

## **Results April-June 2007**

### **England U20 Championships Bedford June 24**

Jenny Scott finished 2nd in the U20's Discus with a throw of 45.11.

### **National Combined Events.**

Sam Hart scored 4913pts, to place 20<sup>th</sup> Nationally and 4<sup>th</sup> Midlands. Unfortunately he no heighted in the pole vault, otherwise he would have been very close to the club record.

### **West Midland Schools Alexander Stadium June 10**

Kaneisha Hector was 2<sup>nd</sup> in 100m in 12.7s and 1<sup>st</sup> in 200m in 25.8s, Jack Gray 2<sup>nd</sup> 1500m 4.24

### **Mason Trophy Alexander Stadium June 17**

Kaneisha Hector won the 200m in 26.1s, Jack Gray 2<sup>nd</sup> 1500m 4.20.9

### **Midland Championships Alexander Stadium June 18**

U-20. Anthony Gray was 5<sup>th</sup> in 800m with 1m 59.38s ( also 5<sup>th</sup> Ht in 1m 59.53s), Helen Watkinson was 5<sup>th</sup> Ht of 100m in 13.07s, Senior John Cullen was 6<sup>th</sup> in 800m Ht in 2m 03.4s, Adrian Iszatt was 9<sup>th</sup> in 1500m Ht in 4m 14.34s

### **Ivy League Match Birmingham University June 20**

Mens 800m 5th Anthony Gray 1.58.07, 11th John Cullen 2.01.97, Mens Long Jump 4th Sam Hart 6.11

### **Midland Mens T&F League Div 3 Leamington June 2**

Match Scores (to be confirmed):- Banbury 243, Gloucester 232, Bromsgrove 203, B'ham Rowheath = 194, Worcester = 194, Leamington 178, Daventry 155, Cannock 134

Team Performances: 100m Adam Thompson 11.9s 4<sup>th</sup>, Jacob Miller 12.1s 5<sup>th</sup>, 200m Adam Thompson 24.0s 7<sup>th</sup>, David Hewett 23.5s (pb) 1<sup>st</sup>, 400m David Hewett 51.9s 6<sup>th</sup>, Anthony Gray 53.3s 3<sup>rd</sup>, 800m John Cullen 2m 01.4s(pb) 7<sup>th</sup>, Matthew Bayliss 2m 04.9s(pb) 5<sup>th</sup>, 1500m Rob Vaughan 4m 13.5s(pb) 3<sup>rd</sup>, Martin Matthews 4m 14.6s 1<sup>st</sup>, 3000m Adrian Iszatt 9m 09.4s 3<sup>rd</sup>, Martin Matthews 9m 35.1s, 3<sup>rd</sup>, 3000m S/C No competitors, 110m H Sam Hart 17.0s 1<sup>st</sup>, Ian Emery 20.4s 1<sup>st</sup>, 400m H David Hewett 66.9s 5<sup>th</sup>, Ian Emery 67.1s 2<sup>nd</sup>, H J Jacob Miller 1.50m 8<sup>th</sup>, no 'B', PV Sam Hart 2.50m 3<sup>rd</sup>, Ian Emery 2.40m 1<sup>st</sup>=, LJ Sam Hart 6.16m 1<sup>st</sup>, Jacob Miller 5.39m 2<sup>nd</sup>, TJ Jacob Miller 12.65m(pb) 1<sup>st</sup>, no 'B', JT Sam Hart 40.41m 4<sup>th</sup> Rob Vaughan 29.64m 6<sup>th</sup>, DT Sam Hart 28.54m 6<sup>th</sup>, Mike Bilson 18.35m 7<sup>th</sup>, HT Mike Bilson 15.29m 8<sup>th</sup>, Richard Carney 10.98m (pb) 7<sup>th</sup>, SP Sam Hart 9.80m 5<sup>th</sup>, Mike Bilson 6.61m 7<sup>th</sup>, 4X100m Adam, Ian. Sam. Jacob 46.9s 5<sup>th</sup>, 4X400m David, Matthew, Anthony, Rob 3m 34.9s 4<sup>th</sup>

### **Midland U17 & U15 Champs Alexander Stadium May 26/27**

Some excellent performance from the juniors especially Kayley Turner picking up two bronze medals. U20 Discus 2nd Jenny Scott 43.47, U15 Girls 200m 3rd Kanisha Hector 25.7 (2nd heat 1st 25.99), U15 Girls Discus 3rd Kayley Turner 22.54, Javelin 3rd 23.38, U15 Boys 1500m 3rd Jack Gray 4.24.57

### **CAU Inter Counties Bedford May 28**

Jenny Scott finished an excellent 5th in the Inter Counties Champs at Bedford in a new personal best of 45.84 competing for Warwickshire. Her series was 45.84, 45.40, NT, 39.78, 38.01, NT.

### **Worcestershire County Champs May 12**

Only 3 athletes from the club competed on the Worcester Championships this year but all were medallists. Louise Brewster won the hammer with 37.44m, Rob Vaughan was first in the 1500m in 4m 19.1s and second in the 3000m in 9m 20.0s, John Cullen was 2nd in 1500m in 4m 23.2s and 4<sup>th</sup> in 800m in 2m 03.2s

### **Warwickshire County AA Champs Leicester May 12**

SM 1500m 7th Adrian Iszatt 4:14.3 (opted to run a senior for better competition would have won vets), SM 400m 6th Ian Emery 58.3, U15G 300m 5th Tayo Akindeinde 46.9, U20W 100m 2nd Helen Watkinson 12.5 (+1.8), U20W DT 1st Jenny Scott 45.25, U15B 1500m 1st Jack Gray 4.33.1, U15B 400m 4th Paul Scott 66.4, SM 400mh 2nd Ian Emery 62.0, U20W 200m 1st Helen Watkinson 26.3 (-1.2)

### **Midland Mens Match Div 3 Birmingham University May 5**

Coming in to the new season its always difficult to predict how we will fare in the League and with a few injuries and absences to add to the equation it was heartening to end the day with another fantastic team performance which left us in 2<sup>nd</sup> place overall after this first match.

This performance follows on from last year when we just lost out on promotion by the smallest of margins. Thanks to all athletes who volunteered to cover gaps in the team and congratulations to the many athletes setting pbs during the course of the afternoon. Thanks as ever to the officials for earning valuable points for the club and also to all those who helped to host this event at the University.

The remaining fixtures are: **2 June Leamington, 7 July Banbury, 4 August Worcester**

100m A 5<sup>th</sup> Adam Thompson 11.8, B 8<sup>th</sup> Ian Emery 13.5, 200m A 4<sup>th</sup> Adam Thompson 24.2, B 2<sup>nd</sup> David Hewett 24.0, 400m A 3<sup>rd</sup> David Hewett 51.3, B 3<sup>rd</sup> Rob Vaughan 56.5, 800m A 6<sup>th</sup> John Cullen 2:02.7, B 3<sup>rd</sup> Rob Vaughan 2:03.7, 1500m A 6<sup>th</sup> Anthony Gray 4:18.5, B 2<sup>nd</sup> Adrian Iszatt 4:19.0, 5000m A 2<sup>nd</sup> Martin Matthews 15:45.0, B 4<sup>th</sup> Mark Ince 17:38.3, 5000m Harry Fowler (guest) 18:27.1, 110mH A 1<sup>st</sup> Sam Hart 16.8, B 1<sup>st</sup> Ian Emery 20.5, 400mH A 2<sup>nd</sup> Ian Emery 62.7, B 1<sup>st</sup> David Hewett 65.5, 2000m s/c A 2<sup>nd</sup> Richard Gray 7:01.7 B No competitor, HJ A 5<sup>th</sup> Steve Wilkinson 1.65, B 2<sup>nd</sup> Jake Miller 1.60, PV A 4<sup>th</sup> Sam Hart 2.55, B 2<sup>nd</sup> Ian Emery 2.40, LJ A 5<sup>th</sup> Jake Miller 5.46, B 6<sup>th</sup> Steve Wilkinson 5.06, TJ A 2<sup>nd</sup> Jake Miller 12.07, B 3<sup>rd</sup> Steve Wilkinson

10.85, SP A 5<sup>th</sup> Sam Hart 10.61, B 7<sup>th</sup> Mike Bilson 6.45, DT A 3<sup>rd</sup> Sam Hart 32.54, B 7<sup>th</sup> Mike Bilson 18.07,

HT A 8<sup>th</sup> Mike Bilson 11.36, B 6<sup>th</sup> Richard Carney 9.69, JT A 4<sup>th</sup> Sam Hart 40.60, B 7<sup>th</sup> Rob Vaughan 27.69, 4x100m 4<sup>th</sup> Birmingham Rowheath (Hart, Hewett, Thompson, Miller) 47.6, 4x400m 4<sup>th</sup> Birmingham Rowheath (Vaughan, Iszatt, Emery, Hewett) 3:43.1

Final Match score (unofficial)

1 Gloucester 252, **2 Birmingham Rowheath 230**, 3 Banbury 219, 4 Bromsgrove & Redditch 215, 5 Worcester 210, 6 Leamington 208, 7 Daventry 157, 8 Cannock & Staffs 147

### **Midland Vets Road Relays Sutton Park April 28**

Second place by our good grace towards Tipton! We almost had two teams on Saturday, after a two weeks of problems reducing our numbers from 11 to 7. When I said it would be low key, even I was surprised by the poor turnout. The organisation and awards certainly was in veteran fashion (very old and dodderly). Never mind. I think everyone should be pleased with their performance. I do not usually mention an individual, however, a deserved acknowledgement to Paddy 100% Allaway. On the first leg for the B, he fell over (practicing for the bike I suppose), almost went off course (Don't say I do not look after my team mates), and still overtook me twice up the hills. (Thank goodness for downhill). Although we were awarded second place behind Tipton, their first leg Aaron Keene and Charnwood's lead both went off course taking a short cut. As we overtook Charnwood, and Tipton I think would still have beaten us, although probably no more than a minute, I did not protest. Our B team, entered as a composite team (3 runners or incomplete if you like), were 6th after leg 3, finishing first composite.

Results at [www.mvac.org.uk](http://www.mvac.org.uk)

3.05m distance

A TEAM Richard Gray 16.36, Brian Tilley 17.16, Mark Hirsch 16.16, Stuart Underwood 16.20

B TEAM Paddy Allaway 16.40, Tauny Southwood 18.01, Richard Carney 19.49

### **Midland Womens League Worcester April 29**

The women's team had an excellent start to the season in Division 4, finishing 3rd overall out of the 7 teams, only being beaten by the two teams who had come down from Division 3 last year. I have to admit that with so many spaces left in the team, some seniors out injured/unavailable, I was a little hesitant about being so optimistic, but everyone made a real effort to score as many points as possible with nearly everyone competing in the maximum number of events. A special well done to those who achieved personal bests; to Zoe and Shammin who competed for the first time as u15s, despite being only 12 and 11 years old respectively; and to Kayley who won the u17 discus at the age of only 14 years! Our strengths were again in the seniors, where our total points score put us in second place. If only we had a few more u17s and u15s, we may even have a fighting chance for promotion! Interestingly, only Leamington had fewer athletes than us – so it's obviously a case of quality, not quantity of athletes!! Thanks also to all the officials/helpers/parents who supported the team and helped us

on our way to a successful first match. Well done all. The other two matches are on 8<sup>th</sup> July and 19<sup>th</sup> August, so make sure they're in your diary and keep up the good work!

Team Result (subject to confirmation)

Wolves & Bilston 372, Halesowen 314, Birmingham Rowheath 239, Leamington 188, Worcester 184, Banbury 183.5, Nuneaton 164.5

It should be noted that Jenny contributed a massive 27 points, Karen 26 points and Kate 22 points from their 4 individual events, whilst Kayley scored an impressive 18 points from her 3 events

U15 100m Kaneisha Hector 1<sup>st</sup> 12.7s Zoe Gregory 3<sup>rd</sup> 14.6s, 200m Kaneisha Hector 1<sup>st</sup> 26.1s Tayo Akindeinde 4<sup>th</sup> 29.1s, 800m Jess Saunders 4<sup>th</sup> 2m 48.7s, 1500m -, 75m H -, HJ Kayley Turner 4<sup>th</sup> 1.30m(pb), Jess Saunders 4<sup>th</sup> 1.05m, LJ Zoe Gregory 6<sup>th</sup> 2.99m, Shammin Reid 6<sup>th</sup> 2.73m, SP Shammin Reid 6<sup>th</sup> , 4.80m Zoe Gregory 4<sup>th</sup> 4.38m, JT Kayley Turner 1<sup>st</sup> 24.32m(pb), Jess Saunders 4<sup>th</sup> 4.92m, 4X100m Relay Kayley/Kaneisha/Tayo/Amandeep 3<sup>rd</sup> 55.9s

U17 100m Sophia Vaughan 3<sup>rd</sup> 13.3s(pb), 300m Tayo Akindeinde(u15) 3<sup>rd</sup> 44.8s(pb), 800m -, 80m -, H J -, DT Kayley Turner (U15) 1<sup>st</sup> 24.60m(pb)

Senior 100m Helen Watkinson 1<sup>st</sup> 12.8s, Ursula Smith 3<sup>rd</sup> 14.8s, 200m Helen Watkinson 1<sup>st</sup> 26.0s Sophia Vaughan 1<sup>st</sup> 27.2s, 400m Laura Clarke 6<sup>th</sup> 72.5s est, Sue Thomas 5<sup>th</sup> 74.9s, 800m Marcella Scott 6<sup>th</sup> 2m 43.6s, 1500m Fiona Mellor 7<sup>th</sup> 5m 35.6s Marcella Scott 5<sup>th</sup> 5m 41.2s, 3000m Fiona Mellor 4<sup>th</sup> 11m 49.8s, 100m H Kate Gunn 1<sup>st</sup> 17.3s, Karen Bailey 2<sup>nd</sup> 18.9s (pb), 400m H Kate Gunn 3<sup>rd</sup> 74.7s, Karen Bailey 2<sup>nd</sup> 77.1s(pb), PV Kate Gunn 1<sup>st</sup> 1.90m, HJ Sue Thomas 6<sup>th</sup> 1.20m , Laura Clarke 4<sup>th</sup> 1.10m, LJ Sophia Vaughan 5<sup>th</sup> 4.58m(pb) , Ursula Smith 5<sup>th</sup> 3.38m, TJ Kate Gunn 5<sup>th</sup> 7.76m, DT Jenny Scott 1<sup>st</sup> 44.65m, Karen Bailey 1<sup>st</sup> 29.50m, JT Sue Thomas 2<sup>nd</sup> 33.36m, Jenny Scott 1<sup>st</sup> 28.38m, SP Jenny Scott 2<sup>nd</sup> 10.77m, Sue Thomas 1<sup>st</sup> 8.73m, HT Karen Bailey 1<sup>st</sup> 37.11m, Jenny Scott 1<sup>st</sup> 36.65m, 4X100m Sue/Karen/Ursula/Sophia 6<sup>th</sup> 58.0s, 4X400m Kate/Marcella/Laura/Jenny 5<sup>th</sup> 4m 50.2s

**London Marathon April 22** Congratulations to Dennis Keogh who finished 1st in the over 80's category.

73rd Martin Mathews 2.35.40, 3327th James Quinn 3.30.14, 3993rd Guy Forster 3.36.06, 1726th Lisa Pook, 14505th Carl Hanson 4.39.57, 24851st Dennis Keogh 5.06.50 (M80).

### **Tipton Games April 15**

Jenny Scott opened her season with a magnificent club record in the discus with a throw of 45.07. 100m 1st Kanisha Hector 13.1, Paul Scott 2.25.0 pb.