

English School XC Champs Leeds March 24

Jack Gray finished an excellent 21st position in the Junior Boys race to bring his winter season to a close.

West Midland XC League Wolverhampton March 18

The final race of the series took place at Aldersley Stadium in Wolverhampton. Jack Gray finished off an excellent season with a 5th place but was second overall in the league. Anne Kenhington finished an excellent 19th in the U11 Girls race both athletes having another year in their respective age groups. Fiona Mellor finished 16th in the U17 Womens race just a week after competing in the Fleet Half marathon. U11 Girls 19th Anne Kenhington, U15 Girls 47th Jess Saunders, U17 16th Women Fiona Mellor, U15 Boys 5th Jack Gray (2nd overall), 35 Jon Hunt

Inter Counties XC Nottingham Feb 24

Jack Gray came 110th in the U15 Boys race, 4th counter for Warwickshire who finished 18th County team.

Midland Womens XC League Stafford Common February 17

An excellent result for the womens cross country team finishing 3rd team on the day and 6th overall in the league. Thanks to those who competed and supported throughout the season and to Geoff Mann for managing the team. 9 Vicky Rusius, 21 Lindsay Smith, 31 Amy Hibbert, 46 Eleanor Quested, 48 Marcella Scott, 49 Ann Marie Bathmaker, 54 Chris Hirsch, 57 Ellen Tune

Birmingham XC League Cheltenham February 17

50 Martin Mathews, 81 Richard Gray, 85 Stuart Underwood, 115 Alistair Macdonald, 123 Martin Ludford, 126 Dan Barnshaw, 127 Rob Ryan, 129 Tom Keenan, 134 Richard Carney, 140 Carl Hanson. 13th team on the day and 11th overall.

Midland XC Champs Stafford Common Jan 27

69 Andy Kenhington, 80 Martin Matthews, 149 Gareth Dixon, 151 Tauny Southwood 51.49, 250 Martin Ludford, 299 Geoff Mann

26 Vicky Rusius, 49 Cass Chisholm, 90 Ann Marie Bathmaker

The mens team score of 998 points looks to have given us 18th place out of the 34 teams in the Championships, a good improvement on last years 27th place.

Midland Womens XC League Coventry Jan 13

Another excellent turn out for the womens team finishing in 8th place on the day. Overall the women are lying in 6th position over the three meetings. A big thanks to Geoff Mann for organising the team. Vicky Rusius 25, Cass Chislom 38, Justine Hewson 44, Tess Loftus 47, Vicky Edwards 54, Mim Kirby 56, Meg Shields 65, Ann Marie Bathmaker 72, Lucy Otto 76, Ellen Tune 90. Teams: 1 Loughborough Students 9, 2. Telford AC 17, 3. Birchfield 37, 4. Solihull & Small Heath 66, 5. Tipton 81, 6. Coventry 99, 7. Leamington 116, 8. Birm Row 117, 9. Rugby & North 129.

Birmingham XC League Coventry Jan 13

Life in the top division continues to be tough. At Coventry on Saturday we finished in 13th place though we remain in 11th position overall. The B team had a better result finishing 8th which was enough to maintain 5th place overall. Individual results are as follows: Adrian Iszatt 49, Andy Kenhington 75, Robin Biles 85, Robert Vaughan 93, Richard Gray 103, Tauny Southwood 119 A Team = 524

Gareth Dixon 127, Harry Fowler 128, Alistair McDonald 139, Rob Ryan 149, Geoff Mann 161, Richard Carney 162 B Team = 866 Charlie Hanson 170

West Midland YA XC League Newbold Revell Dec 10

U13 Girls 69 Jess Saunders, U17 Women 14 Fiona Mellor, U13 Boys 9 Josh O'Donnell, 35 Paul Scott, U15 Boys 4 Jack Gray, 27 Jon Hunt, 61 Ben Morris

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Midland Womens XC League Droitwich December 2

22nd Vicky Rusius 26.22, 33rd Lindsay Smith 27.32, 40th Justine Hewson 27.58, 46th Amy Hibbert 28.23, 50th Mim Kirby 28.36, 67th Ann Marie Bathmaker 30.01, 69th Kerri James 30.11, 77th Tessa Loftus 30.43, 81st Chris Hirsch 31.13, 82nd Lucy Otto 31.15, 87th Marcella Scott 31.57, 92nd Ellen Tune 32.22

This was a great effort from everyone who took part team finished 8th with 101 points a place higher than Senneleys. Team: 1 Loughborough 16, 2 Telford AC 16, 3 Birmingham Uni 22, 4 Solihull 55, 5 Birchfield 64, 6 Cannock & Staffs 71, 7 Tipton 84, 8 Birm Row 101, 20 teams finished.

Birmingham Cross Country League Gloucester December 2

37 ADRIAN ISZATT 33:33, 45 MARTIN MATTHEWS 33:55, 82 ANDY KENCHINGTON 35:16, 89 STUART UNDERWOOD 35:25, 94 STEVE COCK 35:55, 100 ROB VAUGHAN 36:05, 122 PATRICK ALLAWAY 37:21, 126 MARK INCE 37:53, 129 GARETH DIXON 38:21, 136 TAUNY SOUTHWOOD 38:47, 145 ALISTAIR MACDONALD 39:51, 155 ROB RYAN 42:08, 161 MARTIN LUDFORD 42:55, 165 RICHARD CARNEY 44:32, 168 PAUL EDWARDS 45:31

A Team 1 Birmingham Univ. Points on day 45, total points 176, **2** Tipton Harriers 100, 162, **3** OWLS 133, 509, **4** Loughborough Students 139, 219, **5** Cheltenham 220, 468, **6** Halesowen A C 272, 723, **7** Severn A C 282, 600, **8** Coventry Godiva Harriers 332, 626, **9** City of Stoke AC 352, 782, **10** Telford 364, 679, **11** Birmingham Rowheath 447, 929, **12** Rugby & Northampton 520, 1254, **13** Wolves & Bilston 535, 1135

B Team 1 Loughborough Students 442, 684, **2** Tipton Harriers 446, 619, **3** Birmingham Univ. 453, NS, **4** Cheltenham 542, 1230, **5** Halesowen AC 675, 1405, **6** Birmingham Rowheath 813, 1677, **7** Wolves & Bilston 866, 1856

University of Birmingham Road Relays Nov19

Womens 3 x 3K 18th, Sian Harrison 12.17, Marcella Scott 12.53, Tess Loftus 12.17

West Midland YA XC League Perry Park Nov 12

Well done to all those who competed especially Josh O'Donnell on his first outing for the club winning the U13 boys race.

U15 Girls 50th Jess Saunders, U17 Women 17th Fiona Mellor, U13 1st Boys Josh O'Donnell, 21st Paul Scott, U15 Boys 5th Jack Gray, 20th Jon Hunt.

Tewkesbury 5 mile Nov 5

Stuart Underwood 28:02 11th & 4th o/40

Hagley Duathlon 4k run 30k bike 10k run Oct 29

Stuart Underwood 3rd 1:54:58

Geoff Mann 26th 2:16:42

UK Cross Challenge Senneleys Park Oct 28

Womens Race 6K

33 Lindsay Smith, 36 Victoria Rusius, 44 Mim Kirby, 45 Justine Howson, 67 Zamie Cotterill, 72 Megan Shields, 83 Cassandra Chisholm, 91 Ann-Marie Bathmaker, 93 Ellen Tune, 96 Tess Loftus, 98 Debbie Southwood, 100 Sian Harrison, 101 Chrissie Hirsch. Team: 1 Birm Uni 18, 2 Loughborough 27, 3 Birchfield 36, 4 Telford AC 59, 5 RSC 60, 6 Tipton 66, 7 Rug & N 87, 8 Solihull 98, 9 Birm Row 113, 10 Bournville 160, 11 Leamington 189, 12 Halesowen 199, 24 teams finished. Vets 5 Birm Row 234, 13 teams finished.

Mens Race 10K

43 Adrian Iszatt, 74 Mark Hirsch, 76 Anthony Gray, 79 Martin Mathews, 96 Stuart Underwood, 114 Steve Cock, 118 Richard Gray, 126 Robin Biles, 152 Patrick Allaway, 155 Mark Ince, 156 Gareth Dixon, 157 Tauny Southwood, 183 Rob Ryan, 185 Beckett Bedford, 191 Richard Carney, 194 Rhod Richards, 206 Carl Hanson

Teams A: 1 Tipton 62, 2 Loughborough 80, 3 Birmingham Uni 131, 4 Cheltenham 248, 5 Coventry 294, 6 Telford AC 315, 7 Severn 318, 8 OWLS 376, 9 Stoke 430, 10 Halesowen 451, 11 Birm Row 482, 12 Wolves 600, 13 Rugby & North 734

Teams B: 1 Tipton 173, 2 Loughborough 242, 3 Telford AC 637, 4 Cheltenham 688, 5 Halesowen 730, 6 Coventry 737, 7 Birm Row 864, 8 Wolves 990

U17 Women 4K 58 Fiona Mellor, **U15 Boys 3K** 22 Jack Gray, **U13 Boys 3K** 23 Paul Scott

Cardiff Marathon 15 October 87 Mark Ince 3.06.27

Robin Hood Marathon Nottingham 10 September 135 Mark Ince 3.20.50

Results of Midland X/C relays at Wreake on 7th October

Men's race - 33 complete teams

A Team 14th Robin Biles 25.19, Mark Hirsch 24.43, Gareth Dixon 27.29, Richard Gray 25.42

B Team 27th Harry Fowler 27.17, Tauny Southwood 27.30, Richard Carney 30.57, Martin Ludford 31.11

Womens race - 17 complete teams

A Team 10th Ellen Tune 32.32, Zamie Cotterill 32.34, Sian Harrison 31.23

B Team 11th Amy Hibbert 31.13, Debbie Southwood 34.08, Lucy Otto 33.34

Full results at www.midlandathletics.org.uk/mcaa_001.htm

West Midlands XC YA League Pype Hayes Park Oct 8

The first race in the league saw some excellent performances from our young athletes. U15 Girls 58th Jess Saunders, U17 Women 20th Fiona Mellor, U13 Boys 15th Paul Scott, U15 Boys 4th Jack Gray, 16th Jon Hunt, 59th Ben Morris.

Conductive Education 10K Cannon Hill Park Oct 1

6th Mark Ince 37.01 (SM), 32nd Fiona Mellor 43.03 U17W (3rd Women), 37th Paul Edwards 44.08 M45, 39th Paul Archer 44.30 M55, 94th Denis Keoch 52.51 M80

North Worcestershire Multi Terrain 8 Mile Race.

Andy Kenchington 55:19 4th & 1st o/40, Stuart Underwood 56:32 8th & 3rd o/40
Martin Ludford 1:12:58 57th 3rd Team.

Great North Run

223th Rob Vaughan 1.22.30, 19419th John Clulee 2.39.12

Berlin Marathon Sun 24 Sept.

74th Martin Matthews 2:36.35 (2:36:18 from the line) 5833th Guy Forster 3:43:57 (3:40:29 from the line) Martin was 4th Brit

Midland Road Relays Sutton Park

Fairly good conditions for the first time in quite a few years.

56th Overall 2:14:17

21:03 Richard Gray, 21:33 Robert Vaughan, 21:40 Mark Ince, 20:38 Stuart Underwood, 24:36 Martin Ludford, 24:47 Richard Carney, B-Team

25:02 Geoff Mann 26:03 Paul Edwards, winners Tipton 1:49:13, Fastest Leg Tom Humphries (C&S) 17:24, 25th A-Team was 2:06:47