

## **XC Season 2007/8 Oct-Dec**

**Midland Womens XC League Coventry December 1:** 35 Lucy Otto, 40 Vicky Edwards, 46 Cass Chisholm, 49 Justine Hewson, 51 Sian Harrison, 62 Fiona Mellor, 65 Debbie Southwood, 78 Anne Marie Bathmker, 90 Maria Tring, 122 Grace Christian. 9th A Team & 4th Masters Team

**West Midland XC League Sandwell Valley Park December 2:** U17 Men 4<sup>th</sup> Paul Thompson (1<sup>st</sup> Overall), U15 Boys 2<sup>nd</sup> Jack Gray (2<sup>nd</sup> Overall), 27<sup>th</sup> Josh O'Donnell, 33<sup>rd</sup> Paul Scott, U13 Boys 82<sup>nd</sup> Miguel Trenkel, U11 Boys 33<sup>rd</sup> Alex Clegg, 44<sup>th</sup> David Trenkel, 49<sup>th</sup> Mark James, U15 Girls 48<sup>th</sup> Jess Saunders, U13 Girls 112<sup>th</sup> Suzie Freer, U11 Girls 8<sup>th</sup> Anne Kenchington (=8<sup>th</sup> Overall), 35<sup>th</sup> Alice Collier. [Results](#)

**Birmingham X/C League – Division 1:** A great effort on a raw day in Northampton gave us a much improved result in the second league race of the season. We scored 445 points, a hundred better than at Senneleys, to take twelfth place on the day and to move out of the relegation zone. Many thanks to all who made the trip to run or support. A special thank you to those who ran despite injury or illness, there was some real spirit out there. I think we can look forward to some even better results in the remaining races with a fully fit team, and remember there are several more very able runners to come back into the team as well. Individual positions were: Martin Matthews 37, Anthony Gray 63, Rob Vaughan 70, Andy Kenchington 84, Richard Gray 93, Mark Hirsch 98 **A team total = 445**  
Gareth Dixon 134, Harry Fowler 136, John Llewellyn 141, Tauny Southwood 149, Steve Titmarsh 156, Nick Irons 164 **B Team total = 880** Richard Carney 167, Tom Keenan 169, Dan Barnshaw 173

**Provisional Team results for the day** Tipton 105, OWLS, 106, Coventry G 155, Loughborough U 211, Birmingham U 211, Rugby/Northampton 257, Staffs Moorlands 275, Cheltenham 286, Halesowen 321, Birchfield 440, Severn 440, **Birm Rowheath 445**, Kidderminster 495, Telford 583, Stoke 590, Wolverhampton 617

**Overall Result (provisional ) after 2 races** Tipton 237, OWLS 330, Birmingham U 338, Loughborough U 393, Coventry G 396, Birchfield 620, Cheltenham 633, Rugby/Northampton 634, Staffs Moorlands 649, Severn 767, Halesowen 784, Telford 959, **Birm Rowheath 991**, Stoke 1147, Wolverhampton 1157, Kidderminster 1216

See the League website at [www.birminghamccleague.co.uk](http://www.birminghamccleague.co.uk)

## **Birmingham University Road Relays November 17**

Mens Race 4 x 3K 12th Birm Row Junior Team 38.40, Paul Thompson 9.40, Anthony Gray 9.24, Jack Gray 9.43, AN Other 9.53, 14th Birm Row A Team 38.48, John Cullen 9.31, Martin Matthews 9.31, Richard Gray 10.09, Rob Vaughan 9.37, Womens Race 3 x 3K 26th Birm Row 37.52, Sian Harrison 11.44, Kim Harrison 14.42, Liz Egan 11.26.

## **London Marathon Club Places November 13**

The club has been awarded three place for the 2008 London Marathon. If you would like to take up one of these places contact Richard Carney on club nights for more information.

## **Club Mark Award November 13**

The Club has now been awarded Club Mark. This is a national accredited award for quality management of junior athletics club. Thanks to Mike Bilson for pulling together the information needed to achieve the award. We are only the second club in Birmingham to achieve this along with Royal Sutton Coldfield AC.

## **West Midland XC League Redditch November 11**

U17 Mens 2nd Paul Thompson (1st overall), U15 Boys 2nd Jack Gray (2nd overall), 10th Josh O'Donnell, U13 Boys 12th Niall Harris (10th overall), U11 Boys 41st Alex Clegg, 70th Mark James, 79th Louis Grix, U15 Girls 39th Jess Saunders, U13 Girls 133rd Zoe Gregory, U11 Girls 15th Anne Kenchington (=9th overall). For the full results go to the Results page.

### **Birmingham Cross Challenge Womens Senneleys Park October 27**

9 Jodie Stimpson, 36 Lucy Otto, 52 Cass Chisholm, 54 Mim Kirby, 64 Zamie Cotterill, 68 Fiona Mellor, 72 Kerri James, 76 Justine Hewson, 80 Ellen Tune, 86 Sian Harrison, 90 Louise Nicholson, 96 Amy Brightwell, 99 Ann-Marie Bathmaker, 100 Debbie Southwood, 104 Chris Hirsch, 105 Maria Tring, 107 Anna Diamond, 133 Grace Christian 7th Team and 5th Masters Team.

### **Birmingham Cross Challenge Juniors Senneleys Park October 27**

U17 Mens 2 Paul Thompson, U15 Boys 13 Josh O'Donnell, 26 Paul Scott, U13 Boys 12 Niall Harris

### **Birmingham Cross Challenge Mens Senneleys Park October 27**

43 Martin Matthews, 61 Mark Hirsch, 65 John Cullen, 111 Robin Biles, 122 Matt Bayliss, 144 Tim Easter- A Team 14th 546 points, 148 Mark Ince, 171 Harry Fowler, 187 Rob Ryan, 188 Tom Keenan, 189 Martin Ludford, 191 Mark Edwards- B Team 9th 1074 Points, 192 Richard Carney, 193 Nick irons, 194 Rhod Richards, 199 Dan Barnshaw, 205 Carl Hanson

### **National Womens 4 Stage Road Relays Sutton Park October 20**

58th out of 77 teams. 1.13.29. Lucy Otter 17.44, Kerri James 18.29, Sian Harrison 18.56, Jodie Stimpson 18.20

### **National Mens 6 Stage Road Relays Sutton Park October 20**

61st out of 79 teams. 1.59.44. Martin Matthews 19.02, John Cullen 19.37, Rob Vaughan 19.47, Mark Hirsch 20.06, Matt Bayliss 20.55, Richard Gray 20.17

### **West Midland YA XC League Pype Hayes Park October 14**

Some excellent performance from the juniors with a lot of outstanding performances. Performance of the day was Paul Thompson who ran away with the U17's race after passing the early leader on the last lap. A lot of the athletes had competed the previous day in the West Midlands trial race with Paul Thompson and Josh O'Donnell winning their races. Jack Gray finished 3rd behind Paul Thompson and Jess Saunders and Niall Harris both had outstanding races.

U11 Girls 8th Anne Kenchington, 50th Alice Collier, U13 Girls 133rd Suzie Freer, U15 Girls 42nd Jess Saunders, U11 Boys 35 Mark James, U13 Boys 12th Niall Harris, U15 Boys 2nd Jack Gray, 22nd Josh O'Donnell, 42nd Paul Scott, U17 Men 1st Paul Thompson, 23rd Jon Hunt. For the full results go to the Results page.

### **Birmingham Cross Challenge October 5**

If you can help out with the organisation of the event at Senneleys Park on Saturday 27th October, please contact Nick Price on 07967 492186. We will be setting up and breaking down the course and marshalling on the day. We have a number of people willing to help but we need 4 more.

### **Club T-Shirt Design October 4**

Following our successful bid to the Youth Opportunities Fund we are looking for a junior athlete (13-19yrs) to come up with a design to go on the front of the garment. If you would like to send in an idea for a design please contact Matt Bayliss or Nick Price on club nights or email to [BirmRowAC@aol.com](mailto:BirmRowAC@aol.com).

### **Youth Opportunities Fund- Edgbaston October 3**

A bid submitted by our junior section was successful in getting £3,020. The initiative is aimed at 13-19 year olds and was submitted by Matt Bayliss. The funding bid we submitted was for tshirts which are to be designed by the junior section and general athletics equipment.

### **Conductive Education 10K Moseley Sept 30**

8 Patrick Allaway 36.59, 15 Mark Ince 38.13, Paul Archer M50 42.59, Fiona Mellor F20 44.01

### **British Masters 10k Road Championships Newtown, Wales Sept 30**

Congratulations to the Birmingham Rowheath team of Steve Hewett, Harry Fowler, and John Llewellyn took Gold medals in the M50 category in the British Championships. Richard Gray M45 36.09, Steve Hewett M55 37.48, Harry Fowler M50 37.59, John Llewellyn M60 39.56, Martin Ludford M50 43.19, Andy Kenchington M40 dnf

### **Mens 6 Stage Road relays Sutton Park Sept 22**

One of the best performance in years with the club finishing three teams but failed to achieve the team managers targets. Some excellent performances from young and not so.

A Team 19<sup>th</sup> (13th A Team) Rob Vaughan 19.44, Anthony Gray 20.24, Andy Kenchington 20.41, Matt Bayliss 21.00, Mark Hirsch 20.13, Martin Matthews 19.58

B Team 49<sup>th</sup> Paddy Allaway 21.12, Johnny Cullen 20.24, Richard Gray 21.10, Tauny Southwood 22.20, Toby Gosnall 22.45, Harry Fowler 2.43

C Team John Llewellyn 23.31, Martin Ludford 25.07, Richard Carney 24.03, Yotis Senis 25.43, Steve Hewett 22.02, Mike Bilson 29.59

For the full results go to [www.race-results.co.uk](http://www.race-results.co.uk)

### **Womens 4 Stage Road Relays Sutton Park Sept 22**

An excellent performance from the women with A team finishing 16th (12th A team) and the B team 36th. A team 16th Vicky Rusius 17.00, Jody Stimpson 16.54, Cass Chisholm 18.13, Lindsay Smith 17.08, B team 36th Marcella Scott 18.19, Sian Harrison 19.29, Fiona Mellor 18.53, Vicky Edwards 19.37. For the full results go to [www.race-results.co.uk](http://www.race-results.co.uk)

### **Robin Hood Half & Marathon Sept 16**

Times and positions (take your pick) are from the gun or chip - when they actually crossed the line. 6507 finishers in the half and 1059 in the full.

Yotis Senis (Gun 831st 1:42:57, Chip 840th 1:41:34)  
Fiona Mellor (Gun 675th 1:40:28, Chip 713th 1:39:50)

Mark Ince (full) (Gun 134th 3:21:16, Chip 137th 3:21:09)

### **Bournville 10K Sept 16**

3rd Rob Vaughan 35.51, 18th John Llewellyn 41.22 1st M60, 24th Todd Smythe 42.16, 26th Becket Bedford 42.25 M40, 47th Martin Ludford 44.51 M45, 172nd John Clulee 71.00 M60