

ROAD RELAYS TOP 10's

These lists have been compiled by Rob Vaughan and only include performances since we became Birmingham Rowheath AC in 1996 (so anything before that doesn't count !)

This now includes everything except the National 6-stage in 1996

Last updated 30 September 2009

ROAD RELAY TOP 10's

12 STAGE TOP 10 - LONG LEG (5 miles 645 metres)

1	E McGrath	28.02	1997
2	A Kenchington	28.07	2001
3	M Matthews	28.25	2009
4	A Iszatt	28.36	1998
5	R Vaughan	28.46	2008
6	J Walsh	28.51	2001
7	E Twohig	29.02	1997
8	C Cartland	29.22	1997
9	N Wigmore	29.32	2003
10	D Parkin	29.45	1999
	P Grime	29.49	1996
	R Gray	29.51	1998
	M Walton	30.02	2001

12 STAGE TOP 10 - SHORT LEG (3 miles 7 metres)

1	E Twohig	15.27	1996
2	S Davey	15.31	1996
3	M Turner	15.43	2000
4	A Kenchington	15.52	2003
5	S Hewett	15.53	1998
6	T Ehrenfried	15.54	1997
7	A Stuckey	15.55	1997
8	J Walsh	16.05	1998
=9	M Bayliss	16.06	2009
=9	J Cullen	16.06	2008
	S Leslie	16.13	1996
	A Crawford	16.16	1996
	H Fowler	16.14	1996

6 STAGE TOP 10 (3 miles 847 metres)

1	A Kenchington	17.56	1997
2	J Walsh	18.11	2000
3	E McGrath	18.12	1997
4	D Parkin	18.18	1997
5	E Twohig	18.23	1996
6	P Grime	18.27	1997
7	S Hewett	18.43	1999
8	P Thompson	18.49	2009

=9 R Gray	18.50	1997
=9 M Matthews	18.50	2008
C Cartland	18.53	1997
D Ehrenfried	19.05	1997
T Green	19.25	2005