

## **Track & Field July 2007**

### **Norwich Union World Trials & UK Champs Manchester July 29**

Jenny Scott put together another excellent performance finishing 6th in the womens discus with a throw of 45.44. Her series was 42.93, 45.44, 44.63, 45.25, 44.41, 42.26.

### **British Masters T&F Champs Birmingham July 28/29**

Congratulations to Mel James who finished 3rd in both the 200m 27.92 and 400m 61.16 which was also a club record. Adrian Iszatt finished 4th in both the 1500m 4.17.92 and the 800m 2.06.01.

### **European Junior Championships Holland July 21**

**Congratulations to Jenny Scott who finished 12th in Group B and was eliminated, with a best of 42.89m on her international debut. It came in the last round after she had thrown 41.50m and 41.46m. She said: "I just couldn't find my technique today - either in warm-up or in the competition. I don't know why. I've been throwing well all week. Until today."**

### **Club Championships**

The club championships for the younger age groups in the club which has been incorporated into the Open Meeting series is now complete. I believe this has been a successful venture and should be continued next year. (Do we include all age groups?)

A big well done to all the athletes who took part and congratulations to the winners. It has stimulated some excellent rivalry and good competition, with the results in some age groups being very close, none more so than the U-11 Boys where I had to go to their 5<sup>th</sup> scoring event to determine the winner.

Summary of results:-

U-11 Girls: 1. Anne Kenchington 57pts, 2. Alice Collier 40pts, 3. Hannah Brook 21pts

U-11 Boys: 1. David Trenkel 42pts ( his 5<sup>th</sup> event scored higher), 2. Alex Clegg 42pts, 3. Sam Croft 16pts

U-13 Girls: 1. Zoe Gregory 78pts, 2. Clem Macliver 52pts, 3. Sophie Field 50pts

U-13 Boys: 1. Niall Harris 59pts, 2. Miguel Trenkel 34pts, 3. Simon Kent 31pts

U-15 Girls: 1. Jackie Saunders 67pts, 2. Sandra Sebastian 59pts, 3. Jess Saunders 57pts

U-15 Boys: 1. Jack Gray 138pts, 2. John Lutwyche 123pts, 3. Josh O'Donnell 111pts

### **Welsh Champs Cwmbran July 14**

SM 1500m Final 7th Robert Vaughan 4:10.53

### **BUSA Combined Events Champs Cwmbran June 30 / July 1**

Representing University of Birmingham Sam Hart came 5<sup>th</sup> in a personal best score of 5329pts.

### **English Schools Cup Final Chelmsford July 7**

Representing King Edwards Camp Hill School John Lutwyche was equal fastest in the 100m with a time of 12.3s and was easily the winner of the triple jump with a personal best and club record of 11.95m, whilst Josh O'Donnell was second fastest in the 1500m with 4m 34.2s

### **English Schools Championships Alexander Stadium July 13 & 14**

Congratulation to both Kanisha Hector and Jack Gray who reached their respective finals. Junior Girls 200m Kanisha Hector 5th 26.02 (Round 2 4th 26.41, Heat 3 2nd 25.93), Junior Boys 1500m Jack Gray 9th 4.23.60 (Heat 1 6th 4.17.63pb)

### **5K Road Series Rowheath Pavilion July 12**

The second race in the series was not only part of the Warwickshire Road Race League but also the County Champs. We had two County Champions, Jess Saunders who is still an U15 won the U20 Womens in 20.46 and Adrian Iszatt won the Mens 40+ in 16.16. Martin Mathews was 3rd and 5th overall in the race.

## Midland Womens League Banbury July 8

A big 'well done' to everyone who competed in the second match of the women's league at Banbury on 8<sup>th</sup> July; we finished a very credible 3<sup>rd</sup> out of the 7 teams, consolidating our position after the first match. This was despite the team being dogged by injury and illness, so imagine the possibilities if we were all fit! Thanks to all those who stepped in at the last minute to fill in the events – and the match scores show how vital this was. We finished only 5 points ahead of Banbury – the equivalent of a 3<sup>rd</sup> place in one event, so when I say "...every point counts", I really do mean it!

Thanks also to our ever faithful team of officials, helpers and parents who do such a good job in supporting our athletes. Not that I'm complaining about the weather yesterday, but the first time the Birmingham Rowheath tent makes an appearance at a Women's league match, it doesn't rain – typical – but a welcome addition to the team!

Match scores: Wolverhampton and Bilston 365, Halesowen 289, Birmingham Rowheath 250, Banbury 245, Nuneaton 188, Leamington 182, Worcester 166 U15s 100m – Kaneisha Hector 2<sup>nd</sup>, 12.6s (pb =club record); Zoe Gregory 6<sup>th</sup>, 14.6s, 200m – Kaneisha Hector 1<sup>st</sup>, 25.6 (pb, club record); Tayo Akindeinde 4<sup>th</sup>, 28.9s, 800m – Jess Saunders 4<sup>th</sup>, 2m42.4s (pb); Kirsty Jones 4<sup>th</sup>, 3m07.4s, 75mH – Amandeep Nagra 6<sup>th</sup>, 16.2s (pb); 1500m -, Long jump – Zoe Gregory 6<sup>th</sup>, 3.67m; Sophie Field 5<sup>th</sup>, 3.61m(pb), High jump – Kayley Turner 6<sup>th</sup>, 1.25m; Jess Saunders 6<sup>th</sup>, 1.05m, Shot – Sophie Field 4<sup>th</sup>, 5.14m (pb); Zoe Gregory 3<sup>rd</sup>, 4.49m (pb), Discus – Kayley Turner 1<sup>st</sup> 25.60m (pb), Kirsty Jones 1<sup>st</sup>, 18.27m (pb), 4x100m relay – Zoe, Tayo, Amandeep, Kaneisha 4<sup>th</sup>, 55.6s U17s 200m – Sophia Vaughan 4<sup>th</sup>, 28.0s; Lauren James 6<sup>th</sup>, 35.0s (pb), 300m – Tayo Akindeinde 5<sup>th</sup>, 44.5s; Sophie Field 5<sup>th</sup>, 53.1s, 1500m -, 80mH -, Long Jump – Sophia Vaughan 3<sup>rd</sup>, 4.33m; Lauren James 4<sup>th</sup>, 3.61m (pb), Javelin – Kayley Turner 1<sup>st</sup>, 29.94m (pb), Sophia Vaughan 1<sup>st</sup>, 13.55m

## Midlands Mens League Banbury July 7

Thanks to everyone's efforts on Saturday in windswept Banbury! The match was extremely tight which emphasises the importance of every single point earned. At the end of the match we achieved the fantastic result of finishing 2nd on the day, putting us third overall for the year.

I hope that the journey home wasn't too arduous and I look forward to the final match on 4 August in Worcester when we will need to continue to pull together as a team to ensure a successful end to the season.

100m A 5<sup>th</sup> Adam Thompson 11.7, B 3rd David Lima 11.9, 200m A 7<sup>th</sup> David Hewett 23.9, B 4th Adam Thompson 23.7, 400m A 4th David Hewett 52.2, B 5th Matt Bayliss 55.5, 800m A 5<sup>th</sup> Anthony Gray 2:01.0, B 1st John Cullen 2:03.5, 1500m A 2nd Rob Vaughan 4:14.0, B 1st Adrian Iszatt 4:18.0, 5000m A 2<sup>nd</sup> Martin Matthews 15:51.6, B 2nd Adrian Iszatt 16:46.6, 110mH A 1<sup>st</sup> Sam Hart 17.0, B 2nd Ian Emery 20.5, 400mH A 3rd Ian Emery 63.2, B 3rd David Hewett 66.9, 2000m s/c No competitors, HJ A 8<sup>th</sup> David Lima 1.45, B No competitor, PV A 2nd Sam Hart 2.85, B 2<sup>nd</sup> Ian Emery 2.40, LJ A 6<sup>th</sup> Chris Ainsley 5.54, B 3rd David Lima 5.27, TJ A 2<sup>nd</sup> Chris Ainsley 12.30, B 3<sup>rd</sup> David Lima 11.27, SP A 5<sup>th</sup> Sam Hart 10.38, B 6<sup>th</sup> Mike Bilson 6.82, DT A 4th Sam Hart 33.32, B 8<sup>th</sup> Mike Bilson 17.55, HT A 8<sup>th</sup> Mike Bilson 12.75, B 4<sup>th</sup> Richard Carney 9.58, JT A 4<sup>th</sup> Sam Hart 41.23, B 5<sup>th</sup> Rob Vaughan 29.79, 4x100m 4<sup>th</sup> Birmingham Rowheath (Thompson, Ainsley, Emery, Lima) 46.9, 4x400m 4<sup>th</sup> Birmingham Rowheath (Vaughan, Bayliss, Hewett, Gray) 3:40.4

Final Match score (unofficial): 1 Gloucester 248, **2 Birmingham Rowheath 220.5**, 3 Banbury 218.5, 4= Bromsgrove & Redditch/ Worcester 215, 6 Daventry 190, 7 Cannock & Staffs 170.5, 8 Worcester 164.5

Overall Standings: 1 Gloucester 23, 2 Banbury 20, 3 Birmingham Rowheath 18, 4 Bromsgrove & Redditch 15.5, 5 Leamington 12.5, 6 Worcester 8, 7 Daventry 7, 8 Cannock & Staffs 4

## European Junior Championships Selection July 2

Following Jenny Scott's magnificent 49.27m in the Discus at the Throws Fest at Alexander Stadium on Sunday, she has now been selected for the European Junior Championships to be held in Holland. Her throw on Sunday added nearly 3 metres to her own club record, and exceeded the 48 metres qualifying distance for the European Junior Championships.