

EVENT	SENIOR MEN			U-20 MEN			U-17 MEN			U-15 BOYS			U-13 BOYS			VETERAN MEN		
400m	Danny Bruce	48.9s	98	Nick Browning	51.4s	06	Anthony Gray	52.6s	04	Chris Edgington	55.1s	98	Mike Plummer M40	52.8s	99			
	Marc Turner	50.2s	99	Anthony Gray	52.0s	05	Chris Edgington	53.5s	00	Dean O'Connor	55.2s	00	Shawn Bond M40	55.6s	08			
	Damian Daniels	50.3s	03	David Hewett	52.8s	06	Paul Thompson	53.8s	08	Dan Witherwick	55.9s	97	David Herbert M35	56.0s	08			
	Gareth Daley	50.5s	99	Matthew Bayliss	52.1s	08	Julian Walters	54.0s	99	Julian Walters	56.4s	98	Gareth Daley M40	57.8s	05			
	Shaun Bond	51.2s	96	L Wellings	53.1s	96	David Hewett	54.5s	02	Daniel Stanten	57.6s	98	Stuart Underwood M35	59.9s	06			
	Marcellus Puscey	51.3s	99	Marclius Puscey	53.3s	97	Nick Browning	55.0s	05	Nicholas Browning	58.3s	03	Denis Ehrenfried	60.2s	97			
	David Hewett	51.3s	07	Sam Hart	54.7s	04	Sam Hart	55.2s	02	Peter Folkes	59.0s	99	Andy Greenaway	61.1s	98			
	George Fraser	51.4s	96	Daniel Hughes	55.1s	05	Richard Fowler	55.2s	97	Daniel Lovel	59.9s	00	Mark Edwards	61.5s	00			
	David Herbert	52.0s	03	Chris Banner	55.7s	01	Gizel Lima	55.4s	08	Charles Barber	60.0s	97	Phil Savage	62.0s	96			
	Andy Stuckey	52.3s	96	Stephen Tuam	56.0s	01	Daniel Witherwick	55.7s	98	Jack Gray	60.1s	07	Harry Fowler	63.0s	97			
Tando Bala(CP)	73.3s	06																
600m	Marc Turner	1m22.2s	99	Matt Bayliss	1m24.0s	08	Jack Gray	1m30.3s	08	Paul Scott	1m40.6s	08	Harry Griffiths	1m45.6s	05	Mark EdwardsM40	1m42.9s	03
				Anthony Gray	1m24.1s	06	Daniel Hughes	1m37.9s	02	Daniel Hinton	1m55.0s	05	Jack Gray	1m45.7s	05	Richard Carney(M40)	1m54.4s	07
				Daniel Hughes	1m34.2s	03	Ross McGiven	1m43.0s	05	Raoul Wilson Leon	2m17.9s	04	Paul Scott	1m49.9s	06			
				Matthew Bayliss	1m34.8s	07	Ben Rebell	1m52.9s	03				Garth Hanson	1m48.1s	08			
				Sam Hart	1m35.9s	04	Nyma Sharif	2m13.6s	07				Daniel Smith	1m51.7s	01			
				Tom Keenan	1m44.1s	04							Jonathon Hunt	1m52.9s	04			
													Nick Browning	1m53.8s	01			
													Stephen Collins	1m57.6s	98			
													Daniel Pridden	1m58.4s	99			
													Daniel Hinton	1m59.3s	03			
800m	Andy Stuckey	1m51.73s	96	Anthony Gray	1m55.29s	07	Anthony Gray	1m57.98	04	Dan Witherwick	2m06.81	97	Stephen Collins	2m24.1s	99	Adrian Iszatt(M40)	2m04.5s	06
	Marc Turner	1m52.3s	00	Matthew Bayliss	1m56.5s	08	Richard Fowler	1m58.9	97	Chris Edgington	2m09.1s	98	Niall Harris	2m32.3s	07	Denis Ehrenfried	2m11.9s	98
	Anthony Gray	1m56.36s	98	Nick Browning	1m59.0s	06	Chris Edgington	2m00.1s	00	Jack Gray	2m12.5s	07	Nick Browning	2m32.4s	01	Mark Edwards	2m11.5s	01
	Simon O'Leary	1m57.2s	99	Richard Fowler	2m01s	08	Paul Thompson	2m00.3s	08	Steve McGlen	2m13.2	97	Richard Shilton	2m34.0	97	Harry Fowler	2m18.0	97
	Ben Walters	1m57.4s	00	Daniel Hughes	2m02.0s	03	Jack Gray	2m01.2s	08	Josh O'Donnell	2m13.27s	08	A McGarry	2m35.3s	96	S Hesley	2m18.4	97
	George Fraser	1m58.4s	96	Ben Jukes	2m05.6s	98	Daniel Witherwick	2m02.2s	98	Johnny Venables	2m13.9s	08	D Slater	2m35.3s	96	David Herbert	2m02.2s	08
	Rob Vaughan	1m59.31s	08	Sam Hart	2m08.4s	04	Stephen McGlen	2m04.4s	98	Daniel Stanten	2m14.3s	98	Daniel Stanten	2m35.3s	96	Richard Gray	2m21.2s	99
	M Jordan	2m00.6s	96	Anthony Downing	2m09.0	97	Nick Browning	2m08.4s	04	Sam Hart	2m15.3s	01	Andrew Dudley	2m36.0s	01	Paul Hurcombe	2m21.4s	98
	John Cullen	2m01.4s	07	David Hewett	2m09.9s	04	Sam Hart	2m10.85s	03	Richard Smart	2m17.5s	01	Liam Toland	2m36.7s	00	John Llewellyn	2m21.6	97
	Adrian Iszatt	2m01.6s	97	Terry Chambers	2m10.51s	96	Daniel Hughes	2m12.9s	02	Nicholas Browning	2m18.3s	03	Daniel Smith	2m37.2s	01	Andy Greenaway	2m22.9s	98
Brian Clarke(CP)	2m33.0s	98													Den Keogh O-70	3.m05.51i	97	
1200m	Rob Vaughan	3m16.6s	08	Daniel Hughes	3m33.4s	03	Paul Thompson	3m16.5s	08	Johnny Venables	3m37.7s	08	Niall Harris	4m08.4s	07	Adrian Iszatt(M40)	3m21.1s	06
	John Cullen	3m19.9s	07	Sam Hart	3m35.8s	05	Anthony Gray	3m39.5s	03	Jack Gray	3m42.2s	07	Paul Scott	4m10.1s	06	Richard Gray(M45)	3m41.1s	05
	Mark Ince	3m31.0s	07						William Howard	4m07.3s	08	Garth Hanson	4m15.0s	08				
	Adrain Iszatt	3m33.9s	05						Jonathon Hunt	4m26.2s	05	Edward Davis	4m24.0s	05				
												Alex Clegg(U11)	4m25.7s	08				
												Gus Hiff (U11)	4m26.4s	08				
												Jack Gray(U11)	4m29.7s	03				
												Paul Scott	4m30.0s	05				
												Adam Sale	4m31.0s	07				
												Dan Hinton(U11)	4m38.0s	03				
1500m	Rob Vaughan	4m04.8s	08	Anthony Gray	4m05.0s	05	Paul Thompson	4m01.2s	08	Dan Witherwick	4m15.06	97	Stephen Collins	4m58.5s	99	Adrian Iszatt(M40)	4m10.0s	06
	Martin Matthews	4m12.0s	08	Richard Fowler	4m06.8	98	Jack Gray	4m05.0s	08	Jack Gray	4m17.63s	07	Mark Wilkinson	5m03.7	97	Steve Hewett	4m15.8s	96
	John Cullen	4m22.60s	08	Daniel Hughes	4m10.8s	05	Stephen McGlen	4m10.56	98	Paul Thompson	4m23.8s	07	Niall Harris	5m15.0s	07	Denis Ehrenfried	4m19.7s	96
	Ben Walters	4m03.7s	99	Ben Jukes	4m14.5s	99	Richard Fowler	4m12.3	97	Steve McGlen	4m26.37	97	A McGarry	5m14.1s	96	Stuart Leslie	4m22.0s	96
	Andrian Iszatt	4m04.9	97	James Walsh	4m17.1s	00	James Walsh	4m12.84	98	James Walsh	4m31.4s	98	Daniel Smith	5m18.5s	01	Harry Fowler	4m31.2	98
	Peter Grime	4m05.1s	98	Michael Jordan	4m26.8s	96	Anthony Gray	4m16.0s	04	Johnny Venables	4m34.0s	08	Daniel Stanten	5m24.3s	96	Joe Barinidge	4m31.2	98
	Eddie McGrath	4m13.2	97	Matthew Bayliss	4m32.0s	07	Daniel Witherwick	4m17.9	98	Josh O'Donnell	4m34.2s	07	Aaron Molyneux	5m34.3	98	Richard Gray(M45)	4m32.2s	96
	Andy Kenchington	4m13.5	97	Martin Kocian	4m34.7	98	Daniel Hughes	4m22.4s	02	Chris Edgington	4m45.3	98	Edward Bradwell	6m00.5	98	Mark Edwards(40)	4m35.6s	01
	Marc Turner	4m13.6s	99	Dan Williams	4m37.4	98	Ben Jukes	4m23.5s	96	Tom Keenan	4m47.0s	00	Anthony Pow	6m18.0s	99	Tony Craddock	4m40.4s	96
	Nick Wigmore	4m19.0s	03	Sam Hart	4m48.5s	04	Chris Edgington	4m36.9s	99	Daniel Stanten	4m50.8s	98				Paul Hurcombe(40)	4m44.4s	01
B Clarke(CP)	5m05.5s	96													Den Keogh O-70	6m08.32i	97	
Tando Bala (CP)	6m28.4s	05																
3000m	Peter Grime	8m41.3s	99	James Walsh	8m59.7s	99	Paul Thompson	8m39.32s	08	James Walsh	9m36.9	96				Steve Hewett	8m56.4	96
	Andy Kenchington	8m59.5	98	Ben Jukes	9m24.8s	99	Jack Gray	8m54.23s	08	Steve McGlen	9m43.9	97				Adrian Iszatt M40	9m09.4s	07
	Eddie McGrath	9m02.6	96	Daniel Hughes	9m36.1s	04	Stephen McGlen	9m04.1s	99	Dan Witherwick	9m46.8	97				Colin Gantland	9m17.8	96
	Martin Matthews	9m03.1s	08						James Walsh	9m10.1	99	Jamie Harrison	10m40.7	98				
	Andrian Iszatt	9m09.2	96						Richard Fowler	9m22.7	96	Tom Keenan	10m55.4s	00				
	Rob Vaughan	9m10.10s	07						Ben Jukes	9m28.6	96	David Hughes	11m09.3s	00				
	Richard Gray	9m15.2	96						Daniel Witherwick	9m29.5	98	William Howard	11m59.6s	07				
	John Cullen	9m18.1s	08						Daniel Hughes	9m30.7s	02							
	Mark Ince	9m29.6s	08						David Hadley	10m40.6s	02							
	Nick Price	9m34.3	97						Tom Keenan	12m13.0s	01							
Brian Clarke (CP)	13m00.6s	99																
															Den Keogh O-70	12m57.7s	97	

EVENT	SENIOR MEN	U-20 MEN	U-17 MEN	U-15 BOYS	U-13 BOYS	VETERAN MEN
5000m	Peter Grime 15m05.4s 99 Andy Kenchington 15m11.7 96 Eddie McGrath 15m30.7 96 Adrian Izzat 15m44.0s 02 Martin Matthews 15m45.0s 07 James Walsh 15m54.5s 01 Nick Wigmore 15m55.3s 02 Richard Gray 16m25.3 98 Darren Parkin 16m29.6 97 Nick Price 16m32.8 97	James Walsh 15m44.2s 99 Daniel Hughes 15m59.1s 95 Ben Jukes 16m45.9 98 Richard Fowler 16m53.3 98				Steve Hewett 15m31.4s 96 Richard Gray(M45) 16m31.6s 06 Adrian Izzat M40 16m46.6s 07 Joe Bainbridge 16m49.2 98 Harry Fowler 16m53.1s 99 Andy Kenchington 16m58.3s 08 Eddie McGrath M40 17m15.9s 04 Paul Hurcombe 17m27.3s 01 R Carney M40 20m31.4s 08
10000m	James Walsh 32m28.4s 01 E McGrath 32m36.1s 98					Steve Hewett(M50) 36m 27.5s 05 Harry Fowler M40 36m 41.2s 04 Richard Gray(M45) 37m 35.5s 06
SPRINT HURDLES	James Peet(u-20) 15.6s 01 Eric Toeman 16.5s 99 Alex Thomas(U20) 16.7s 98 Sam Hart 16.7s 08 Julian Lyn 16.9s 99 Ken Little 17.1s 96 Kevin Connah 17.5s 96 Chris Banner(U20) 17.9s 01 Mike Plummer 18.8s 96 Tony Thaxter 19.0s 99	James Peet 14.7s 01 Alex Thomas 16.2s 98 Chris Banner 16.7s 01 107.6cm James Peet 16.0s 00 Sam Hart(U20) 17.2s 05	James Peet 13.61s 98 Chris Banner 14.4s 00 Alex Thomas 14.4s 96 Daniel Loud 15.1s 01 James Griffith 15.39s 08 Adam Casser 15.7s 96 Daniel Height 15.8s 97 Michael Left 16.9s 97	James Peet 11.8s 97 Daniel Loud 12.3s 00 Paul Scott 15.93s 08 Joe Howell 16.2s 00 Nick H-Vaughan 16.7s 00		Mike Plummer M40 19.1s 99 Stuart Underwood(M40) 21.3s 06 Glyn Hughes 30.1s 97
400mH	Julian Lyn 55.54s 99 Andy Booton 57.8s 96 Danny Bruce 58.0s 97 Michael Butler 59.0s 97 David Herbert 59.2s 03 Tony Thaxter 60.4s 98 Ian Emery 60.49s 06 Kevin Connah 61.9s 96 Colin Young 61.9s 98 Norman Sagrae 64.3s 96 300m H David Herbert 43.3s 05 Ian Emery 43.7s 05	Chris Banner 61.3s 01 David Lima 61.3s 08 David Hewett 68.6s 06 Edward Left 73.2s 98	Chris Banner 60.1s 00 James Peet 62.1s 98 Thabang Ramaphala 75.5s 02			Mike Plummer M40 60.2s 99 Stuart Underwood(M40) 67.7s 06 David Herbert M35 68.3s 08 Glyn Hughes 75.8s 97 Mike Bilson(O50) 80.6s 97 2000m W M Trevor 11m 41.3 96
3000m S/C	Richard Gray 10m15.4 96 Eddie McGrath 10m19.8 96 Stuart Underwood 10m40.2s 05 Darren Parkin 10m44.3 97 Paul Hurcombe 11m05.6 96 Glyn Hughes 12m51.6 96 Peter Cole 13m18.3 96		1500m Stephen McClen 4m51.2 98			Stuart Underwood(M40) 10m 24.8s 06 Richard Gray 10m40.6s 99 Glyn Hughes 14m06.7s 99 * no water jump 2000m S/C Stuart Underwood(M40) 6m41.4s 06 Richard Gray 6m52.7s 01 Paul Hurcombe 7m20.4 99 Mike Trevor 8m03.6s 96 Glyn Hughes 8m48.0 97
2000m S/C	Colin Young 6m22.1 98 Richard Gray 6m23.8 98 Eddie McGrath 6m49.3 96 Stuart Underwood 6m49.5s 05 Darren Parkin 6m53.6 98 Dave Lucas 7m03.6s 02 Paul Hurcombe 7m03.9 96 Ken Colwell 7m45.4 97 Glyn Hughes 7m57.3 96 G Mason 8m04.4 98					

EVENT	SENIOR MEN			U-20 MEN			U-17 MEN			U-15 BOYS			U-13 BOYS			VETERAN MEN			
POLE VAULT	Brett Armstrong	4.00m	96	Alex Thomas	4.31m	98	Alex Thomas	4.20m	96	J Hall	1.95m	96							
	Alex Thomas	4.00m	99	Tony Chambers	3.30m	96				Karl Ford	1.70m	96							
	Sam Hart	3.02m	07	D Stevens	3.20m	96													
	Eric Toeman	3.00m	99	Sam Hart	2.85m	06													
	Ian Emery	2.40m	07																
HIGH JUMP	Ken Little	1.85m	96	Alex Thomas	1.60m	97	Daniel Loud	1.75m	01	Tom Peet	1.60m	97	Harry Griffiths	1.45m	05	Mike Bilson(O50)	1.45m	98	
	Stephen Wilkinson	1.80m	02	Jacob Miller	1.60m	07	Nyron Drummond	1.70m	01	Jason Hammond	1.60m	99	Paul Scott	1.30m	06	Phil Savage	1.30m	96	
	Eric Toeman	1.80m	99	David Lima	1.60m	08	Marlon Lewis	1.70m	99	Daniel Loud	1.60m	00	Ryan Shpley	1.20m	05	Mike Trevor	1.20m	98	
	Julian Lyn	1.75m	96	Tony Chambers	1.55m	96	Matthew Taylor	1.70m	98	Ashley Alder	1.45m	96	Jack Gray	1.15m	05				
	Brett Armstrong	1.70m	96	Matt Bayliss	1.55m	07	Sam Jenkins	1.70m	08	Marlon Lewis	1.45m	98	Sam Mousley(U11)	1.10m	05				
	Sam Hart	1.56m	07	David Hewett	1.55m	04	Tom Peet	1.65m	98	Jack Gray	1.40m	07	Alex Clegg(U11)	1.05m	08				
	Cillian Ryan	1.50m	96	Sam Hart	1.55m	06	Alex Thomas	1.60m	96	Jamie Harrison	1.40m	97	Jeismkan Dwakar(U11)	1.05m	08				
	Tony Thaxter	1.50m	97	Richard Fowler	1.50m	98	Daniel Height	1.55m	96	Kirk Neale	1.40m	03	Joseph Mercer	1.05m	05				
	Michael Butler	1.50m	97	David Hewett	1.45m	03	Richard Fowler	1.55m	97	Dondre Henry	1.40m	05	Daniel Stringer	1.00m	08				
	Marc Turner	1.40m	97	D Stevens	1.45m	96	Jacob Miller	1.51m	05	Paul Scott	1.40m	08	William Watkinson(U11)	1.00m	02				
	Steven Holder	1.40m	98	Nick Browning	1.45m	05	Ashley Alder	1.50m	97	J Berg	1.35m	96							
	David Hewett	1.40m	05							Peter Folkes	1.35m	99							
	LONG JUMP	Marlon Lewis	7.55m	04	Marlon Lewis	7.47m	02	Marlon Lewis	7.02m	00	Marlon Lewis	6.06m	98	Robbie Dale	4.41m	05	Mike Plummer	5.25m	99
		Eric Toeman	6.55m	99	Sam Hart	6.18m	04	James Griffith	6.30m	08	Nicholas Browning	5.52m	03	Nick H-Vaughan	4.21m	99	Theo Turum (M50)	5.23m	01
		Danny Bruce	6.24m	97	Chris Ainsley	5.90m	96	Andre Johnson	5.86m	05	John Lutwyche	5.42m	08	George Hunt	4.18m	05	Everton Meshare(m40)	5.14m	04
Chris Ainsley		6.21m	98	Steve Holder	5.82m	96	James Lindsay	5.80m	98	Jason Hammond	5.23m	98	Marcus Tuck	4.17m	98	Phil Savage(M50)	4.38m	99	
Sam Hart		6.16m	07	Chris Banner	5.70m	01	Adam Causser	5.79m	96	Sarwan Aggarwal	5.12m	06	Matthew Dudley	4.17m	00	Mike Bilson	4.21m	96	
Andy Booton		6.13m	96	Marcellus Pussey	5.70m	98	Chris Banner	5.67m	00	Kirk Neale	5.08m	03	Lee Horton	4.10m	97	Glyn Hughes	4.13m	97	
Steve Holder		6.03m	97	Ka Relyi-Wilkes	5.60m	97	Jacob Miller	5.59m	06	Adam Bishop	4.89m	04	Edward Davis	4.07m	05	Paul Hurcombe	3.89m	99	
Ian Emery		5.86m	04	Jacob Miller	5.46m	07	Daniel Height	5.59m	97	D Dhuandhwar	4.85m	96	William Watkinson	4.06m	05	Andy Greenaway	3.40m	98	
Stephen Wilkinson		5.83m	03	Stephene Twum	5.35m	01	Adam Bishop	5.35m	05	Mark Allen	4.80m	97	Paul Scott	4.00m	06				
Richard Moore		5.62m	04	David Lima	5.30m	98	Prince Ayeh	5.32m	08	Jacob Joy	4.77m	07	Daniel Staten	3.98m	96				
Tando Bala(CP)		4.07m	05																
TRIPLE JUMP		Chris Ainsley	12.87m	98	Chris Ainsley	12.67m	96	James Griffith	13.03m	08	John Lutwyche	12.00m	08				Mike Plummer	10.75m	00
		Ken Little	12.87m	96	Jacob Miller	12.65m	07	Jacob Miller	12.57m	06	Nicholas Browning	9.90m	03				Mike Bilson(O50)	9.38m	97
		Stephen Wilkinson	12.56m	01	David Lima	12.07m	08	Prince Ayeh	11.79m	08							Phul Savage	9.37m	99
		Steven Holder	11.60m	97	Steven Holder	11.55m(0)	96	Marlon Lewis	11.48m	99									
	Andrew Ward	11.44m	97	D Stevens	10.99m	96	J Lowe	11.44m	96										
	Mike Plummer	11.43m	96	Chris Banner	10.85m	01	David Lima	11.37m	07										
	Andrew Ward	11.41m	96				Gizeli Lima	10.86m	08										
	Paul Dowse	11.32m	97				Chris Banner	10.78m	99										
	Tony Thaxter	10.84m	97				Calum Gittings	10.57m	01										
	Ian Emery	10.82m	05				Tom Peet	10.43m	98										
	JAVELIN	Denholm Williams	53.74m	96	Sam Hart	44.38m	05	Adam Causser	52.94m	96	Sam Hart	41.09m	01	Ben Jones	18.72m	99	Roy Windmill	41.10m	99
		Sam Hart	51.11m	08	Nat Peers	42.43m	02	Sam Hart	48.30m	03	Joe Howell	29.37m	01	Sam Mousley(U11)	15.88m	05	Mike Bilson	28.98m	96
		Michael Butler	45.92m	97	Adam Ilac	31.16m	03	Sam Jenkins	40.08m	08	Stuart Perry	28.90m	97	Casey Ahiah	14.52m	01	Phil Savage(M50)	27.15m	99
		Eric Toeman	40.60m	99	Edward Left	26.22m	98	Nat Peers	39.98m	99	Paul Scott	27.22m	08	William Watkinson	12.90m	04	John Llewellyn	25.61m	00
		Steven Hale	38.91m	00	Alden Ward (U-17)	23.34m	02	Nyron Drummond	38.41m	01	Nat Peers	27.19m	07	Miguel Trenkel	12.02m	07	Paul Hurcombe	24.64m	98
Sam Jenkins (U17)		38.62m	08	Richard Parsons	15.05m	06	Michael Left	30.28m	97	Lee Copestick	26.73m	05	Jonathan Saad(U-11)	11.90m	07	Ian Neale	23.42m	97	
Ken Little		38.06m	96	Tom Keenan	8.45m	03	Chris Grant	29.25m	06	J Berg	25.46m	96	David Trenkel(U-11)	9.52m	07	Glynn Hughes	16.86m	99	
Ken Colwell		36.62m	96	Andre Fraser	3.70m	07	Steve Perry	29.07m	98	Ian Perry	24.79m	98	Matthew Plummer	5.38m	99				
Julian Lyn		36.33m	98				Ames Trotter	28.23m	08	Gareth Hinch	22.76m	96							
Gary Mason		35.85m	98				Liam Mellor	28.10m	97	Chris Perry	21.35m	00							
Tando Bala (CP)(60kg)		25.26m	06	Tando Bala (CP)	17.06m	00													
DISCUS		Stephen Hale	44.53m	00	Stephen Hale(1.747.72m)	37.17m	96	Sam Hart	37.00m	03	Sam Hart	34.61m	01	Ben Jones	17.07m	99	David Williams M35	35.61m	05
		Denholm Williams	38.66m	96	Sam Hart	37.17m	05	Adam Ilac	34.06m	02	Mark Allen	28.46m	97	Matthew Plummer	16.62m	99	Roy Windmill	28.25m	98
		David Williams	35.66m	03	2 Kg			Alden Ward	33.84m	02	Daniel Blake	26.14m	97	Adam Humphrey	15.87m	99	Mike Bilson(M50)	24.50m	98
		Sam Hart	35.44m	07	Sam Hart	34.52m	05	Mark Allen	28.43m	96	J Walker	24.14m	96	Todd Woodhead	15.60m	01	P Savage	17.24m	96
	Ken Little	34.56m	97	Adam Ilac	30.40m	03	Adam Causser	26.52m	96	Paul Scott	21.79m	08	Daniel Caffrey	14.85m	02	Ian Neale	16.85m	01	
	Steve Faulkner	33.14m	04	Richard Parsons	21.22m	96	Nat Peers	24.31m	99	Ricardo Morrison	21.52m	01	Alex Clegg(U11)	14.69m	08				
	Michael Butler(u-20)	31.32m	96	Michael Left(2Kg)	18.84m	98	John Walker	23.34m	97	Karl Taylor	20.86m	03							
	Andrew Ward	27.90m	97	Tom Keenan	12.02m	03	Daniel Loud	22.80m	01	Gareth Hinch	19.90m	96							
	Eric Toeman	27.90m	99				Michael Left	21.76m	96	Chris Perry	19.35m	00							
	Julian Lyn	27.52m	99				Matthew Taylor	20.98m	98	Alden Ward	18.71m	00							
	Tando Bala(CP) 1 Kg	25.43m	06																
	SHOT PUTT	Stephen Hale	13.20m	00	S Hale(6.25Kg)	13.87m	96	Adam Ilac	12.53m	01	Julian Walters	10.96m	98	Adam Humphrey	7.76m	00	David Williams M35	12.79m	05
		David Williams	12.74m	02	Sam Hart	11.79m	06	Alden Ward	10.62m	02	J Walker	10.48m	96	Ben Jones	7.69m	99	Roy Windmill	11.45m	97
		Sam Hart	11.46m	08	Adam Ilac	11.58m	03	Julian Walters	10.51m	99	Tom Peet	9.48m	97	Casey Ahiah	6.92m	01	Mike Bilson(O50)	8.66m	97
		Julian Lyn	11.31m	99	Andre Fraser	9.82m	07	Ashley Alder	9.91m	97	Ricardo Morrison	6.53m	01	Paul Scott	6.78m	06	Ian Neale	8.04m	97
Ken Little		10.81m	96	Richard Parsons	9.81m	06	Michael Left	9.72m	97	Nat Peers	8.11m	97	Daniel Smith	6.49m	01	Glynn Hughes	5.08m	99	
Den Williams		10.81m	96				Karl Forde	9.40m	99	Jason Hammond	8.05m	98	Todd Woodhead	6.22m	01	Colin Cartland	4.46m	98	
Julian Lyn		10.76m	98	7.26Kg			J Lowe	8.94m	96	Daniel Blake	8.00m	97	Sam Hart	5.54m	99				
Ken Little		10.46m	97	Adam Ilac	10.67m	03	John Walker	8.81m	97	Alden Ward	7.89m	00	Andrew Young	5.41m	01				
Andrew Ward		10.19m	97	Sam Hart	9.71m	06	M Left	8.76m	96	K Ford	6.71m	96	Nick Browning	5.36m	01				
Adam Alder		10.09m	96	Richard Parsons	8.57m	06	Tom Peet	8.20m	98	M Preston	6.44m	96	Adam Windmill	5.34m	00				
				Marcellus Pussey	8.42m	98													
				Michael Left	7.22m	98	7.26Kg												
Tando Bala (CP) 5 Kg		7.30m	06	Nat Peers	6.78m	01	Prince Ayeh	7.28m	08								Mike Bilson(M60)	5 Kgs 8.75m	07

300m	Paula Robson	43.5s	98	Tessa Loftus	45.2s	05	Lesanne Allen	41.23s	97	Tayo Akindeinde	44.5s	07	Tessa Loftus	46.5s	00					
	Elaine Young	45.2s	03	Elaine Young	47.1s	01	Tessa Loftus	42.3s	04	Tessa Loftus	45.2s	01	Sophie Field	53.1s	07					
	Kate (Gunn)Hardy	47.3s	07	Kerry Holder	50.8s	98	Debbie Allen	43.4s	99	Emily Mousley	47.0s	06	Stacey-M Long	54.0s	00					
	Laura Clarke	51.8s	07				Davina Dove	43.68s	99	Shana Bavington	48.0s	01	Halicia Ward	54.0s	00					
							Georgette Perry	43.6s	99	Laura Morroll	48.1s	00	Laura Morroll	54.7s	00					
							Claire Ballyn	44.3s	98	Cecilia Twum	50.7s	01								
							Tayo Akindeinde	44.6s	08											
							Lille Gregg	44.7s	06											
							Helen Watkinson	46.5s	05											
							Zoe Goodhall	48.5s	96											
400m	Paula Robson	62.3s	98	Lesanne Allen	57.7s	98	Lesanne Allen	61.6s	97							Mal James	61.16s	07		
	Jo Spackman	62.7s	97	Tessa Loftus	60.94s	05	Tayo Akindeinde	64.3s	08							Maura Quill	67.1s	96		
	Jo Willock	63.0s	96	Elaine Young	62.7s	01	Zoe Goodhall	69.5s	96							H Aston	70.8s	98		
	Balaji Dossanah	63.5s	01	Dawn Gallagher	63.2s	98										Kim Fowler	72.6s	97		
	Elaine Young	64.7s	03	Sarah Smith	65.5s	01										Julia Rolfe	74.1s	97		
	Sue Thomas	66.6s	04	Jenny Scott	68.7s	06										Beverley Hart	78.4s	98		
	Kate (Gunn)Hardy	66.6s	06	J Morris	71.1s	96										Julie Tyler	80.8s	98		
	Sian Harrison	68.7s	06													Carol Cartland	84.4s	96		
	Marcella Scott	69.0s	07													Gerry Swanson	86.3s	97		
	Laura Stokes	69.3s	97													Margaret Kenchington	100.9s	96		
EVENT	SENIOR LADIES				U-17 LADIES				U-15 GIRLS				U-13 GIRLS				VETERAN LADIES			
500m	Marcella Scott	1m 56.6s	07				Tessa Loftus	1m 41.0s	04	Davina Dove	1m47.2	98	Tessa Loftus	1m51.6s	00					
							Davina Dove	1m48.4	98	Ellen Toal	1m48.4	98	Ellen Toal	1m52.4	97					
							Michelle Valente	1m57.4	98	Michelle Valente	1m57.4	98	Davina Dove	1m56.4m	96					
							Marie Valente	1m57.8	98	Anne Kenchington	2m00.3s	08	Anne Kenchington	2m00.3s	08					
							Emily Mousley	1m59.4s	06	Amy Harris(U-11)	2m00.6	97	Amy Harris(U-11)	2m00.6	97					
							Rebecca Black	1m59.7	97	Alex Gleeson	2m00.9	97	Alex Gleeson	2m00.9	97					
							Jo McCorley	2m00.0	98	Jo McCorley	2m00.0	98	Emily Mousley (U11)	2m03.2s	03					
							Debbie Coombs	2m11.4s	04	Laura O'Connor	2m03.3	97	Laura O'Connor	2m03.3	97					
							Latie Cottam	2m14.3s	02	Beth Lawson	2m03.7	97	Beth Lawson	2m03.7	97					
										Sarah Lynch	2m08.6	97	Sarah Lynch	2m08.6	97					
800m	Sian Harrison	2m32.0s	06	Tessa Loftus	2m22.26s	05	Tessa Loftus	2m17.9s	04	Davina Dove	2m26.7	97	Tessa Loftus	2m29.3s	00	Maura Quill	2m28.2s	96		
	Marcella Scott	2m37.6s	07	Rebecca Black	2m35.2s	00	Davina Dove	2m25.4s	99	Tessa Loftus	2:26.70s(0)	02	Alex Gleeson	2m34.9	98	Kim Fowler	2m40.7	97		
	Tessa Loftus	2m37.9s	08	Elaine Young	2m40.0s	01	Zoe Goodhall	2m31.8s	96	Ellen Toal	2m28.3s	98	Davina Dove	2m39.6s	96	Julia Rolfe	2m46.0	98		
	Natalie Edwards	2m38.6s	99	Rebecca Black	2m32.3s	96	Shana Bavington	2m30.3s	01	Shana Bavington	2m30.3s	01	Shana Bavington	2m39.7s	99	Beverley Hart	3m09.9	98		
	Marcella Scott	2m46.3s	08	Kate Stretton	2m42.60s	02	Natalie Edwards	2m34.7	97	Alex Gleeson	2m32.5s	99	Ellen Toal	2m41.3s	96	Julie Tyler	3m12.4	98		
	Laura Clarke	2m48.5s	05				Jess Saunders	2m37.9s	06	Gemma Male	2m35.0s	98	Laura O'Connor	2m43.9	97					
	Sue Thomas	2m53.7s	04				Debbie Spafford	2m38.2	97	Rebecca Black	2m36.0	97	J McCorley	2m48.3s	96					
	Laura Clarke	2m54.5s	06				Debbie Hughes	2m38.9	97	Laura Morroll	2m37.7s	00	Laura Morroll	2m50.2s	98					
	Sarah Hall	2m59.6s	08				Shana Bavington	2m42.93s	02	Sarah Smith	2m38.2	98	Hannah Sewell	2m50.6s	05					
	Lucy Ward	3m24.0s	04				Michelle Valente	2m43.0s	99	Michelle Valente	2m38.4s	98	Sarah Shirley	2m54.1	98					
1200m	Lucy Partridge	4m46.2	05	Fiona Mellor	4m 26.2s	08	Jess Saunders	4m 20.0s	08	Ellie Gibbs	4m 32.5s	08	Tessa Loftus	4m09.0s	00					
												Alex Gleeson	4m21.7	98						
												Anne Kenchington	4m29.4s	08						
												Laura Morroll	4m45.0	98						
												Melessa McCalla	4m46.9	98						
												Alice Collier(U11)	4m56.5s	08						
												Kirsty Jones	5m08.0s	05						
												Louise Clare	6m00.3s	06						
												Kyle Bavington	6m07.4s	99						
												Isa Willock-Cressel(u11)	6m32.2s	07						
1500m	Vicky Rusus	5m09.0s	08	Natalie Edwards	5m28.6	95	Tessa Loftus	4m47.1s	04	Davina Dove	5m07.3	97	Davina Dove	5m21.1	96	Maura Quill	5m17.6	97		
	Natalie Edwards	5m23.2s	99	Fiona Mellor	5m35.6s	07	Davina Dove	4m50.0s	99	Tessa Loftus	5m09.1s	02	Ellen Toal	5m23.6	96	Kim Fowler	5m46.4	98		
	Sian Harrison	5m27.8s	06	Tessa Loftus	5m53.2s	06	Natalie Edwards	5m29.7	97	Ellen Toal	5m12.8	98	Alex Gleeson	5m27.9	97	Julia Rolfe	5m58.2	98		
	Lesley Turner	5m35.5	97				Jess Saunders	5m30.1s	08	Kay Hood	5m24.8	98	Jo McCorley	5m43.6	96	M Kenchington	5m59.0	96		
	Marcella Scott	5m40.8s	07				Zoe Goodhall	5m33.9s	96	Marie Valente	5m25.4	97	Michelle Valente	5m43.7	96	A Barry	6m04.8	96		
	Tessa Loftus	5m46.4s	08				Michelle Valente	5m40.6s	99	Michelle Valente	5m31.6	97	Marie Valente	5m48.3	96	Julia Tyler	6m21.5	98		
	Lucy Partridge	5m56.6s	05				Marie Valente	5m43.4s	99	Jess Saunders	5m38.8s	07				Carol Cartland(w45)	6m36.8	98		
	Angela Barrie	6m07.9	97				C Hatch	5m42.4s	96							Yvonne Peers	6m46.0	97		
	Sharon Burford	6m11.5	98				Ellie Gibbs	5m50.2s	06							Ellie Gibbs	6m46.9	96		
	Laura Clarke	6m27.7s	06				Laura Morroll	5m53.6s	00							T Craddock	6m46.9	96		
3000m	Lesley Turner	10m27.1	97	Natalie Edwards	11m33.6	98	Natalie Edwards	11m21.9	97							Maura Quill	12m34.3s	99		
	Vicky Rusus	10m49.0s	08	Fiona Mellor	11m48.4s	07	Jess Saunders	12m29.4s	08							Julia Rolfe	12m39.8	98		
	Natalie Edwards	11m41.4s	99	Dawn Gallagher	13m52.0s	99	Bernadette Trevor	13m45.9	96							Carol Cartland	13m30.1	97		
	Sian Harrison	12m36.9s	08				Becky Cartledge	14m14.5s	08							Beverley Hart	13m38.2	98		
	Lucy Partridge	12m40.3s	05													H Hughes	13m42.5	96		
	Sharon Burford	12m57.5	98													Yvonne Peers	14m17.0	96		
	Trista Valentine	13m07.9s	02																	
	Sarah Hall	13m13.8s	08																	
	Esme Watkinson	13m14.5s	04																	
	Laura Pavlovic	14m21.2s	08																	
5000m	Lesley Turner	19m25.5	97																	
10000m																				
SPRINT	Andrea Williams	16.4s	96	Dawn Gallagher	19.8s	99	Fiona Loftus	15.1s	00	Amandeep Nagra	13.8s	08	Emily Mousley	16.7s	04					
	Kate (Gunn)Hardy	16.8s	08				15.5s	08	Emily Mousley	14.0s	06	Kaleigh McGrath	17.1s	99						
	Karen(Ainsley) Bailey	17.7s	08	Elaine Young	19.0s	02	Shelley Barnes	15.6s	96	Isabel Hart	14.2s	98	L Collins	19.0s	96					
	Elaine YoungU20	18.9s	01	Fiona Loftus	19.5s	02	Clare Ballyn	16.5s	99	Debbie Spafford	14.4s	96								
	Allison Brunton	19.4s	96				E Content	16.7s	96	Fiona Loftus	14.7s	99								
	Louise (Brewster)Hampson	20.8s	06							Laura Morroll	15.9s	00	Emily Mousley	14.3s	05					
	Dawn Gallagher	21.7s	04							Laura Morroll	16.1s	00	Kaleigh McGrath	14.9s	99					
										Gemma Male	16.4s	98	Kim Thomas	15.5s	97					

