophie Field	Birmingham Rowheath	11.6 U13G
4 Lucy Cinnamond	Royal Sutton Coldfield	12.2 U13G
5 Heather White	City of Stoke	12.3 U13G
6 Miguel Trenkel	Birmingham Rowheath	12.9 U13B

**Womens U17 & U15 Girls 100m**

1 Charmaine Riley	Royal Sutton Coldfield	12.5 SW
2 Sophie Lambert	Uni Birmingham	12.7 U20W
3 Lucy Lougher	Uni Birmingham	12.8 U23W
4 Jo Frost	Bromsgrove & Redditch	13.1 SW
5 Louise Webster	Wolves & Bilston	13.8 SW
6 Sophie Cinnamond	Royal Sutton Coldfield	14.6 U15G
7 Kathryn Smith	Royal Sutton Coldfield	14.7 U15G
8 Amy Fairley	Bromsgrove & Redditch	15.5 SW

**Mens 100m A**

1 David Lima	Birmingham Rowheath	11.8 U17M
2 Dominic Friend	Charnwood	11.9 U17M
3 Shane Henry	Birchfield	12.6 U15B
4 John Lutwyck	Birmingham Rowheath	12.6 U15B
5 Nathaniel Facey	Birchfield	13.1 U15B
6 Paul Scott	Birmingham Rowheath	14.3 U15B
7 Tando Bala	Birmingham Rowheath	14.8 SM-CP

**Mens 100m B**

1 Patrick Jacobs	Bedford	11.8 SM
2 Dave Pope	DASH	12.2 SM
3 Steve Parker	Bristol & West	12.4 SM
4 Andy Poppleton	Worcs	12.5 SM
5 Dan Shinton	U/A	13.3 U20M

**300m Mixed**

1 Tayo Akindeinde	Birmingham Rowheath	47.2 U15G
2 Kathryn Smith	Royal Sutton Coldfield	52.4 U15G

**400m Mens A**

1 Andrew Dean Young	Uni Birmingham	50.3 U23M
2 Steve Parker	Bristol & West	52.2 SM
3 David Hewett	Birmingham Rowheath	52.6 SM
4 James Colclough	Kidderminster & Stour	53.0 SM
5 Dave Hall	Worcs	53.4 SM

**400m Mens B**

1 Justin Grimes	Birchfield	52.5 SM
2 Marc Turner	Birchfield	52.8 SM
3 Nick Hurran	Uni Birmingham	53.1 SM
4 Rhys Pritchard	Kidderminster & Stour	53.7 SM
5 Nick Hazelwood	Halesowen	54.4 SM
6 Matt Bayliss	Birmingham Rowheath	54.6 U20M
7 Andy Poppleton	Worcs	55.1 SM
8 Ian Emery	Birmingham Rowheath	57.9 SM

**400m U17 & U15 Men**

1 Jack Gray	Birmingham Rowheath	60.1 U15B
2 Paul Scott	Birmingham Rowheath	65.0 U15B
3 Nathaniel Bailey	U/A	70.6 U17M

**Womens 400m**

1 Lucy Lougher	Uni Birmingham	58.2 U23W
2 Mel James	Bournville	62.8 W40
3 Louise Webster	Wolves & Bilston	63.0 SW
4 Laura York	U/A	66.0 U20W
5 Marcella Scott	Birmingham Rowheath	69.0 SW
6 Laura Clarke	Birmingham Rowheath	70.8 SW

**BMC 800m A Race**

1 Tom Doe	Lincoln	1.55.0 SM
2 Tom Penfold	Birchfield	1.56.1 U20M
3 D.Henry	Mendip	1.56.4 U20M
4 P.Clark	Carmarthen	1.57.3 SM
5 J.Slade	Southampton	2.00.3 U23M
6 A.Renfree	Shaftesbury Barnet	2.01.7 SM

**BMC 800m B Race**

1 B.Craddock	Leeds	1.57.3 U23M
2 J.Brocklehurst	Stratford	1.57.7 U23M
3 C.Coulsing	Cambridge Uni	1.59.2 SM
4 P.Matthews	Blackburn	1.59.5 U20M

**1200m Race**

1 Ellie Howat	Birchfield	4.27.8 U13G
2 Adam Sale	Birmingham Rowheath	4.31.0 U13B
3 Anne Kenchington	Birmingham Rowheath	4.37.0 U11G
4 Alex Clegg	Birmingham Rowheath	4.42.7 U11B
5 David Trenkel	Birmingham Rowheath	4.47.6 U11B
6 Miguel Trenkel	Birmingham Rowheath	4.48.3 U13B
7 Alice Collier	Birmingham Rowheath	6.06.9 U11G
8 Ida Willock-Crese	Birmingham Rowheath	6.23.2 U11G

**BMC 1500m Mens**

1 Ollie Holden	Halesowen	3.58.9 U23M
2 Steven Waldron	Plymouth	4.00.5 U23M
3 D.Cotterill	Tipton	4.02.8 U20M
4 S.Bowden	Bromsgrove & Redditch	4.09.7 U17M
5 Rob Vaughan	Birmingham Rowheath	4.13.8 SM
6 T.Woodhouse	Salisbury	4.23.4 U20M
7 A.Kaar	Solihull	4.31.0 U23M

**BMC 1500m Women**

1 C.Lancaster	Telford AC	4.57.4 U17W
2 L.Sutton	Birchfield	5.15.5 U15G

**Open 1500m**

1 Lee Slater	DASH	4.17.5 SM
2 Steve Edmonds	Birchfield	4.20.6 SM
3 Steve Ellerton	Royal Sutton Coldfield	4.23.5 SM
4 Fred Tremblay	Royal Sutton Coldfield	4.25.0 SM
5 Jack Gray	Birmingham Rowheath	4.25.1 U15B
6 Paul Thompson	Birmingham Rowheath	4.26.3 U17M
7 Dave Nation	DASH	4.27.4 SM
8 Josh O'Donnell	Birmingham Rowheath	4.47.1 U15B
9 Johnny Venerbals	Birmingham Rowheath	5.03.4 U15B
10 Richard Carney	Birmingham Rowheath	5.33.8 M40
11 Jess Saunders	Birmingham Rowheath	5.38.8 U15G
12 Enya Tabram	Nuneaton	5.47.1 U15G

**Mens / Womens 3000m**

1 Mike Cadman	U/A	9.19.6 M45
2 Lenny Shail	Coventry Godiva	9.51.2 U20M
3 Kevin Woodward	Bournville	10.10.5 SM
4 Dan Morton	Halesowen	10.13.1 U20M
5 Rebecca York	U/A	11.29.0 U20W

**Long Jump**

1 Anne Kenchington	Birmingham Rowheath	2.78 U11G
2 Alice Collier	Birmingham Rowheath	2.72 U11G
3 Ida Willock-Crese	Birmingham Rowheath	2.45 U11G
1 Kane Densley	Tamworth	3.89 U11B
2 Mark James	Birmingham Rowheath	3.16 U11B
3 David Trenkel	Birmingham Rowheath	3.14 U11B
4 Sam Croft	Birmingham Rowheath	2.85 U11B
5 Alex Clegg	Birmingham Rowheath	2.70 U11B
1 Kerry Murch	Rugby & North	4.38 U13G
2 Zoe Gregory	Birmingham Rowheath	3.74 U13G
3 Heather White	City of Stoke	3.52 U13G
4 Sophie Field	Birmingham Rowheath	3.24 U13G
1 Ben Jennings	Rugby & North	3.85 U13B
2 Elliott Hull	Rugby & North	3.82 U13B
3 Miguel Trenkel	Birmingham Rowheath	3.17 U13B

**Pole Vault**

1 Luke Morton	Halesowen	2.60 U15B
1 Nick Crutchley	Halesowen	4.70 U20M
1 Richard Hyde	Halesowen	3.25 SM

**Javelin**

1 Kate Morley	Birchfield	25.11 U13G
2 Kerry Murch	Rugby & North	24.09 U13G
1 Elliott Jones	Tamworth	17.42 U13B
1 Kathryn Smith	Royal Sutton Coldfield	18.82 U15G
1 Craig Murch	Rugby & North	51.69 U15B
2 Josh O'Donnell	Birmingham Rowheath	19.10 U15B
1 Tando Bala	Birmingham Rowheath	21.18 SM-CP

**Hammer**

1 Craig Murch	Rugby & North	51.07 U15B
2 Jimmy Coleman	Gloucs	44.74 U15B
1 Kerry Murray	Nuneaton	37.40 U15G
1 Tim Williams	Gloucs	49.18 U17M
1 Kate Yhnell	Gloucs	45.42 U17W
1 Alexander Warner	Cheltenham	55.65 U20M
1 Hayley Murray	Nuneaton	50.34 U20W
2 Zoe Ash	Rugby & North	40.02 U20W
1 Wayne Powell	Gloucs	56.06 SM
1 Mark Tabram	Nuneaton	28.79 M40

**High Jump**

1 Alex Clegg	Birmingham Rowheath	1.00 U11B
1 Ben Jennings	Rugby & North	1.45 U13B
2 Elliott Hull	Rugby & North	1.20 U13B
3 Elliott Jones	Tamworth	1.15 U13B
1 Mathias Francis	St Georges	1.40 U15B