

**Birmingham Rowheath AC Midsummer 5km Series
09 August 2007 (RACE 3 of 3)
and Overall Results for July and June**

Pos.	No.	Name	Cat.	Club	09 Aug	WCAA Champs	12 Jul	14 Jun
1	217	Simon	SM	Tipton H	15:32			
2	10	Steven	SM	Birchfield H	15:35	2nd SM	15:43	15:42
3	42	Peter	M20	Birchfield H	15:43	1st U20M	15:58	
4	53	Adrian	M40	Birm. Rowheath AC	15:49	1st M40	16:16	
5	55	Dean	SM	Tipton H	15:59		16:12	15:49
6	25	Martin	SM	Birm. Rowheath AC	16:01	3rd SM	15:46	15:45
7	31	Rob	SM	Birm. Rowheath AC	16:15			16:13
8	57	Stephen	SM	Rugby + Northampton AC	16:20			
9	41	Andrew	SM	Solihull & SH AC	16:28			
10	51	Aaron	M40	Tipton H.	16:34		16:22	
11	50	Dean	SM	Bournville H.	16:42		16:49	17:11
12	18	Richard	M40	Tipton H	16:43		17:13	17:12
13	2	Matt	M20	Birm. Rowheath AC	16:56		16:53	17:39
14	227	Serban	SM	Solihull & SH AC	16:58		17:23	17:54
15	230	Paul	M40	Clayton Le Moors H	16:59			17:07
16	8	Paul	M40	Centurion RC	17:00		17:06	17:15
17	300	Emma	SF	Birchfield H	17:03		17:01	17:20
18	26	Ian	SM	Centurion RC	17:05		17:26	17:46
19	64	Steve	M45	Bournville H.	17:07			
20	277	Dave	SM	BRAT	17:12		17:16	
21	219	Richard	M40	Birm. Rowheath AC	17:16			
22	68	Peter	SM	Tipton H.	17:19		17:11	
23	19	Mark	SM	Birm. Rowheath AC	17:20		17:18	17:17
24	93	Steve	M40	Kidderminster and Stour. AC	17:31			
25	15	Tom	M45	Centurion RC	17:41		17:39	17:36
26	52	Tony	M40	Centurion RC	17:58		19:09	
27	45	David	SM	Centurion RC	17:58		17:50	
28	89	Catherine	SF	Charnwood AC	18:01			
29	94	Theresa	F40	Centurion RC	18:07		18:50	
30	82	Graham	M55	Solihull & SH AC	18:07		18:12	18:31
31	298	Paul	M45	Centurion RC	18:08		18:08	18:23
32	49	Dave	M40	Tipton H.	18:08		18:24	
33	56	Lynne	SF	Tipton H.	18:09		18:26	18:09
34	69	Elizabeth	SF	Solihull & SH AC	18:13	2nd SF	18:11	18:08
35	208	Graham	M50	Dudley & Kingswinford	18:15		18:26	
36	75	Kevin	M40	Birchfield H	18:21		18:53	
37	91	Leon	M40	U/A	18:23			
38	22	Aaron	M40	Solihull & SH AC	18:24		18:40	18:38
39	73	Mike	SM	Bournville H.	18:26		19:14	19:10
40	240	Michael	SM	Bournville H.	18:31			
41	11	Helen	SF	Solihull & SH AC	18:33	3rd SF	18:21	18:44
42	90	Richard	SM	Centurion RC	18:35		18:43	19:03
43	296	Josh	M15	Birm. Rowheath AC	18:42			
44	218	Jo	SF	Rugby + Northampton AC	18:45			
45	97	Marc	SM	Centurion RC	18:52			19:09
46	62	Lee	M17	Centurion RC	18:53			18:40
47	280	Paul	SM	Bournville H.	18:56			
48	222	Niall	M15	Birm. Rowheath AC	19:04			19:07
49	44	Lucy	SF	Solihull & SH AC	19:06		19:27	
50	60	Andy	M40	Centurion RC	19:08		19:30	
51	46	Allan	M40	U/A	19:15			
52	241	Jeremy	SM	U/A	19:18			
53	243	Nigel	SM	Bournville H.	19:19		19:25	19:28
54	80	Roy	M40	Solihull & SH AC	19:21		19:33	19:42
55	12	Rebecca	SF	Solihull & SH AC	19:23		19:21	19:31
56	242	John	SM	U/A	19:23			
57	294	John	M40	U/A	19:28		19:38	19:44
58	72	Daniel	SM	U/A	19:31		19:55	
59	98	Rebecca	SF	Northbrook AC	19:32		19:42	
60	29	Jeff	M55	Tipton H.	19:37			20:53
61	70	Paul	M15	Birm. Rowheath AC	19:40		19:57	
62	61	Mike	SM	Bournville H.	19:45			
63	291	Paul	M45	Bournville H.	19:51			
64	47	Ian	M45	U/A	19:56			
65	66	Bill	M55	U/A	19:57		20:22	19:48
66	209	Philip	M55	Centurion RC	19:58		19:55	20:43
67	59	Vince	M55	Bromsgrove + Redditch	20:03			
68	83	Edward	M40	Sparkhill H.	20:08		20:31	
69	27	Jim	M50	Solihull & SH AC	20:16		19:54	20:17
70	84	Daniel	SM	U/A	20:20		21:24	
71	24	Gary	M40	Bournville H.	20:33		19:16	18:52
72	33	Luke	SM	Stratford AC	20:34		20:58	23:36
73	224	Edwin	M50	Bournville H.	20:38			
74	63	Paul	M55	Birm. Rowheath AC	20:40		20:27	
75	236	William	M15	Birm. Rowheath AC	20:47			
76	229	Sharon	F35	Centurion RC	21:00		21:21	
77	86	Jean	F45	Solihull & SH AC	21:01			
78	65	Robin	M45	Centurion RC	21:04		21:34	
79	232	Debbie	SF	Centurion RC	21:13		21:30	
80	271	Russel	SM	U/A	21:19			
81	221	Fiona	F20	Birm. Rowheath AC	21:24		21:13	20:59
82	71	Marcella	SF	Birm. Rowheath AC	21:25		21:37	
83	1	Jen	F40	U/A	21:27		22:50	21:46
84	210	Eric	M60	Centurion RC	21:32		22:01	
85	87	Russel	SM	U/A	21:34			

86	228	Andrew	May	SM	U/A	21:36			
87	226	Heather	Fooks	F45	Solihull & SH AC	21:40	1st F45	21:26	21:22
88	92	Lorna	Gold	F40	U/A	21:45			
89	43	Tom	Keenan	SM	Birm. Rowheath AC	21:56			
90	274	Shawn	Twomey	SM	U/A	21:57		22:00	
91	48	Mick	Edwards	M55	Sparkhill H	21:58		22:24	
92	96	Mary	Williams	F50	Centurion RC	22:13			
93	272	Chris	Wood	SM	U/A	22:20		22:58	
94	231	Barrie	Roberts	M60	Bournville H.	22:21		22:40	22:31
95	292	James	Gittins	M40	Bournville H.	22:30		21:12	
96	3	Claire	Beaumont	SF	Birchfield H	22:31		22:18	22:14
97	237	Sheila	Denniss	SF	Bournville H.	22:32			
98	95	Alan	Agnew	SM	Centurion RC	22:33			
99	40	Clive	Smith	M60	Centurion RC	22:44			
100	223	Jordan	Harris	M15	Birm. Rowheath AC	22:46		22:34	24:10
101	88	Mike	Lattimer	SM	U/A	23:05			
102	67	Chris	Harrison	M50	U/A	23:07			
103	238	Siobhan	Tierney	SF	U/A	23:15			
104	32	Graham	Watkins	M60	U/A	23:28		23:49	24:17
105	225	Paul	Cornock	M40	Centurion RC	23:29		24:28	
106	7	Andy	Crawford	M40	Bournville H.	23:33		17:53	19:40
107	215	Geoff	Wheeler	M65	Centurion RC	23:46		24:05	
108	4	David	Calder	M55	MVAC	23:54			23:22
109	246	Suzanne	Hunter	SF	Bournville H.	24:10			
110	245	Helen	Clegg	F40	Birm. Rowheath AC	24:18			
111	21	Trudy	Leach	F40	Centurion RC	24:22		24:53	24:44
112	9	Bob	Eaton	M50	Centurion RC	24:22		24:53	24:44
113	28	Rachael	Stenhouse	SF	Birchfield H	24:44			22:41
114	220	Margaret	Ehrenberg	F50	Sparkhill H.	25:07			
115	297	Jim	O'Donnel	M40	Birm. Rowheath AC	25:08			
116	273	Graham	Marlow	SM	Solihull & SH AC	25:09			
117	234	Kim	Harrison	SF	U/A	25:39			
118	235	Sian	Harrison	SF	Birm. Rowheath AC	25:39		23:13	
119	216	Andrew	Davies	M45	U/A	25:42			
120	54	Alison	Davis	SF	U/A	25:59			
121	239	Kelley	Sprawson	SF	Bournville H.	25:59			
122	293	Helen	Lawrence	F40	Bournville H.	26:00			
123	85	Philomena	Williamson	F50	Bournville H.	26:19		27:03	
124	74	Mark	Hoban	SM	U/A	26:20			
125	99	Anthony	Ariss	M40	Bournville H.	26:38			26:38
126	13	Louise	Harman	SF	Birchfield H	26:47		22:43	21:27
127	39	Susan	Young	F40	U/A	26:56		27:25	29:10
128	81	Jayne	George	F15	Centurion RC	27:03			
129	276	Sandrine	Gacon	F35	Bournville H.	27:05		27:52	
130	275	Jo	Cowen	SF	U/A	27:22			
131	244	Lesley	Proctor	F40	Bournville H.	27:24			
132	299	Laura	Cooke	SF	U/A	27:44			
133	58	John	Butler	M60	Stratford AC	28:16		27:29	
134	76	Lily	Davis	F17	U/A	29:00			
135	79	Arthur	Smith	M65	U/A	29:02			
136	278	M	Robinson	SM	U/A	29:09			
137	279	J	Avery	SF	U/A	29:10			
138	78	Margaret	Smith	F60	Centurion RC	29:19			28:29
139	77	Thomas	McHugh	M50	Birchfield H	29:27		30:06	
140	34	Natasha	Watkins	SF	Stratford AC	29:36		29:10	29:14
141	233	Patrick	Clark	M15	Birm. Rowheath AC	dnf			
142	295	Ollie	O'Donnel	M15	Birm. Rowheath AC	dnf			29:33
		John	Ndaysenga	SM	Birchfield H		1st SM	15:06	
		Matt	Almond	SM	Rugby and Northampton AC			15:13	
		Ian	Williams	SM	Derby AC			15:19	
		Mike	Cadman	M45	Tipton H.			15:49	
		Mark	Hall	M45	Northern Vets.			15:52	16:01
		Nathan	Holmes	SM	Northbrook AC			15:56	
		Harvey	Speed	M20	Coventry Godiva			16:02	
		Phil	Clamp	SM	Tipton H.			16:05	
		Ryan	Kenny	M20	Coventry Godiva			16:10	15:48
		Marc	Turner	SM	Birchfield H			16:11	15:51
		Dave	Kesterton	M40	Bromsgrove + Redditch			16:11	
		Anthony	Gray	M20	Birm. Rowheath AC			16:16	
		Rene	Vergo	SM	Solihull & SH AC			16:30	
		Alistair	Smith	M20	Coventry Godiva			16:36	
		Nick	Hardy	M17	Birchfield H			16:37	
		Peter	Dimbleby	SM	Birchfield H			16:38	
		Paul	Thompson	M17	Birm. Rowheath AC			16:45	17:41
		Craig	Dale	SM	Solihull & SH AC			16:49	16:49
		Chris	Penn	SM	Univ. of Birmingham			16:53	
		Sue	Harrison	F35	Leamington C&AC		1st SF, 1st F35	16:55	
		Harvey	McGuire	M20	Tipton H.			16:55	
		Paul	Thompson	SM	Sparkhill H.			16:58	
		Paul	Froggatt	M40	Solihull & SH AC			17:00	17:40
		Patrick	Kavanagh	SM	Tipton H.			17:00	
		James	Parrott	SM	Coventry Godiva			17:02	17:10
		Debbie	Walters	F35	Birchfield H			17:03	
		James	Griggs	SM	Coventry Godiva			17:06	
		John	Hosie	SM	Northbrook AC			17:21	
		Stuart	Mead	M40	U/A			17:23	
		Ian	Burgoyne	SM	Northbrook AC			17:30	
		Matthew	Timothy	M17	Coventry Godiva			17:32	
		Howard	Andersen	M45	Northbrook AC			17:34	
		Anthony	Bird	M20	Solihull & SH AC			17:34	
		Owen	Fairclough	SM	Sparkhill H			17:35	17:14

Martin	Burder	SM	Northbrook AC		17:40	
Lewis	Morley	M17	Birchfield H		17:42	
Mike	Morley	M40	Birchfield H		17:45	
Adrian	Newall	SM	Birchfield H		17:46	17:38
Clare	Mensley	F20	Charnwood AC		17:50	
Anthony	Davies	SM	U/A		18:02	18:12
John	McNally	M50	Spa Striders	1st M50	18:07	
Dave	Edwards	M50	Saracens RC		18:10	
Mark	Treadwell	SM	Nuneaton HAC		18:13	
Wayne	Bourne	SM	Birchfield H		18:14	
Phillip	Howell	M40	Stratford AC		18:23	
Craig	Jackson	SM	U/A		18:24	
Daniel	Rye	M17	Saracens RC		18:26	
Kevin	Pye	M45	Charnwood AC		18:30	
Daniel	Wilson	M40	Bourville H.		18:30	
Toby	Gosnall	SM	BRAT		18:33	
Gordon	Orme	M60	Birchfield H	1st M60	18:36	
Peter	Austin	M40	Northbrook AC		18:37	18:37
Jason	Richards	SM	Tipton H.		19:00	
Donald	Field	M50	Birchfield H		19:03	
Andy	Adkin	SM	Saracens RC		19:07	
Peter	Fellows	M50	Northbrook AC		19:17	
Andrew	Edgar	SM	Bourville H.		19:19	19:23
Phil	Ross	M45	Sparkhill H.		19:29	
John	Turner	M60	Stratford AC		19:33	
Neil	Butcher	M50	Spa Striders		19:41	
Narinder	Bains	M40	Saracens RC		19:44	
Marianne	Hensman	SF	Bourville H.		19:55	20:00
Rachael	Cook	F40	Birchfield H		19:55	
Mick	Betts	M40	Halesowen AC		20:05	
Jack	Edwards	M17	Saracens RC		20:11	
Will	Howard	M15	Birm. Rowheath AC		20:15	21:17
Helen	Beecham	SF	Aldridge RC		20:18	
Mick	George	M40	Saracens RC		20:21	
Mark	Edwards	M45	Birm. Rowheath AC		20:22	
Robert	Mills	M50	Sparkhill H		20:27	
Sean	Conboy	SM	Birchfield H		20:28	
Stephen	Bach	M55	U/A		20:34	20:22
Jess	Saunders	F15	Birm. Rowheath AC	1st U20F	20:46	22:47
Becket	Bedford	M40	BRAT		20:46	
Dawn	Clark	SF	Spa Striders		20:47	
Ben	Kent-Payne	M60	Spa Striders		20:50	
Anthony	Molloy	M50	Birchfield H		20:53	
Carl	Horton	SM	U/A		20:55	
Charlie	Jones	M55	Northbrook AC		20:59	
Marketa	Kroupova	SF	U/A		21:03	
Anthony	O'Brien	M45	Saracens RC		21:08	
Mick	Clarke	M50	Spa Striders		21:14	
Andy	Matthews	M40	Centurion RC		21:15	
Alexander	Davidson-Elliot	M65	Birchfield H		21:21	
Anthony	McCarroll	M40	Saracens RC		21:35	
Chris	Fellows	M55	Solihull & SH AC		21:40	22:10
Sean	Lonergan	M50	Spa Striders		21:42	
Richard	Bicknell	M45	Spa Striders		21:49	
Emma	Hargrave	F35	BRAT		21:52	
Peter	Clear	SM	Spa Striders		21:55	
Peter	Lawton	M50	Birchfield H		21:57	
Anthony	Timms	SM	Saracens RC		21:59	
Eleanor	Greenfield	SF	Nuneaton H		22:00	
Michael	Oliver	M45	Stratford AC		22:02	
Jean	Fleming	F45	Solihull & SH AC		22:11	
Andrew	Ewer	M45	U/A		22:12	
Alan	Britton	M55	Birchfield H		22:16	
Iain	Hunt	M20	U/A		22:22	
Nick	Cheese	SM	Centurion RC		22:28	22:02
Kathryn	Abbott	SF	Bourville H.		22:29	
Sarah	Capewell	F20	Birchfield H		22:32	
Brian	Worthington	M50	Birchfield H		22:43	22:41
Helen	Owen	F35	Bourville H.		22:47	
BArray	Roberts	M65	Birchfield H		22:47	
Ian	Ward	M45	Saracens RC		23:00	
Mike	Wild	M55	Bourville H.		23:00	
Lou	Satterthwaite	M65	Centurion RC		23:20	
Karen	Timothy	F40	Saracens RC		23:24	
Grahame	Cooper	M70	Sparkhill H		23:25	23:01
Lisa	Bradley	SF	Birchfield H		23:39	
Julia	Dowler	SF	Solihull & SH AC		23:39	
Dave	Harte	SM	Bourville H.		23:51	17:56
A	Jogger	SF	????		23:58	
Nicola	Woods	SF	Royal Sutton Coldfield AC		20:15	20:01
Jennifer	Foster	SF	U/A		24:18	
Michael	Lattimer	SM	U/A		24:26	
Jane	Edwards	F45	Saracens RC		24:32	
T	Andrews	M45	Saracens RC		25:17	
Rachel	Denham	SF	Birchfield H		25:46	
Caroline	O'Brien	F40	Saracens RC		26:00	
Nicola	Attwood	SF	Bourville H.		26:22	25:58
Julie	Delahaye-Slater	SF	Bourville H.		26:24	25:51
Zoe	Hodge	SF	Saracens RC		26:34	
Victoria	Timms	SF	Saracens RC		26:41	
Terry	Parker	M70	Birchfield H		27:25	

Samara	Booth	SF	Birchfield H	27:30	
Stephanie	Coates	F35	Bournville H.	27:42	
David	Lea	M65	Birchfield H	27:44	
Sian	Baker	SF	U/A	29:05	
Abi	Cheese	SF	U/A	29:06	
Kathryn	Houliston	SF	Saracens RC	29:41	
Tajinder	Kaloti	SM	U/A	dnf	
Matt	Lockett	SM	Tipton H		15:34
Simon	Hall	SM	Birchfield H		15:46
Malcolm	Eustace	M45	Tipton H		16:32
Steven	Lidgate-Taylor	SM	Solihull & SH AC		16:38
Kevin	Woodward	SM	Bournville H.		16:56
Nick	Hazelwood	SM	Halesowen AC		17:04
Sam	Barnes	SM	Mansfield H.		17:08
Nigel	Davey	M40	U/A		17:16
Harry	Fowler	M50	Birm. Rowheath AC		18:01
Andy	Wheeler	M40	Bournville H.		18:14
Melanie	James	F40	Bournville H.		18:16
Jonny	Venables	M15	Birm. Rowheath AC		18:42
Ravi	Hensman	SM	Manchester Univ.		18:47
Graham	Daws	M50	DASH		18:54
Sally	Gray	SF	Bournville H.		19:41
Joanne	Finch	SF	Solihull & SH AC		19:43
Martin	Ludford	M45	Birm. Rowheath AC		19:49
Linda	Howell	SF	Bournville H.		19:53
Steve	Cumley	SM	U/A		19:59
Tommy	Sweeney	M40	Birchfield H		20:24
Simon	Varcoe	SM	Bournville H.		20:35
Stephen	Hopkins	M45	Bournville H.		20:40
Ian	Williams	M40	U/A		20:28
Stuart	Page	SM	Bournville H.		21:05
Neil	Prentice	M40	Centurion RC		21:31
Stephen	Thompson	M40	U/A		21:36
Keith	Best	M50	Tipton H		22:21
Beth	Landor	SF	Bournville H.		23:05
Sheldon	Cooper	SM	Bournville H.		23:06
Dean	Savage	M40	U/A		24:28
Mike	Anderton	M50	Severn AC		24:48
Paul	Jones	M40	U/A		27:14
Jamie	Lunn	M17	U/A		27:14
Claire	Greenwood	SF	Centurion RC		27:32
Steven	Reece	M55	DASH		DNF