

Birmingham Rowheath Athletics Club & University of Birmingham AC
Open Track & Field Series Birmingham University 29 / 5 / 06

Girls 75M U11 A		
1 Nikita Campbell	Birchfield H	11.7
2 Nikki Mulholland	Birchfield H	11.8
3 Chloe Gayle	Birchfield H	12.0
4 Stacie Mulholland	Birchfield H	13.4
Girls 75M U11 B		
1 Niamh Conway	Royal Sutton Coldfield	12.5
2 Catlina Thomas	Lincoln Well AC	12.9
3 Karenjeet Bains	Leamington C&AC	13.2
4 Charis Macguire	Tipton H	13.9
Boys 75M U13 / U11 Triathlon		
1 Myles Morris	Birchfield H	11.4 U13B
2 Rydell Day	Birchfield H	11.8 U11B
3 Cameron Moore	Birmingham Rowheath	11.9 U13B
4 Emmett Thompson	Forrest of Dean	12.9 U11B
5 Ashley Hector	Birmingham Rowheath	12.9 U11B
Girls 75m U13		
1 Sadie Forrester	Tipton H	10.9 U13G
2 Elise Austin	Birchfield H	11.1 U13G
3 Katie Mulholland	Birchfield H	11.9 U13G
4 Sophie Hazelwood	Rugby & North	12.9 U13G
Women U17 & U15 Girls 100m		
1 Shelley Hazelwood	Rugby & North	13.6 U15G
2 Lilley Gregg	Birmingham Rowheath	13.7 U17W
3 Elanor Russon	Tipton H	13.9 U15G
4 Megan Patrick	Kettering	14.1 U15G
5 Sophie Vaughan	Birmingham Rowheath	14.2 U17W
6 Shannon Randhawa	U/A	14.3 U15G
7 Zoe Ash	Rugby & North	15.5 U17W
Senior & U20 100m		
1 Donna Shorthouse	Notts AC	13.4 SW
2 Helen Goodhall	University Birmingham	14.0 SW
3 Karen White	Birchfield H	15.0 U20W
4 Muriel Storey	Tamworth AC	16.5 SW
Mens 100m U17 / U15		
1 Adam Thompson	Birmingham Rowheath	12.0 U17M
2 Chris Grant	Birmingham Rowheath	12.9 U17M
3 Shane Henry	Birchfield H	13.3 U15B
4 Chris Prince	Birchfield H	14.2 U17M
5 Thomas Wilson	Notts AC	14.5 U20M- T36
U20 Mens 100m		
1 Luke Baker	Birchfield H	11.5
2 Dwayne Lewis	Birchfield H	11.6
3 Marcus Copeland	Tipton H	12.0
4 Colaine McLeish	Tipton H	12.0
5 Michael Denholm	U/A	13.1
Senior Men 100m A		
1 Aarin Aglin	Notts AC	11.6
2 Shem Nelson	Birchfield H	11.6
3 Alistair Abraham	Bristol & West	11.7
4 Jamie Fletcher	Burton	12.1
5 Pardeep Bains	Leamington C&AC	12.1
Senior Mens 100m B		
1 Ian Emery	Birmingham Rowheath	12.1
2 Donald Macaughly	University Birmingham	12.3
3 Dave Pope	DASH	12.5
4 Andrew Slaughter	Epsom & Ewell	13.6
5 Richard White	Birchfield H	16.3
Girls 150m U11		
1 Chloe Gayle	Birchfield H	24.3
2 Niamh Conway	Royal Sutton Coldfield	25.1
3 Karenjeet Bains	Leamington C&AC	27.0
Girls 150m U13		
1 Elise Austin	Birchfield H	21.5
2 Sadie Forrester	Tipton H	21.6
3 Charlotte Davies	Rugby & North	21.9
4 Kathryn Smith	Royal Sutton Coldfield	23.3
5 Sophie Hazelwood	Rugby & North	26.2
Boys 150m U13		
1 James Wright	Rugby & North	21.3
2 Myles Morris	Birchfield H	21.5
3 Cameron Moore	Birmingham Rowheath	22.8
4 Ben Jennings	Rugby & North	23.7
5 Gareth Macguire	Tipton H	24.1
Girls 200m U15		
1 Shelley Hazelwood	Rugby & North	28.0
2 Ellena Russon	Tipton H	28.5
3 Megan Patrick	Kettering	28.7
4 Shannon Randhawa	U/A	29.6
5 Temilayo Akindeinde	Birmingham Rowheath	33.4
6 Emily Waugh	Rugby & North	34.8
Womens 200m		
1 Rebecca Courtney	Cheltenham	27.4 U20W
2 Donna Shorthouse	Notts AC	27.5 SW
3 Anaise Finck	Worcs AC	27.8 U17W
4 Liz Tipler	Bristol & West	28.8 SW
5 Charlotte Livingstone	University Birmingham	29.7 SW
6 Karen White	Birchfield H	31.7 U20W
7 Zoe Ash	Rugby & North	32.3 U17W
Mens 200m Mixed		
1 Adam Thompson	Birmingham Rowheath	25.2 U17M
2 Thomas Wilson	Notts AC	30.3 U20M- T36
3 Tando Bala	Birmingham Rowheath	32.6 SM-CP
Mens 200m A		
1 Aaron Aglin	Notts AC	22.8
2 Dwayne Lewis	Birchfield H	22.9
3 Shem Nelson	Birchfield H	23.1
4 James Colclough	Kidd & Stour	24.4
Mens 200m B		
1 Jamie Fletcher	Burton	24.0
2 Tom Berry	University Birmingham	24.1
3 Donald Macaughly	University Birmingham	24.7
4 Dave Pope	Tipton H	25.1
5 Ian Emery	Birmingham Rowheath	25.3
6 Richard White	Birchfield H	33.0

Mens 200m C		
1 Colaine McLeish	Tipton H	24.4 U20M
2 Marcus Copeland	Tipton H	25.0 U20M
3 Michael Denholm	U/A	27.0 U20M
Womens U17 300m		
1 Charlotte Berrington	Kidd & Stour	49.7 U17W
U20 Women 400m		
1 Rebecca Williams	Newport H	58.0
2 Liz Checkley	Tamworth AC	59.3
3 Lucy Spray	Mansfield	60.4
4 Rebecca Courtney	Cheltenham	63.6
5 Laura Carmichael	University Birmingham	67.6
Senior Women 400m		
1 Chairmaine Riley	Royal Sutton Coldfield	57.6
2 Julie Price	Altringham	57.6
3 Lucy Lougher	Cardiff	61.0
4 Liz Tipler	Bristol & West	63.2
5 Charlotte Livingstone	University Birmingham	64.3
6 Laura Clarke	Birmingham Rowheath	76.0
Senior Mens 400 A		
1 Andy Wilkinson	Sale H	49.5 SM
2 Phil Wren	Reading	51.4 SM
3 Dave Bullock	Kidd & Stour	51.9 SM
4 Sam Bishop	Stoke AC	52.0 SM
5 David Hutchings	University Birmingham	53.3 SM
6 Glen Hamilton	Sale H	54.2 SM
Senior Mens 400m B		
1 Eric Aselius	Corby	53.5 SM
2 David Hewett	Birmingham Rowheath	53.7 U20M
3 John Jenkins	Tamworth AC	53.9 U20M
4 Richard Henry	Birchfield H	54.6 SM
5 Ian Dyson	Halesowen C&AC	56.3 U20M
6 Andrew Slaughtner	Epsom & Ewell	63.2 SM
Girls & Boys 600m U13 / U11		
1 Paul Scott	Birmingham Rowheath	1.53.5 U13B
2 Adam Wright	Rugby & North	2.03.8 U11B
3 Aaron Foster	U/A	2.03.9 U11B
4 Stacey Mulholland	Birchfield H	2.20.0 U11G
5 Chris Macguire	Tipton H	2.35.1 U11G
BMC 800m A		
1 Simon Bullock	Cheltenham	1.54.7 SM
2 Andrew de Camps	Forrest of Dean	1.54.9 U20M
3 Udobi Nzelu	Sale H	1.55.8 SM
4 Ben Craddock	Leeds	1.56.2 SM
5 Tom Meakin	OWLS	1.56.3 U23M
6 Andy Renfree	Shaftesbury Barnet	1.56.9 SM
7 Ashley Rymer	Yate	1.57.1 U20M
8 Mike Bunting	Tipton H	1.58.0 SM
9 Nick Browning	Birmingham Rowheath	1.59.1 U20M
10 Ross Edgley	Wolves	1.59.5 SM
11 Seymour Scott	University Birmingham	2.04.1 U23M
BMC Mens 800m B		
1 Chris Curtin	Corby	2.00.3 SM
2 Richard Belton	Notts AC	2.00.5 SM
3 Nico Constanti	Forrest of Dean	2.00.7 U17M
4 Ethan Cross	Forrest of Dean	2.00.8 U17M
5 Nick Howard	Skryac	2.03.2 SM
6 Iain Stuart	Bristol	2.06.1 SM
7 Adrian Iszatt	Birmingham Rowheath	2.06.7 M40
8 John Cullen	U/A	2.07.8 SM
9 Rob Vaughan	Birmingham Rowheath	2.08.1 SM
10 Richard de Camps	Forrest of Dean	2.10.0 U17M
BMC Womens 800m		
1 Hayley Beard	Stevenage Herts	2.11.1 U23W
2 Clare Holme	Ipswich	2.14.9 SW
3 Julia Russell	Hallamshire H	2.16.3 SW
4 Gemma Phillips	Kendal	2.17.3 SW
5 Danielle Walker	Royal Sutton Coldfield	2.17.5 U20W
6 Josephine Rhodes	University Birmingham	2.18.8 U23W
7 Holly Williams	University Birmingham	2.20.2 U20W
8 Vicky Tester	Wells City	2.20.8 SW
9 Lara Thomas	Lincoln Well AC	2.21.4 U17W
10 Aimee Booth	Derby AC	2.22.8 SW
Mixed 800m		
1 Jay Mould	Birchfield H	2.19.8
2 Emma Langdelle	Royal Sutton Coldfield	2.20.6 U17W
3 Sam Daley		2.22.4
4 Lee Taylor		2.23.5 U15B
5 Tania White		2.27.7
6 Laura Hopcroft	Birchfield H	2.34.5
7 Laura Muth	Birchfield H	2.46.3
8 Emily Waugh	Rugby & North	2.51.2 U15G
9 Aimee O'Donelle	Birchfield H	3.09.0
Boys & Girls 1200m U13 / U11		
1 Kyran Hale	Forrest of Dean	4.02.2 U13B
2 Sadie Hamberley	Solihull & Small Heath	4.03.9 U13G
3 Lillaine Sutton	Birchfield H	4.05.7 U13G
4 Michelle Turner	Solihull & Small Heath	4.06.6 U13G
5 Ben Prosser	Saracens	4.19.9 U13B
6 Emmett Thompson	Forrest of Dean	4.23.2 U11B
7 Patrick Thewis	Birchfield H	4.28.8 U11B
8 Abbe Memagh	Saracens	4.37.9 U13G
9 Gareth Macguire	Tipton H	4.40.8 U13B
10 Catrina Thomas	Lincoln Well AC	4.43.0 U11G
11 Aimee Hopcroft	Birchfield H	4.44.5 U11G
12 Kayley White	Nuneaton H	4.47.0 U13G
Mens 1500m		
1 John Millington	Tipton H	3.59.7 SM
2 Russell Beard	University Birmingham	4.04.2 SM
3 Rowan Crichton	University Birmingham	4.05.9 U20M
4 Phil Clamp	Tipton H	4.09.6 SM
5 Patrick Kavanagh	Tipton H	4.11.9 SM
6 Andrew Inskib	University Birmingham	4.14.8 U20M
7 James Trollope	Birchfield H	4.18.5 U20M
8 Martin Matthews	Birmingham Rowheath	4.22.5 SM
9 Harvey Macguire	Tipton H	4.34.5 U20M
10 Mark Ince	Birmingham Rowheath	4.38.3 SM
11 Ian Dyson	Halesowen C&AC	4.46.8 U20M
12 Adam White	Nuneaton H	5.01.6 U17M
13 Sam Prosser	Saracens	5.52.5 U15B
Mixed 1500m		
1 Sian Davies	Telford	4.35.3 SW
2 Gemma Phillips	Kendal	4.37.5 SW
3 Joanna Emery	Rugby & North	4.49.9 SW
4 Sian Harrison	U/A	5.07.1 SW
5 Jon Hunt	Birmingham Rowheath	5.09.3 U15B
6 Robert White	Nuneaton H	5.19.8 U15B
7 Nick Rowton	Amber Valley	5.21.7 U15B
8 Rebecca Smith	Northbrook	5.23.3 SW

Mens / Womens 3000m

1 Luke Northall	Tipton H	9.08.2 U23M
2 Rachel Gibbs	Bedford & County	9.59.0 U23W
3 Vince Rollason	Bromsgrove & Redditch	11.35.9 M50

Pole Vault

1 Martin Cherrington	Tipton H	2.90 U20M
2 Sam Hart	Birmingham Rowheath	2.60 U20M
1 Kelly Passmore	Tipton H	3.10 U20W
2 Sarah Williams	Tamworth AC	2.80 U20W

High Jump

1 Catrina Thomas	Lincoln Well AC	0.95 U11G
1 Katie Mulholland	Birchfield H	1.15 U13G
1 Shelley Hazelwood	Rugby & North	1.40 U15G
2 Kayley Turner	Birchfield H	1.10 U15G
1 Charlotte Berrington	Kidd & Stour	1.50 U17W
1 Laura Deverguri	Chesterfield	1.40 U20W
1 Jamie Courtney	Cheltenham	1.50 U15B
1 Ben Moubey	Chesterfield	1.96 U20M
2 Martin Cherrington	Tipton H	1.85 U20M

Long Jump- Triathlon

1 Nikita Campbell	Birchfield H	4.01 U11G
2 Nikki Mulholland	Birchfield H	3.28 U11G
3 Stacie Mulholland	Birchfield H	3.24 U11G
4 Chloe Gayle	Birchfield H	3.05 U11G
5 Karandeep Bains	Leamington C&AC	2.97 U11G
1 Charlotte Davies	Rugby & North	4.33 U13G
2 Katie Mulholland	Birchfield H	4.00 U13G
3 Elise Austin	Birchfield H	3.62 U13G
4 Kathryn Smith	Rugby & North	3.51 U13G
5 Sophie Hazelwood	Rugby & North	2.25 U13G
1 Rydell Day	Birchfield H	3.54 U11B
2 Adam Wright	Rugby & North	3.28 U11B
1 James Wright	Rugby & North	4.65 U13B
2 Myles Morris	Birchfield H	4.11 U13B
3 Paul Scott	Birmingham Rowheath	4.00 U13B
4 Ben Jennings	Rugby & North	3.55 U13B
5 Patrick Thewlis	Birchfield H	3.45 U13B

Long Jump

1 Raneisha Ambersley	Birmingham Rowheath	3.95 U15G
2 Shannon Randhawa	UA	3.29 U15G
1 Heidi Jarosinski	Halesowen C&AC	5.16 U20W
2 Sarah Williams	Tamworth AC	4.61 U20W

Discus Competition

1 Jessica Bailey	Telford	15.18 U13G
2 Olivia Laxton	Bromsgrove & Redditch	14.96 U13G
3 Joanne Bailey	Telford	11.27 U13G
1 Kayley Turner	Birmingham Rowheath	19.29 U15G
1 Kate Percival	Halesowen C&AC	27.38 U17W
1 Jenny Scott	Birmingham Rowheath	39.74 U20W
2 Sally Percival	Halesowen C&AC	27.16 U20W
1 Nav Dhalwal	Shaftesbury Barnet	49.05 SW
1 Michael Wheeler	Heme Hill Harriers	36.48 U15B
2 Jamie Courtney	Cheltenham	31.72 U15B
3 Nick Rowton	Amber Valley	23.92 U15B
1 Simon Whitelock	Birchfield H	37.26 U20M
2 Joel Cappen		37.57 U20M
1 Steve Hale	Birchfield H	39.73 SM
2 Robin Smith	Stoke AC	33.53 SM
3 Rob Bridgewater	DASH	33.45 SM
4 David Sharp	DASH	29.47 SM
5 Richard Woodhall	DASH	28.20 SM
6 Tando Bala	Birmingham Rowheath	20.64 SM-CP
1 Kevin Brown	Birchfield H	54.41 M40

Shot Put

1 Nikita Campbell	Birchfield H	4.99 U11G
2 Nikki Mulholland	Birchfield H	4.78 U11G
3 Stacie Mulholland	Birchfield H	2.77 U11G
1 Charlotte Davies	Rugby & North	6.94 U13G
2 Elise Austin	Birchfield H	6.38 U13G
3 Kathryn Smith	Royal Sutton Coldfield	6.02 U13G
4 Olivia Laxton	Bromsgrove & Redditch	5.72 U13G
5 Kate Mulholland	Birchfield H	5.15 U13G
6 Kate Morley	Birchfield H	4.64 U13G
1 Louise Brewster	Birmingham Rowheath	9.99 SW
1 Paul Scott	Birmingham Rowheath	5.40 U13B
1 Michael Wheeler	Heme Hill Harriers	17.87 U15B
1 Joel Capper	Enfield & Harringay	12.24 U20M
2 Sam Hart	Birmingham Rowheath	10.83 U20M
3 Richard Parsons	Birmingham Rowheath	9.81 U20M
1 Sam Bishop	Stoke AC	12.39 SM
2 Rob Bridgewater	DASH	11.96 SM
3 Robin Smith	Stoke AC	11.26 SM
4 David Sharp	DASH	10.94 SM
5 Richard Woodhall	DASH	10.93 SM
1 Tando Bala	Birmingham Rowheath	7.23 SM-CP
1 Adrian Courtney	Cheltenham	8.81 M50

Javelin

1 Jessica Bailey	Telford	20.06 U13G
2 Joanne Bailey	Telford	17.80 U13G
3 Kate Morley	Birchfield H	17.50 U13G
1 Kayley Turner	Birmingham Rowheath	17.16 U15G
1 Charlotte Berrington	Kidd & Stour	23.96 U17W
2 Zoe Ash	Rugby & North	21.21 U17W
1 Tim Ash	Rugby & North	7.00 U11B
1 Lewis Grinsell	Birchfield H	33.37 U13B
2 James Wright	Rugby & North	16.46 U13B
3 Ben Jennings	Rugby & North	12.82 U13B
1 Nick Rowton	Amber Valley	29.44 U15B
1 Chris Grant	Birmingham Rowheath	29.25 U17M
1 Sam Cater	Bromsgrove & Redditch	51.38 SM
2 James Sowell	Worcs AC	51.38 SM
3 Sam Bishop	Stoke AC	45.89 SM
4 Robin Smith	Stoke AC	44.65 SM